

Sipayik Elementary School Sports Handbook

2024-2025



Purpose of the Sipayik Elementary School Sports program

The sports program at Sipayik Elementary School is intended to be an extension of the classroom. Sipayik Elementary School supplements the school's academic programming and provides students with important life skills and memorable experiences, as well as fostering health and well-being. **Within this framework, it is important to keep in mind that participation in athletics is a privilege and should be treated as such. In order to participate, students must be enrolled in and attending Sipayik Elementary School, or be homeschooled but otherwise eligible to enroll in and attend Sipayik Elementary.**

Below are some of the skills the Sipayik Elementary School sports program strives to foster in our students:

1. Time Management and Responsibility
2. Teamwork and Work Ethic
3. Sportsmanship and Character
4. Health and Physical Fitness
5. Pride, Loyalty, and Self-confidence

Eligibility to Participate in the Sipayik Elementary School Sports Program

Sipayik Elementary School Sports Program recognizes and abides by all Eastern Washington County Athletic League (EWCAL) eligibility rules and adds the following academic requirements.

To be eligible to participate in extracurricular activities, a student must be enrolled and attending the Sipayik Elementary School and have a good academic standing.

Sipayik Elementary School Sports Program Agreement Form

It is the responsibility of Sipayik Elementary School Students and Parents/Guardians to know, understand, and follow the rules and policies set forth in this handbook and those set by their respective coaches. Please take time to thoroughly read the Sipayik Elementary School Handbook to ensure each of you clearly understand the requirements for participation in the School Sports Program at Sipayik Elementary School.

We ask Sipayik Elementary School Students and Parents/Guardians to read this handbook and complete the Sipayik Elementary School Sports Program Agreement Form before the start of the season.

Athletic Agreement Form

Physical Exam

Students are required to get a complete physical examination every two (2) years, in order to participate in the athletic program. Additionally, a new student or a student having had a recent serious injury or illness will need a physical examination. Students must provide proof of a physical clearing them for Sports Activities participation before the start of the season.

Medical Emergency Information and Health Insurance

Medical Emergency Card

Academic Eligibility

In order to participate (including practices) during any season at Sipayik Elementary School, each student must provide annual written proof by a doctor's office that he/she is physically able to participate and has had a complete physical examination. It is the responsibility of the parent/guardian to schedule the examination.

In order to participate during any season at Sipayik Elementary School, each student must meet all academic and behavioral requirements set forth by the school. Any student who fails (F Grade) in any one subject will be put on athletic probation for a period of two weeks. During these two weeks, the student must attend three tutoring sessions per week. During this probation period, the student may practice and play if this does not interfere with the tutoring. A student missing sessions without any excused absence will not be allowed to practice or play until the session is fulfilled. The student will be monitored during this period. In after two weeks the F still exists, the student will not be allowed to practice or play until the grades so warrant. All teachers will monitor grades on a weekly basis, of those students participating and report a 10-point or more decrease in any affected subject(s) to the principal. The principal will then notify coaches and parents/guardians of the situation and any assistance available. Any student who fails two or more classes is not eligible to participate in school athletics until the next grade or progress reporting period.

Attendance Eligibility

Attendance at school is mandatory for any student wishing to participate in the Sipayik Elementary School Sports Program.

It is expected that all participants be in school by the start of their first class (8:30 A.M.). Students who are tardy on days when there are games will not be allowed to play, but must suit up and sit with the team at home games. Students will be excused for appointments with a signed doctor's note, and will be allowed to participate.

Excused absences, upon consideration of the nature of the absence, will be handled on a case-by-case basis to determine participation. A student wishing to receive consideration should see the Principal on the day of the absence.

A student must also be in school all day the day following an extracurricular activity; if not the student must meet with the Principal to determine eligibility for the next Sipayik Elementary School Sports Program.

Other Eligibility Requirements

All students must return team-issued equipment (including uniforms) at the conclusion of each game or season. These returns should be made to the coaches. Failure to do so will result in the students being ineligible to participate in the Sipayik Elementary School Sports Program until the equipment is returned and/or paid for.

