

Dear Staff and Families,

Each year many families use school vacation weeks opportunities for travel, but at this time such travel brings with it additional risks for contracting and transmitting COVID-19, according to the United States Center for Disease Control and Prevention (US CDC). It is critically important that our school communities continue to do everything we can in order to keep our schools safe, open, and able to provide in-person instruction. We encourage our staff and families to know the risks and the requirements for travel, and to communicate with our school leaders if you are traveling so that our schools can continue to operate safely.

In accordance with Maine travel guidelines, any staff or students who travel within the US to any state other than New Hampshire, Vermont, Massachusetts, Rhode Island, or Connecticut (no restrictions as of 3/03/21), they will be required to either:

- Complete a 10-day quarantine upon arrival in Maine and continue to monitor for signs and symptoms for an additional 4 days. **OR**
- Obtain and receive a negative COVID-19 antigen or molecular (PCR, NAAT, or isothermal) test result within 72 hours prior to arrival in Maine may forgo the 10-day quarantine. **OR**
- Individuals who have completed a COVID-19 vaccination series and are 14 days beyond the completion of the series are exempt from the testing and 10-day quarantine requirement above. **OR**
- Individuals who have completed isolation after testing positive for COVID-19 and are within 90 days of their initial positive molecular or antigen test are exempt from the testing and 10-day quarantine requirement above, provided they remain asymptomatic.
- Travelers may be tested upon arrival in Maine as well but must quarantine while they wait for test results. A negative COVID-19 antigen or molecular (PCR, NAAT, or isothermal) test result will allow the traveler to leave quarantine early.

Upon return to the United States, staff and students must follow Maine's policies for international travelers before they can return to school. The policies are as follows:

- For people who are fully vaccinated (at least 14 days past their final COVID-19 dose) who arrive in Maine:
 - Quarantine is not required unless you are experiencing symptoms.
 - Testing is recommended 3-5 days after arrival in the US.
 - If the COVID-19 test is positive, isolate.
- For all people who are not fully vaccinated and arrive in Maine within 7 days of entering the United States:
 - Quarantine for 7 days from arrival in the US AND get a COVID-19 molecular or antigen test 3-5 days after arrival in the US.
 - If the COVID-19 test is positive, isolate.
 - Even if the COVID-19 test is negative, complete the 7-day quarantine after travel.
 - If individuals arriving from international travel do not get a COVID-19 test after their arrival, they should quarantine for 10 days after their arrival in the US.
 - Avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.

Please have a safe and well-deserved break. If you have any questions or concerns, please call the school (853-6085) or email (daniel.morang@sipayikschool.org).

Stay Safe,

Dan Morang
Principal