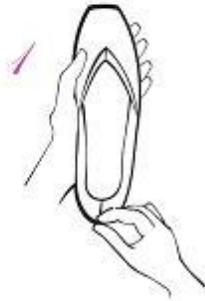


How to Sew Pointe Ribbons & Elastic

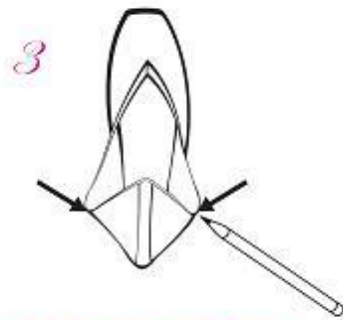
These diagrams show the most basic method of sewing ribbons. As your child becomes more advanced, she may develop her own preferences, such as moving the ribbon placement slightly forward or back.



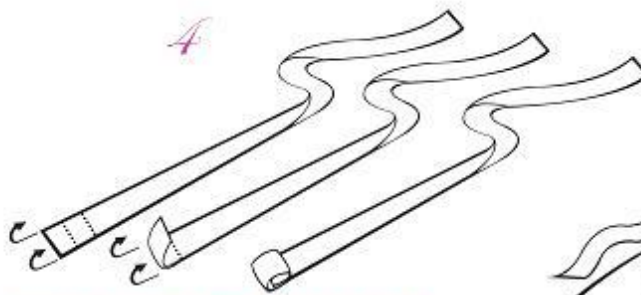
Take the heel of the pointe shoe...



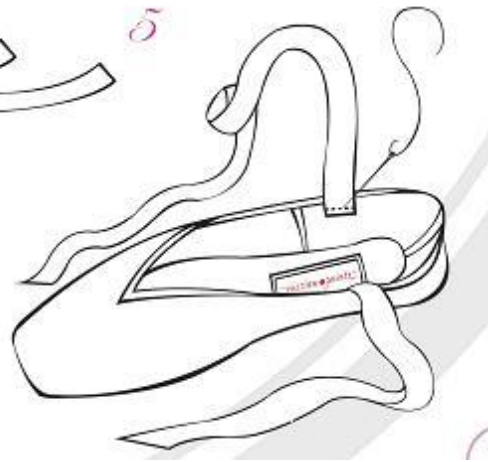
...and pull it all the way forward.



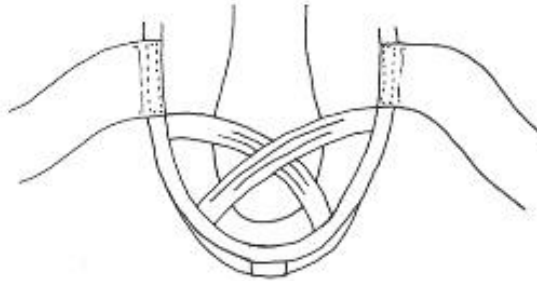
Make pencil marks inside the folds (see arrows).



Before you sew each ribbon, double-fold one end. Sew the folded end inside the shoe, on the mark you made in step 3.



Elastic & Ribbon Placement



Always sew elastics to side of heel, not back.



Single elastic passes around the ankle.



Double elastics crisscross the foot.