

TEQUESTA, FLORIDA

# Morning Prayer - Rite Two

Thursday | August 1, 2024

Join us at 9:00 AM as we pray together. Or use this Order of Service for your own devotional time each day.

# **Opening Sentence**

Officiant says one of the following verses of Holy Scripture.

The Lord is in his holy temple; let all the earth keep silence before him. - Habakkuk 2:20

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and in truth, for such the Father seeks to worship him. - *John 4*:23

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite." - Isaiah 57:15

# Confession of Sin

The Officiant says to the people

Let us confess our sins against God and our neighbor.

A few moments of silence are observed to prepare our hearts for confession.

### Officiant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

# Officiant

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.* 

# The Invitatory and Psalter

Officiant Lord, open our lips.

People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Officiant Worship the Lord in the beauty of holiness:

People Come let us adore him.

**Jubilate** Said in unison

Be joyful in the Lord, all you lands; \* serve the Lord with gladness and come before his presence with a song.

Know this: The Lord himself is God; \* he himself has made us, and we are his; we are his people and the sheep of his pasture.

Enter his gates with thanksgiving; go into his courts with praise; \* give thanks to him and call upon his Name.

For the Lord is good; his mercy is everlasting; \* and his faithfulness endures from age to age.

Officiant Worship the Lord in the beauty of holiness:

People Come let us adore him.

# Psalm 71 Said in unison

71 In te, Domine, speravi

- In you, O LORD, have I taken refuge; \* let me never be ashamed.
- In your righteousness, deliver me and set me free; \* incline your ear to me and save me.
- Be my strong rock, a castle to keep me safe; \* you are my crag and my stronghold.
- Deliver me, my God, from the hand of the wicked, \* from the clutches of the evildoer and the oppressor.
- For you are my hope, O LORD God, \* my confidence since I was young.

- I have been sustained by you ever since I was born; from my mother's womb you have been my strength; \* my praise shall be always of you.
- 7 I have become a portent to many; \* but you are my refuge and my strength.
- 8 Let my mouth be full of your praise \* and your glory all the day long.
- Do not cast me off in my old age; \* forsake me not when my strength fails.
- For my enemies are talking against me, \* and those who lie in wait for my life take counsel together.
- 11 They say, "God has forsaken him; go after him and seize him; \*
  because there is none who will save."
- O God, be not far from me; \* come quickly to help me, O my God.
- Let those who set themselves against me be put to shame and be disgraced; \*let those who seek to do me evil be covered with scorn and reproach.
- But I shall always wait in patience, \* and shall praise you more and more.
- My mouth shall recount your mighty acts and saving deeds all day long; \* though I cannot know the number of them.
- I will begin with the mighty works of the Lord GOD; \* I will recall your righteousness, yours alone.
- O God, you have taught me since I was young, \* and to this day I tell of your wonderful works.
- And now that I am old and gray-headed, O God, do not forsake me, \*
  till I make known your strength to this generation and your power to all who are to come.
- Your righteousness, O God, reaches to the heavens; \* you have done great things; who is like you, O God?
- You have showed me great troubles and adversities, \*
  but you will restore my life
  and bring me up again from the deep places of the earth.
- You strengthen me more and more; \* you enfold and comfort me,

- Therefore I will praise you upon the lyre for your faithfulness, O my God; \*
  I will sing to you with the harp, O Holy One of Israel.
- 23 My lips will sing with joy when I play to you, \* and so will my soul, which you have redeemed.
- 24 My tongue will proclaim your righteousness all day long, \* for they are ashamed and disgraced who sought to do me harm.

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be forever. Amen.

