

10/7/2019

Body Butter Test One

100 g coconut oil
100 g olive oil (infused with peppermint leaves)
50 g shea butter
25 g beeswax

1 T Raw honey
1 T Vitamin E oil
2 teas essential oils (I chose sweet orange & eucalyptus)

Makes 4 - 4oz. jars of body butter.

Combine & gently melt (in a double boiler) the oils and beeswax. Cool for 15 minutes, add raw honey, and place container in freezer for 10 minutes or until edges are beginning to solidify.

Add vitamin E and essential oils to the mix.

Using a whisk, hand mixer or immersion blender, blend for 5 - 10 minutes until cooled and starting to solidify. It will look like cooked pudding.

Pour into containers, (I used glass 4 oz. jars) and place in a cool place to harden.

Body Butter Test Two

100 g coconut oil
100 g olive oil (infused with peppermint leaves & coffee beans)
50 g shea butter
50 g beeswax

1 T Raw honey
1 T Vitamin E oil
2 teas essential oils (I chose lemongrass)

Makes 4 - 4oz. jars of body butter.

Combine & gently melt (in a double boiler) the oils and beeswax. Cool for 15 minutes, add raw honey, and place container in freezer for 10 minutes or until edges are beginning to solidify.

Add vitamin E and essential oils to the mix.

Using a whisk, hand mixer or immersion blender, blend for 5 - 10 minutes until cooled and starting to solidify. It will look like cooked pudding.

Pour into containers, (I used glass 4 oz. jars) and place in a cool place to harden.