Home-schooled Athletes

Home-schooled students who wish to participate in Sipayik Elementary School Sports Program must complete the following steps before being granted permission to participate:

1. Submit a request in writing to the Principal at least thirty (30) days prior to the beginning of the school year.
2. Submit proof of residency.
3. Agree to abide by all other policies and regulations governing extracurricular participation at Sipayik Elementary School. The policies and regulations include (but are not limited to) academic eligibility, required paperwork, and standards of conduct.

Standards of Conduct

Citizenship

All participants in the Sipayik Elementary School Sports Program should understand that as a member of any athletic or extracurricular group, the student is representing the school, their parents, friends, relatives and coaches, the community, and themselves. The actions of the student should reflect this at all times, on and off the field/court.

The following are guiding principles for citizenship:

1. Attitude is infectious. Be positive.
2. Sportsmanship and the attitude of winning within the spirit of the rules are expected of all students.
3. Appropriate behavior is expected of all students.
4. The use of inappropriate language and gestures will not be tolerated. Think twice before you speak and act out. You are responsible for your actions.

Any participant suspended from school shall not be allowed to practice or play in any games during the suspension period.

Disrespect, profanity or violent behavior will not be tolerated in school, on the school grounds, or at a school function. If an infraction occurs, a meeting will be held involving the coach, parents, principal and student before the student returns to the team.

Unsportsmanlike conduct, such as profanity or inappropriate behavior during practice, games or on busses, will not be tolerated. Any athlete receiving a penalty related to profanity, inappropriate behavior or unsportsmanlike conduct will be benched and be ineligible for the next game.

Athletes with behavior detention on the day of a game are ineligible to play.

Students who have missing work are eligible to play the day of the game if the work is completed satisfactorily and handed in before the game.

Offenses will be dealt with on a case-by-case basis by the Principal and coaches.

Traveling Policies

It is expected that all students travel on the bus to away games. Students may be allowed to return home with parent or guardian, if the parent or guardian signs a release form prior to leaving each game or meet.

Lines of Communication

Through open communication, we can avoid unresolved issues and ensure a better experience for all of our students here at Sipayik Elementary School. If a problem arises during an athletic season, we ask you to take the following steps in finding a solution:

1. Please have your student discuss the situation with their coach(es). Self-advocacy is an important and beneficial life skill. Note: discussions on playing time and strategy are limited to the coach(es) and students and end at this step.
2. If the issue, outside of playing time or strategy, remains unresolved, parents may speak to their child's coach.
3. Speak to the Principal if you feel the issue has still not been resolved.

Sipayik Elementary School Sports Offerings

Sipayik Elementary School Sports Program is a member of the Eastern Washington County Athletic League (EWCAL). Sports are coed unless otherwise noted

Fall Season

Soccer

Cross Country

Winter Season

Girls Basketball

Boys Basketball

Spring Season

Softball

Sipayik Elementary School Sports Program Checklist

The following items are required of all students who wish to participate in the Sipayik Elementary School Sports Program. Below is a checklist for your convenience. Please ensure that all items are completed BEFORE participating in athletic practices or competitions.

_____ Student is officially enrolled at Sipayik Elementary School or has met the home-school requirements

_____ Student has shown proof of a physical exam and is cleared to play by a physician within the last two (2) years.

_____ Student and parent/guardian have read, understood, and signed all applicable paperwork in the Sipayik Elementary School Sports Program Handbook.

Sipayik Elementary School Sports Program Agreement Form 2023-2024

This form must be submitted only once per school year before a student can participate in the athletic program at Sipayik Elementary School Sports Program.

1. Student:
2. Parents/Guardians:
3. Parents/Guardians email:
4. Parents/Guardians Phone:
5. Grade:

6. Parent/Guardian Training, Eligibility & Risk Agreement*

I understand that participation in Sipayik Elementary School Sports Program and the travel involved with being in a sport/activity constitutes a risk of injury and will not hold Sipayik Elementary School or any employee of Sipayik Elementary School responsible should an injury occur. Furthermore, I have read, understand, and will support my child in abiding by the training and eligibility rules set forth by Sipayik Elementary School Sports Program for any athletic season. Yes_____ No_____

7. Student Training & Eligibility Agreement*

I have answered all questions truthfully and to the best of my knowledge. I have read, understand, and will abide by the training and eligibility rules set forth by Sipayik Elementary School. Yes_____ No_____