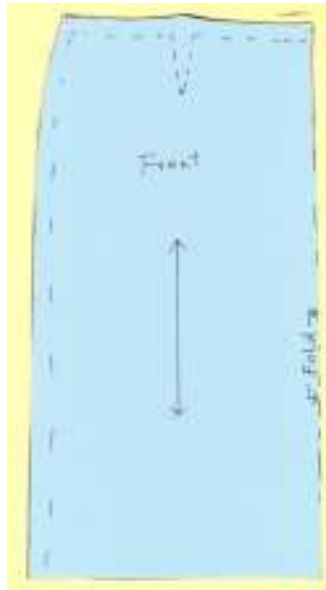
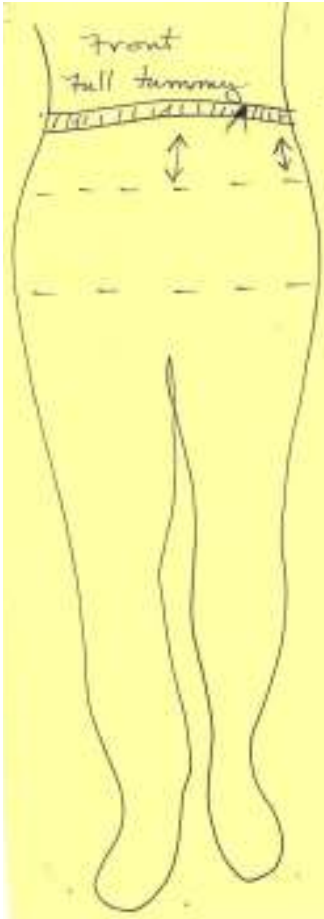


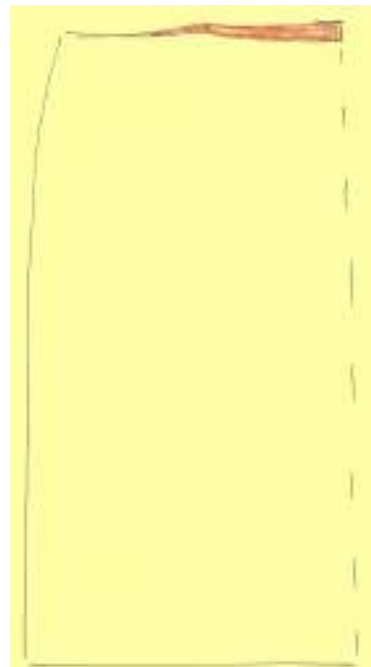
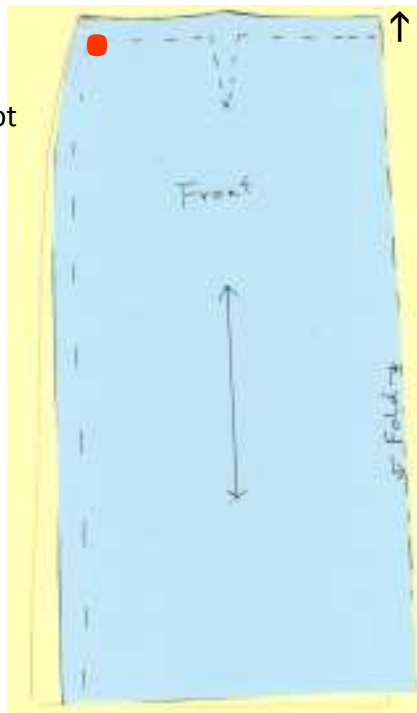
Operation: Full Tummy adjustment

- Measure amount from upper hip to waist on side and center. If needed pin another elastic band around upper hip to find distance.



1. Place pattern on paper and trace pattern outline.
2. Mark amount you need above center of waist front. I recommend if you need more than 1 1/2" use the fuller tummy adjustment on the next page.

3. With pin at side waist (red dot), pivot pattern up to marked line.



4. Trace pattern following the pivoted line.

Operation: FULLER Tummy -

For more tummy height plus width:

- (1) 1/2" below dart point mark a line cross pattern. Stop about 3" from side and angle line up to top of side waist. (stop 1/16th" before you get to edge of pattern. Slash pattern to that point.
- (2) Mark and slash pattern through dart (leave 1/16").
- (3) 2" from dart (toward center) mark and slash.
- Pull top of pattern up and over amount needed.
- Draw new pattern line which will add extra. width in center front. Continue center front line adding width in center.

