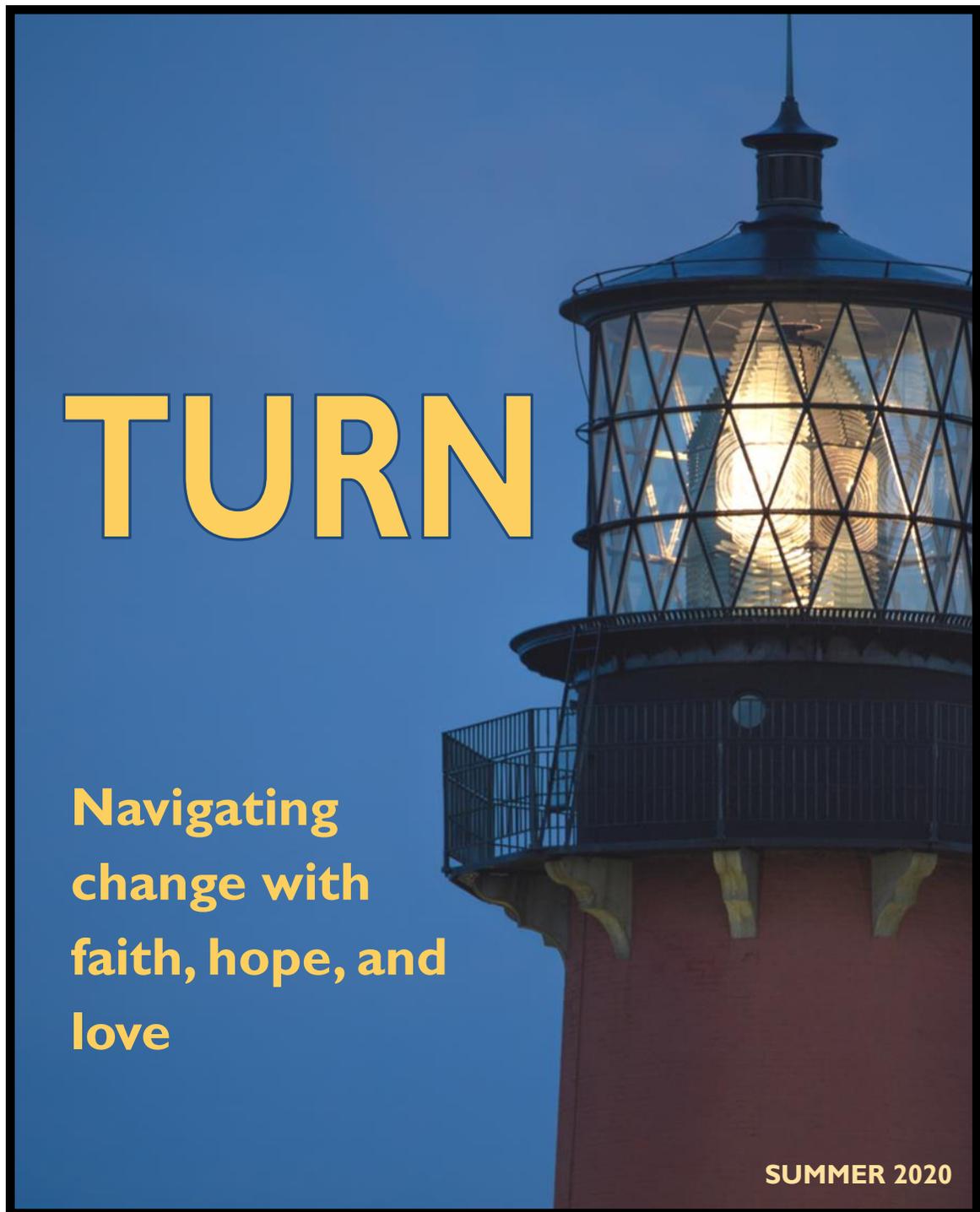


Tidings

Good Shepherd Episcopal Church and School, Tequesta, FL



TURN

**Navigating
change with
faith, hope, and
love**

SUMMER 2020

We exist to be a beacon of faith, hope, and love!



GOOD SHEPHERD

EPISCOPAL CHURCH & SCHOOL

GOOD SHEPHERD EPISCOPAL CHURCH

400 Seabrook Road, Tequesta FL 33469
www.goodsheponline.org
561-746-4674

GOOD SHEPHERD EPISCOPAL SCHOOL

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GOOD SHEPHERD VESTRY 2020

Kevin Johnson, *Senior Warden*
Tracy Smith, *Junior Warden*
Mike Greene, *Treasurer*
Gwen Gouery, *Clerk*
Bill Unger, Irina Cole, Denise Preston,
Rob Taylor, Kathy Hawken, Steve Pollard,
Mark Chittum, Heather Graham, Matt Ulman



All together now. Youth Group looks a little different these days, but we're still getting some face time via Zoom. In the absence of in-person ministry we have quickly turned to technology to connect not only youth, but groups of any age, for study, support, and worship. So, unmute your mic and join us!