# First Lesson

# Judges 4:4-23

At that time Deborah, a prophetess, wife of Lappidoth, was judging Israel. She used to sit under the palm of Deborah between Ramah and Bethel in the hill country of Ephraim; and the Israelites came up to her for judgement. She sent and summoned Barak son of Abinoam from Kedesh in Naphtali, and said to him, 'The Lord, the God of Israel, commands you, "Go, take position at Mount Tabor, bringing ten thousand from the tribe of Naphtali and the tribe of Zebulun. I will draw out Sisera, the general of Jabin's army, to meet you by the Wadi Kishon with his chariots and his troops; and I will give him into your hand." ' Barak said to her, 'If you will go with me, I will go; but if you will not go with me, I will not go.' And she said, 'I will surely go with you; nevertheless, the road on which you are going will not lead to your glory, for the Lord will sell Sisera into the hand of a woman.' Then Deborah got up and went with Barak to Kedesh. Barak summoned Zebulun and Naphtali to Kedesh; and ten thousand warriors went up behind him; and Deborah went up with him.

Now Heber the Kenite had separated from the other Kenites, that is, the descendants of Hobab the father-in-law of Moses, and had encamped as far away as Elon-bezaanannim, which is near Kedesh.

When Sisera was told that Barak son of Abinoam had gone up to Mount Tabor, Sisera called out all his chariots, nine hundred chariots of iron, and all the troops who were with him, from Harosheth-ha-goiim to the Wadi Kishon. Then Deborah said to Barak, 'Up! For this is the day on which the Lord has given Sisera into your hand. The Lord is indeed going out before you.' So Barak went down from Mount Tabor with ten thousand warriors following him. And the Lord threw Sisera and all his chariots and all his army into a panic before Barak; Sisera got down from his chariot and fled away on foot, while Barak pursued the chariots and the army to Harosheth-ha-goiim. All the army of Sisera fell by the sword; no one was left.

Now Sisera had fled away on foot to the tent of Jael wife of Heber the Kenite; for there was peace between King Jabin of Hazor and the clan of Heber the Kenite. Jael came out to meet Sisera, and said to him, 'Turn aside, my lord, turn aside to me; have no fear.' So he turned aside to her into the tent, and she covered him with a rug. Then he said to her, 'Please give me a little water to drink; for I am thirsty.' So she opened a skin of milk and gave him a drink and covered him. He said to her, 'Stand at the entrance of the tent, and if anybody comes and asks you, "Is anyone here?" say, "No." ' But Jael wife of Heber took a tent-peg, and took a hammer in her hand, and went softly to him and drove the peg into his temple, until it went down into the ground—he was lying fast asleep from weariness—and he died. Then, as Barak came in pursuit of Sisera, Jael went out to meet him, and said to him, 'Come, and I will show you the man whom you are seeking.' So

he went into her tent; and there was Sisera lying dead, with the tent-peg in his temple.

So on that day God subdued King Jabin of Canaan before the Israelites.

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People Thanks be to God.

### The Song of Moses Said in unison

I will sing to the Lord, for he is lofty and uplifted; \* the horse and its rider has he hurled into the sea.

The Lord is my strength and my refuge; \*

the Lord has become my Savior.

This is my God and I will praise him, \*

the God of my people and I will exalt him.

The Lord is a mighty warrior; \*

Yahweh is his Name.

The chariots of Pharaoh and his army has he hurled into the sea; \*

the finest of those who bear armor have been drowned in the Red Sea.

The fathomless deep has overwhelmed them; \*

they sank into the depths like a stone.

Your right hand, O Lord, is glorious in might; \*

your right hand, O Lord, has overthrown the enemy.

Who can be compared with you, O Lord, among the gods? \*

who is like you, glorious in holiness,

awesome in renown, and worker of wonders?

You stretched forth your right hand; \*

the earth swallowed them up.

With your constant love you led the people you redeemed; \*

with your might you brought them in safety to your holy dwelling.

You will bring them in and plant them \*

on the mount of your possession,

The resting-place you have made for yourself, O Lord, \*

the sanctuary, O Lord, that your hand has established.

The Lord shall reign \*

forever and forever.

