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Three core principles:

- It's possible to make a career out of doing something you love.
- Your PASSION is usually something you develop.
- You can have MULTIPLE loves and multiple careers.

PASSIONS ————— AVERSIONS

While it's important to figure out what you are passionate about, you also need to know what you don't like to do.

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Self Discovery = Get your hands DIRTY!

You have to test yourself in order to discover yourself.

Specialisation is something we need to grow into as we evolve.
Learning how to become a master at something, is a capacity we all need to develop.

Connecting the DOTS - If you want to be able to connect the dots in your own life, then you have to be willing to pick them up first.

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To choose an educational path for yourself:

- It's okay to not know what the best path is.
- The institution matters more than the subject. So, find the right school that will give you more opportunities to grow in diverse ways.
- A liberal arts-style education generally serves best in the long run.

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Five categories of THRIVE skills

COMMUNICATION

COLLABORATION

PROBLEM-SOLVING

CRITICAL THINKING

LEADERSHIP

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Don't be afraid to fail, instead FAIL FAST.

INTELLIGENT FAILURE

These smaller failures are the result of a very clearly thought-through initiative.

Few guidelines to learn it:

- Be in an environment where experimentation is encouraged and failure is accepted.
- Challenge yourself with certain tasks where you will likely experience some degree of failure.
- Be comfortable and tolerant of failure in yourself.
- Make sure you are not trying to fail. Rather you're doing your best not to fail but ready to learn from it.

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EMOTIONAL INTELLIGENCE is a must.

SELF-AWARENESS

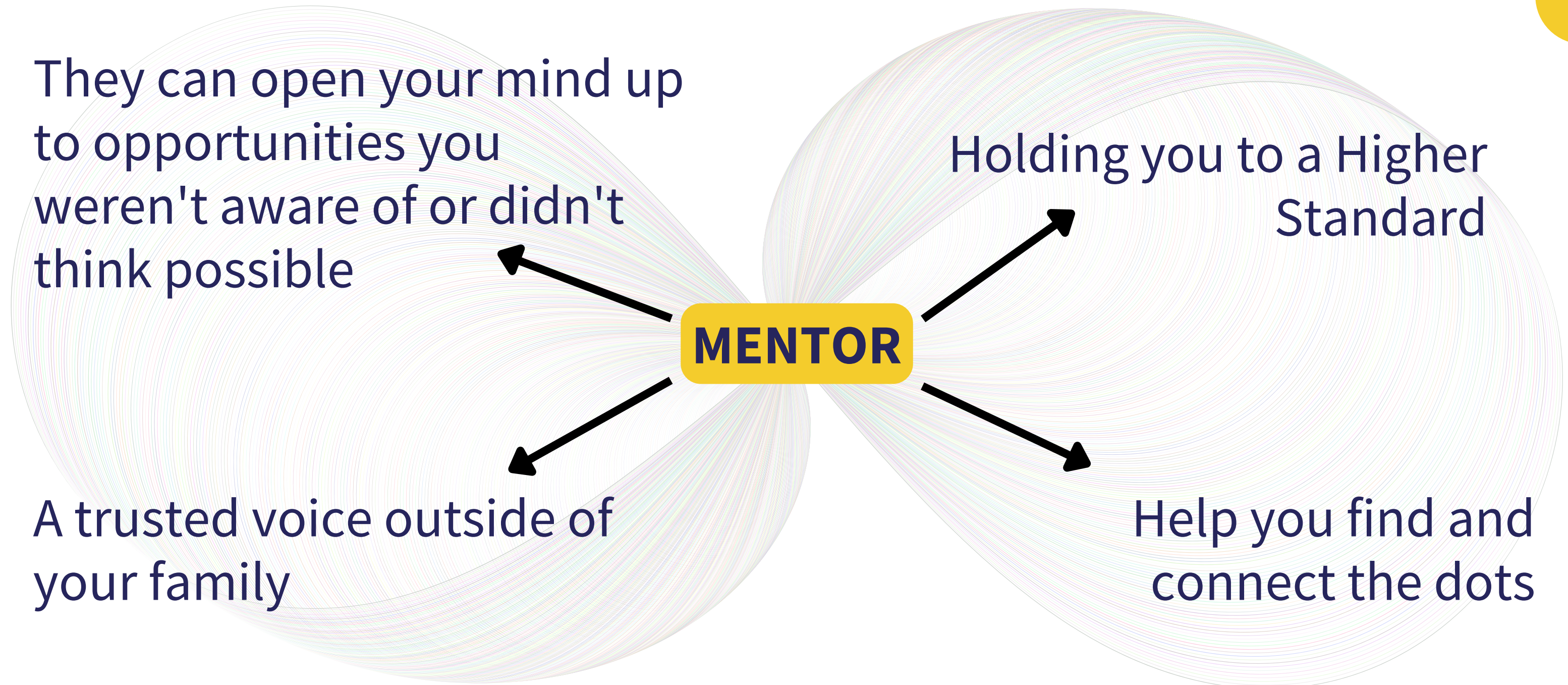
SELF-REGULATION

MOTIVATION

EMPATHY

SOCIAL SKILLS

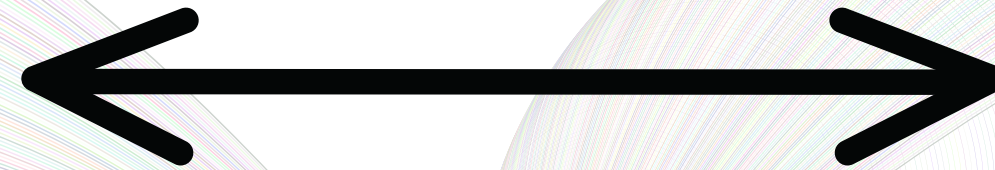
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Mentor



Mentee

Rabb ne bna di JODI!

It's pure luck, you neither ask someone to mentor you nor someone tells you that they want to mentor you.

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PARENTS —————> KIDS

- Give them room to experiment.
- They are different from you and these differences are okay.
- Help them discover what they love and what they are good at.
- Ask yourself whether you have the requisite knowledge or experience to guide your child.
- Prepare them to be able to navigate, rather than instructing them.
- Teach them 'How to 'THINK' and 'How to LEARN'
- Give them the opportunity to fail and learn from it.

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Don't follow your dreams, DISCOVER them.

We are all Work-in-progress and by applying effort and ingenuity, we can become better.

The point is, your life is bound to change, multiple times and it's imperative that you welcome that change with open arms. Don't try to turn away from it.

EXPECT IT ——— EMBRACE IT ——— HARNESS IT

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