



**NEOBIF 2023 Annual Brain Injury Survivor Conference  
"Building a Healthy Lifestyle"**

**When: September 22, 2023 9:00 am – 3:00 pm**

**Where: Fairlawn Kiwanis Community Center  
3486 South Smith Road  
Fairlawn, Ohio 44333**

**Agenda**

**8:30-9:00 Registration**

**9:00 – 10:30 Keynote Speaker Darcy Keith**

A truly inspiring story. Until September 12, 1991, Darcy Keith's life was pretty normal. A gifted student in actuarial science at Ball State University in Muncie, IN, the attractive, intelligent and popular 22-year-old led an active, normal collegiate life.

*Then tragedy struck.* She was riding home with four sorority sisters from a function at Morehead State University in Morehead, Ky., when their car was hit broadside by a semi-tractor trailer. The car was crushed completely by an impact so great that the license plate of the semi-tractor was imprinted into its crumpled side panel. Two of Keith's friends in the backseat, where she was also sitting, were killed instantly. *Darcy was the only survivor in the back seat.* Learn how determination and hope kept her alive. Hear about how she became known as the "Miracle Child".

**10:30-10:45 Break**

**10:45-11:30 Lauren Holly: BIAOH Update**

**11:30-1:00 Lunch and Vendor Fair**

**1:00-1:45 Break Out Sessions A (Becky Miles, Dietician), or B (Emily Ethridge, MA, PhD Student)**

**BREAKOUT A:** How to eat healthy after brain injury – an interactive session for making your own granola

**BREAKOUT B:** How to use Active Problem Solving to effectively manage challenges in life

**1:45-2:00 Break**

**2:00-2:45 Break Out Sessions A or B**

**2:45-3:00 Wrap up**

**Who should attend:** This conference is designed for brain injury survivors, their family members & caregivers

**Cost: \$10.00 payable via cash or check at the door**

**To register: send email to [tbicollab@gmail.com](mailto:tbicollab@gmail.com) or call Gina 330.590.3875**