

Kithalawa Pugalla Maha Vidyalaya Lunch Program

OHA's January 2023 visit to school



Meeting with Principal and Vice Principal



Tour of the School

lovely to see kids from 1st through 9th grade so neatly dressed and disciplined



OHA Lunch Program for Kids

The first batch of kids ready to receive lunch



Meeting 'lunch amma' (the lady who prepares lunch)



OHA Lunch Program

Older kids had to be summoned to join; they were shy



OHA Lunch Program

The room is now full. Typically, they come in batches, and some take their lunches to their homerooms



OHA Lunch Program

The lunch they get from the school may be the only meal they get during the day..



OHA Lunch Program

It is essential to make it nutritious and enjoyable..



OHA Lunch Program

Lunch is prepared by 'kama amma' (lunch mother), who cooks lunches in her kitchen with the help of her father



Kama Amma wakes up at 4am every day to prepare lunch for the kids. By 9:30am the lunch boxes are ready. Kama Amma drives her 'tuk tuk' to school to deliver lunch by 10:30am, her home is only five minutes away from school.



Kama Amma buys her daily groceries from the 'welanda pola' or fresh market.



She picks fresh salad from nearby land, but not on rainy days to avoid contamination.

OHA Donation Program

So far we have donated school supplies to sanitary products..





We were kindly invited to have tea with the teachers



School has 800 students and 50 teachers

