

SUMMER ZEN DAYS

·EXPLORE, LEARN, PLAY·

JOIN US FOR SUMMER PARK POP
UP MENTAL WELLNESS FUN
FOR THE ENTIRE FAMILY

JUNE 29, JULY 27, AUGUST 31 2024

11AM-1PM

BARTHOLOMEW PARK
9292 LAKEPOINT DR.
ELK GROVE, CA 95758



HYDRATION STATION
ART, PLANTING,
MINDFUL
BREATHING, YOGA,
KICKBALL & MORE

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