



Childhelp Speak Up Be Safe

PreK-2nd Grade

SPEAK UP BE SAFE CURRICULUM OVERVIEW

- Curriculum is designed to engage students in visual, auditory, and physical learning.
- Primary focus of the younger age groups is to shift responsibility for child abuse and neglect prevention away from the child and onto the adults in the children's lives as much as possible.
- A core lesson throughout the curriculum is adults (parents and caregivers including teachers) are responsible for keeping children safe.
- Lessons do not include words such as "sex" or "sexual" activity as they carry a level of sensitivity and respects the role of parent and caregiver in maintaining control over that discussion.
- To address the concern of instilling unnecessary worry and fear into children in child abuse prevention education, an emphasis is placed on learning through fun activities.
- Developmental characteristics integrated into the curriculum
 - Movement and motion, communication and language, social and emotional, routines and structures, and cognitive

WHAT TO EXPECT

- Lessons are led by a trained SUBS facilitator. PreK-2nd Grade SUBS sessions are completed in **two 30-minute sessions** to be completed within a week of each other. Sessions can be held **in individual or group sessions. In person sessions are preferred**, but virtual sessions via Zoom can be held on a case-by-case basis. Learning is reinforced through **discussion, activities, and take-home materials** encouraging increased communication with parents and caregivers.

LESSON TOPICS

- Big ideas
 1. Safety



2. You deserve to be safe
 3. Child safety is an adult's responsibility
 4. There are safe adults
- 5 Childhelp Speak Up Be Safe Safety Rules
 - "It's MY body"
 - "Ask an adult if I am safe"
 - "I have choices"
 - "Tell someone"
 - "It's NEVER my fault"
 - RESIST Strategies
 - Run, escape, scream, ignore, stay away, and tell

LEARNING GOALS

- Students will learn
 - 4 Types of abuse (*2nd grade)
 - Physical – abuse to our bodies
 - Emotional – abuse with words
 - Bullying – teasing, insulting, name calling
 - Neglect – not getting what we need to be healthy and safe
- Student will be able to...
 - Demonstrate knowledge about abuse
 - Identify safe adults
 - Understand and recite safety rules and resistance strategies
 - State they are special and deserve to be safe (including I am special and private body parts)