

Morning Prayer – Rite Two

Friday | August 2, 2024

Join us at 9:00 AM as we pray together. Or use this Order of Service for your own devotional time each day.

Opening Sentence

Officiant says one of the following verses of Holy Scripture. The Lord is in his holy temple; let all the earth keep silence before him. - *Habakkuk* 2:20

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and in truth, for such the Father seeks to worship him. *- John 4:23*

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite." - *Isaiah* 57:15

Confession of Sin

The Officiant says to the people

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

A few moments of silence are observed to prepare our hearts for confession.

Officiant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Officiant

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

The Invitatory and Psalter

OfficiantLord, open our lips.PeopleAnd our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Officiant	The mercy of the Lord is everlasting:
People	Come let us adore him.

Venite Said in unison

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation. Let us come before his presence with thanksgiving * and raise a loud shout to him with psalms.

For the Lord is a great God, * and a great King above all gods. In his hand are the caverns of the earth, * and the heights of the hills are his also. The sea is his, for he made it, * and his hands have molded the dry land.

Come, let us bow down, and bend the knee, * and kneel before the Lord our Maker. For he is our God, and we are the people of his pasture and the sheep of his hand. * Oh, that today you would hearken to his voice!

OfficiantThe mercy of the Lord is everlasting:PeopleCome let us adore him.

Psalm 69:1-23,31-38 Said in unison

- 69 Salvum me fac
- 1 Save me, O God, * for the waters have risen up to my neck.
- 2 I am sinking in deep mire, * and there is no firm ground for my feet.

3	I have come into deep waters, * and the torrent washes over me.
4	I have grown weary with my crying; my throat is inflamed; * my eyes have failed from looking for my God.
5	Those who hate me without a cause are more than the hairs of my head; my lying foes who would destroy me are mighty. * Must I then give back what I never stole?
6	O God, you know my foolishness, * and my faults are not hidden from you.
7	Let not those who hope in you be put to shame through me, Lord GOD of hosts; * let not those who seek you be disgraced because of me, O God of Israel.
8	Surely, for your sake have I suffered reproach, * and shame has covered my face.
9	I have become a stranger to my own kindred, * an alien to my mother's children.
10	Zeal for your house has eaten me up; * the scorn of those who scorn you has fallen upon me.
11	I humbled myself with fasting, * but that was turned to my reproach.
12	I put on sack-cloth also, * and became a byword among them.
13	Those who sit at the gate murmur against me, * and the drunkards make songs about me.
14	But as for me, this is my prayer to you, * at the time you have set, O LORD:
15	"In your great mercy, O God, * answer me with your unfailing help.
16	Save me from the mire; do not let me sink; * let me be rescued from those who hate me and out of the deep waters.
17	Let not the torrent of waters wash over me, neither let the deep swallow me up; * do not let the Pit shut its mouth upon me.
18	Answer me, O LORD, for your love is kind; * in your great compassion, turn to me."
19	"Hide not your face from your servant; * be swift and answer me, for I am in distress.

20	Draw near to me and redeem me; * because of my enemies deliver me.
21	You know my reproach, my shame, and my dishonor; * my adversaries are all in your sight."
22	Reproach has broken my heart, and it cannot be healed; * I looked for sympathy, but there was none, for comforters, but I could find no one.
23	They gave me gall to eat, * and when I was thirsty, they gave me vinegar to drink.
31	As for me, I am afflicted and in pain; * your help, O God, will lift me up on high.
32	I will praise the Name of God in song; * I will proclaim his greatness with thanksgiving.
33	This will please the LORD more than an offering of oxen, * more than bullocks with horns and hoofs.
34	The afflicted shall see and be glad; * you who seek God, your heart shall live.
35	For the LORD listens to the needy, * and his prisoners he does not despise.
36	Let the heavens and the earth praise him, * the seas and all that moves in them;
37	For God will save Zion and rebuild the cities of Judah; * they shall live there and have it in possession.
38	The children of his servants will inherit it, * and those who love his Name will dwell therein.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be forever. Amen.

First Lesson

Judges 5:1-18

Then Deborah and Barak son of Abinoam sang on that day, saying: 'When locks are long in Israel, when the people offer themselves willingly bless the Lord!

'Hear, O kings; give ear, O princes; to the Lord I will sing,

I will make melody to the Lord, the God of Israel.

'Lord, when you went out from Seir, when you marched from the region of Edom, the earth trembled, and the heavens poured, the clouds indeed poured water. The mountains quaked before the Lord, the One of Sinai, before the Lord, the God of Israel.

'In the days of Shamgar son of Anath, in the days of Jael, caravans ceased and travelers kept to the byways.
The peasantry prospered in Israel, they grew fat on plunder, because you arose, Deborah, arose as a mother in Israel.
When new gods were chosen, then war was in the gates.
Was shield or spear to be seen among forty thousand in Israel?
My heart goes out to the commanders of Israel who offered themselves willingly among the people.
Bless the Lord.

'Tell of it, you who ride on white donkeys, you who sit on rich carpets, and you who walk by the way.
To the sound of musicians at the watering-places, there they repeat the triumphs of the Lord, the triumphs of his peasantry in Israel.

'Then down to the gates marched the people of the Lord.

ReaderThe Word of the Lord.PeopleThanks be to God.

A Song of Praise Said in unison

Glory to you, Lord God of our fathers; * you are worthy of praise; glory to you. Glory to you for the radiance of your holy Name; * we will praise you and highly exalt you for ever.