Glory to the Father, and to the Son, and to the Holy Spirit: \*

as it was in the beginning, is now, and will be for ever. Amen.

# Second Lesson

#### Matthew 26:69-75

Many women were also there, looking on from a distance; they had followed Jesus from Galilee and had provided for him. Among them were Mary Magdalene, and Mary the mother of James and Joseph, and the mother of the sons of Zebedee.

When it was evening, there came a rich man from Arimathea, named Joseph, who was also a disciple of Jesus. He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be given to him. So Joseph took the body and wrapped it in a clean linen cloth and laid it in his own new tomb, which he had hewn in the rock. He then rolled a great stone to the door of the tomb and went away. Mary Magdalene and the other Mary were there, sitting opposite the tomb.

The next day, that is, after the day of Preparation, the chief priests and the Pharisees gathered before Pilate and said, 'Sir, we remember what that impostor said while he was still alive, "After three days I will rise again." Therefore command that the tomb be made secure until the third day; otherwise his disciples may go and steal him away, and tell the people, "He has been raised from the

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dead", and the last deception would be worse than the first.' Pilate said to them, 'You have a guard of soldiers; go, make it as secure as you can.' So they went with the guard and made the tomb secure by sealing the stone.

# Glory to God Said in unison

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

# The Apostles' Creed

Officiant and People

I believe in God, the Father almighty, creator of heaven and earth; I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

# The Prayers

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

Officiant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

# **Suffrages B**

- V. Save your people, Lord, and bless your inheritance;
- R. Govern and uphold them, now and always.
- V. Day by day we bless you;
- R. We praise your name for ever.
- V. Lord, keep us from all sin today;
- R. Have mercy upon us, Lord, have mercy.
- V. Lord, show us your love and mercy;
- R. For we put our trust in you.
- V. In you, Lord, is our hope;
- R. And we shall never hope in vain.

# The Collects

Prayed by Officiant

*The Collect of the Day (Proper 12)* 

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

A Collect to Commemorate Joseph of Arimathea

Merciful God, whose servant Joseph of Arimathaea with reverence and godly fear prepared the body of our Lord and Savior for burial, and laid it in his own tomb: Grant to us, your faithful people, grace and courage to love and serve Jesus with sincere devotion all the days of our life; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.* 

A Collect for the Renewal of Life

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law,

and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. *Amen.* 

### A Prayer attributed to St. Francis

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. *Amen.* 

We pray for our brothers and sisters in Christ, and particularly those throughout the Anglican communion, remembering today especially:

The Diocese of Hong Kong Island (Hong Kong)

The Rt Revd Matthias Clement Tze-Wo Der, Bishop.

We pray also for our Diocese of Southeast Florida and our Bishop, The Rt Revd Peter Eaton; and our companion dioceses, remembering today especially the Diocese of Toliara (Madagascar), the Rt Rev Dr Samitiana Jhonson Razafindralambo, Bishop.

# A Prayer for Mission

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen*.

We pray for our own parish family, and those dear to them, remembering today especially: Allison, Pat, Stephen, Bob and Pam, Marilyn, Jim and Jerre, Dona, Howard, Meredith, and Mitchell.

We pray also today for our Serve ministries, remembering especially:

Pennies for Heaven, that our Thrift Shop may bless the lives of both those who work and those who shop there, while raising funds to advance the mission of Good Shepherd; and

Knitting for Seafarers, that those who earn their living amid the dangers of seafaring life may know the love of their neighbors through physical warmth during their work.

#### *A Prayer for the Parish*

Almighty and everliving God, ruler of all things in heaven and earth, hear our prayers for this parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church; through Jesus Christ our Lord. *Amen*.

At this time, we invite your prayers of petition, intercession and thanksgiving, either shared with all or held in the silence of your hearts.



# The General Thanksgiving

Officiant and People

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Officiant Let us bless the Lord. People Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus forever and ever. *Amen. Ephesians* 3:20,21

