



GOOD SHEPHERD

EPISCOPAL CHURCH & SCHOOL

TEQUESTA, FLORIDA

Good Shepherd Food Pantry is collecting non-perishable items on Tuesdays and Thursdays from noon - 2:00pm. An attendant will accept the items. Please do not leave bags in the parking lot. Thank you for your support of this vital ministry!!

Shopping List

Canned meat (tuna, ham, chicken, etc.)
Canned pasta meals
Soups (canned, boxed, instant, etc.)
Beans (canned, dried)
Baked beans
Canned vegetables
Pasta sauces
Pasta
Rice
Cereal
Oatmeal
Instant oatmeal
Crackers
Snacks
Meal supplement shakes
Canned fruit
Dried Fruit (raisins, cranberry, apricot, etc)
Fruit cup and applesauce
Peanut butter
Jelly