

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00-10:45 Tiny Tumblerz Ages 3-4				
	11:00-11:45 Jumpin' Jacks Ages 2-3				9:45-10:30 Little Ninjas Ages 3-5
					10:30-11:15 Jumpin' Jacks Ages 2-3
					11:15-12:00 Tiny Tumblerz Ages 3-4
4:00-4:45 Tiny Tumblerz Ages 3-4	4:00-5:00 Gymnastics Level 1 Ages 5+	4:15-5:00 Little Ninjas Ages 3-5	4:30-5:30 Gymnastics Level 1 Ages 5+		12:00-1:00 Gymnastics Level 1 Ages 5+
4:45-5:45 Gymnastics Level 1 Ages 5+	5:00-6:00 Gymnastics Level 1 Ages 5+	5:00-5:45 Ninja Monkeys Ages 6-9	5:30-6:30 Gymnastic Level 2 Ages 5+		
5:45-6:45 Gymnastics Level 2 Ages 5+	6:00-7:00 Gymnastics Level 1 Ages 5+				
6:45-7:45 Acrobatic Arts Ages 5+					

NINJA

Our new Ninja classes will build muscle, increase balance and challenging our Ninjas to accomplish their goal and never give up!

CLIMBING CUBS

Our 18-24 month olds are on the move. Jumping, crawling, climbing and more fill each class with fun. Gross motor skills and body movement is our focus in this action packed group of cubs.

JUMPIN' JACKS

Two and three year olds are on the run in this action packed tumbling class. Our social skills are put to the test in our independent class as we work on our gymnastics skills and equipment.

TINY TUMBLERZ

Our three and four year olds continue to learn more gymnastic skills like cartwheels, bridges, handstands and more. We work on the beam, bars, vault and more each class.

ACROBATIC ARTS

Gymnastics for dancers. This program with help dancers incorporate gymnastic into their dance while remembering these stunts will be performed on a hard stage. This is a level based program with all skills on the ground, no beam, bars or vault will be used.

GYMNASTICS LEVELS 1, 2, 3

With a clear view of skills for each level, you child will build on the fundamentals of gymnastics and find it easier to master the skills needed to get to the next level. These classes cover floor exercises, vault, beam, bars and stunts, as well as muscle building and control.

GYMNASTICS