Glory to you in the splendor of your temple; * on the throne of your majesty, glory to you. Glory to you, seated between the Cherubim; * we will praise you and highly exalt you for ever.

Glory to you, beholding the depths; * in the high vault of heaven, glory to you. Glory to you, Father, Son, and Holy Spirit; * we will praise you and highly exalt you for ever.

ever.

'Awake, awake, Deborah! Awake, awake, utter a song! Arise, Barak, lead away your captives, O son of Abinoam. Then down marched the remnant of the noble; the people of the Lord marched down for him against the mighty. From Ephraim they set out into the valley, following you, Benjamin, with your kin; from Machir marched down the commanders, and from Zebulun those who bear the marshal's staff; the chiefs of Issachar came with Deborah, and Issachar faithful to Barak; into the valley they rushed out at his heels. Among the clans of Reuben there were great searchings of heart. Why did you tarry among the sheepfolds, to hear the piping for the flocks? Among the clans of Reuben there were great searchings of heart. Gilead stayed beyond the Jordan; and Dan, why did he abide with the ships? Asher sat still at the coast of the sea, settling down by his landings. Zebulun is a people that scorned death; Naphtali too, on the heights of the field.'



Second Lesson

Matthew 28:1-10

After the sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary went to see the tomb. And suddenly there was a great earthquake; for an angel of the Lord, descending from heaven, came and rolled back the stone and sat on it. His appearance was like lightning, and his clothing white as snow. For fear of him the guards shook and became like dead men. But the angel said to the women, 'Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here; for he has been raised,

Reader	The Word of the Lord.
People	Thanks be to God.

A Song to the Lamb Said in unison

Splendor and honor and kingly power * are yours by right, O Lord our God,
For you created everything that is, * and by your will they were created and have their being;
And yours by right, O Lamb that was slain, * for with your blood you have redeemed for God,
From every family, language, people, and nation, * a kingdom of priests to serve our God.
And so, to him who sits upon the throne, * and to Christ the Lamb,
Be worship and praise, dominion and splendor, * for ever and for evermore.

The Apostles' Creed

Officiant and People

I believe in God, the Father almighty, creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

as he said. Come, see the place where he lay. Then go quickly and tell his disciples, "He has been raised from the dead, and indeed he is going ahead of you to Galilee; there you will see him." This is my message for you.' So they left the tomb quickly with fear and great joy, and ran to tell his disciples. Suddenly Jesus met them and said, 'Greetings!' And they came to him, took hold of his feet, and worshipped him. Then Jesus said to them, 'Do not be afraid; go and tell my brothers to go to Galilee; there they will see me.' I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers

Officiant	The Lord be with you.
People	And also with you.
Officiant	Let us pray.

Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Suffrages A

- V. Show us your mercy, O Lord;
- R. And grant us your salvation.
- V. Clothe your ministers with righteousness;
- R. Let your people sing with joy.
- V. Give peace, O Lord, in all the world;
- **R.** For only in you can we live in safety.
- V. Lord, keep this nation under your care;
- R. And guide us in the way of justice and truth.
- V. Let your way be known upon earth;
- **R.** Your saving health among all nations.
- V. Let not the needy, O Lord, be forgotten;
- **R.** Nor the hope of the poor be taken away.
- V. Create in us clean hearts, O God;
- R. And sustain us with your Holy Spirit.



The Collects

Prayed by Officiant

The Collect of the Day (Proper 12)

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

A Collect to Commemorate Samuel Ferguson, Missionary Bishop for West Africa, 1916

Almighty God, who raised up your servant Samuel Ferguson and inspired in him a missionary vision of your Church in education and ministry: Stir up in us through his example a zeal for a Church, alive with your Holy Word, reaching forth in love and service to all; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. *Amen.*

A Prayer attributed to St. Francis

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. *Amen.*

We pray for our brothers and sisters in Christ, and particularly those throughout the Anglican communion, remembering today especially:

The Diocese of the Horn of Africa (Alexandria)

The Rt Revd Martin Gordon Reakes-Williams, Bishop; and The Diocese of Hpa-an (Myanmar) The Rt Revd Saw Mark Maung Doe, Bishop. We pray also for our Diocese of Southeast Florida and our Bishop, The Rt Revd Peter Eaton; and the Episcopal Church, The Most Revd Michael B. Curry, Presiding Bishop and Primate.

A Prayer for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

We pray for our own parish family, and those dear to them, remembering today especially: Carolyn, Mary Ella, Bob and Beth, Keely and Ricardo and Sabrina, Don, Peter and Mirabelle, and Margie.

We pray also today for ministries of current activity, remembering especially: Back-to-School supply drive, that the children of the Warfield School may begin the school year with the school supplies necessary for them to learn and thrive; and Young Families Sunday Lunch at Carlin Park, that pre-K through fifth grade members, and

their families, may have an occasion of fun and fellowship.

Good Shepherd Parish Prayer

Almighty and everlasting God, make our parish of Good Shepherd truly a community of prayer and belonging. Raise up in our midst the resources and leadership which will enable us to act upon what you would have us do, in this place and in a ministry of love and concern for others. *Open my mind and heart to discern what you would have me do;* through Jesus Christ our Lord. *Amen.*

At this time, we invite your prayers of petition, intercession and thanksgiving, either shared with all or held in the silence of your hearts.



A Prayer of St. Chrysostom

Prayed by Officiant

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

OfficiantLet us bless the Lord.PeopleThanks be to God.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen. Romans* 15:13

