Purim Recipes Keto Friendly

PURIM TREATS

Cannoli | Cream | Hamantaschen

Yields - 15 cookies

Keto Version: net 2 carbs per cookie

Cookies

2 oz. Cream cheese

34 cup blanched almond flour

1/4 cup coconut + 1 T reserv.

 $\frac{1}{8}$ cup monk fruit (granulated)

1 egg

1 teaspoon vanilla

½ teaspoon cinnamon

1/4 teaspoon baking powder

1/6 teaspoon salt

Cannoli Cream Filling

1 cup cream cheese

1 cup sour cream

 $\frac{1}{8}$ cup monk fruit (granulated)

1/4 bag Lily's chocolate chips

1/4 teaspoon cinnamon

½ teaspoon vanilla



Preparations - Cookie

Soften cream cheese & beat with egg.

Mix dry ingredients together & blend with cream cheese/egg mixture. Dough will be sticky. Scrape out onto board with reserved I T coconut flour.

Knead until not sticky (may need to dust with coconut flour). Roll between parchment or was paper to $\frac{1}{8}$ - $\frac{1}{4}$ " think with rolling pin.

Cut with biscuit cutter & shape into triangles by pinching 3 corners. Place on baking sheet.

Bake @ 350 F for 10 - 12 minutes. Cool completely.

Cannoli Cream Cheese Filling

Soften cream cheese & whip with all other ingredients except chocolate chips. Add chips & scoop/pipe (pastry bag) into cooled cookies. Store in refrigerator for up to I week.

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