WELCOME! In May and June of 2020 we are temporarily not meeting on church property, but we have a variety of digital content and ministry opportunities for you to try out. Get to know us online and, eventually, join us in person!

BAPTISMS are generally administered on Easter Eve, Pentecost, All Saints' Sunday and the first Sunday after Epiphany. Pre-baptism classes are scheduled and held seasonally. A person of any age may receive the sacrament of Holy Baptism. The application form for baptismal candidates is available online under the WORSHIP tab. **Next Baptism Date: All Saints' Day, November 1, 2020, at 10:00 a.m.**

THE SACRAMENT OF MARRIAGE requires a minimum of 90 days notice to our office and requires premarital counseling. An initial conference with the clergy should be scheduled by the couple to review the process and any special circumstances before commitments may be made. Please contact Jo Wood to schedule. jwood@goodsheponline.org

FUNERAL OR MEMORIAL SERVICES for communicants of the parish are customarily held in the church and may include the celebration of the Holy Eucharist. During social distancing, special accommodations may be made.

To **TRANSFER YOUR CHURCH MEMBERSHIP** to Good Shepherd, please contact Paula in the office to initiate a transfer. mail@goodsheponline.org

NEW TO GOOD SHEPHERD? Please let us know you're here! Contact Jo Wood, our Director of Hospitality at jwood@goodsheponline.org or call the office at 561-746-4674. You can request information or let us know if you would like to be added to our mailing list.

COVER IMAGE

"I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." Christians are guided by Jesus' words just as mariners are guided by beacons of light that mark dangerous shoals or safe inlets. During uncertainty and difficulty we can take comfort in Jesus' invitation to follow the Light. And, guided by mission, we can turn to shine our own light into the world.

Jupiter Inlet Lighthouse
Photo credit: Kim Seng (with permission)



The background of the cover is a photograph of a church building with a large circular window containing a cross. In the foreground, there are lush green plants with pink and white flowers. A semi-transparent white box on the right side contains the title and table of contents.

Tidings

SUMMER 2020

- 2 Rector's Message
- 3 Producing Music *In Concert*
- 4 TURN: A Spiritual Practice
- 6 School Notes
- 8 Youth and Family Ministry
- 9 Ministry Showcase: Common Thread
- 10 Outreach & Missions: Serving with Creativity
- 12 What is Spiritual Communion
- 13 Congratulations, Graduates!
- 14 Pennies For Heaven: Turning to Tech
- 16 Giving Team Defines Generosity
- 17 Financials

OUR VISION

We are called to be a vibrant spiritual and educational community resource, radiating God's love for everyone, everywhere!

Tidings is the quarterly newsletter of Good Shepherd Episcopal Church and School. If you do not wish to receive a copy in the mail, please notify the office at mail@goodsheponline.org or 561-746-4674. Please see submission guidelines at www.goodsheponline.org. *Tidings* is produced in-house and edited by Merike Seely. Photo credit Merike Seely unless otherwise indicated.

The Episcopal Church of the Good Shepherd, Tequesta is a 501(c)(3) organization.

*"Whenever I am afraid,
I will put my trust in you."*

- Psalm 56:3

A Word from the Rector

When we published the Spring edition of *Tidings* in early March, none of us could have anticipated the dramatic changes that were coming our way. Since that time, almost every facet of our lives has been impacted by the COVID-19 pandemic. Our children have been engaged in distance learning, many of us have been working from home, and virtual worship services have become the norm for churches across the country. Many people are now beginning to talk about a “new normal.” Even as businesses and restaurants begin to reopen, our typical patterns of behavior and interaction with one another continue to be affected in significant ways.



Of course, when this pandemic eventually subsides, we certainly hope that many of our routines will return to some semblance of normalcy. We look forward to the day when our children will be back in their classrooms and our church doors open for worshippers to gather. However, as we look to the other side of this crisis, there are some questions we should ask ourselves. For example, are there things we have learned during this time that we need to hold to? Have we discovered new ways of being the church that need to become a permanent part of our life together?

Without a doubt, the events of the past several months have caused us to reorient our lives, to *turn* our attention and resources in new directions. We have been navigating through uncharted waters. We have been searching for meaning and purpose in the midst of uncertainty and change. So, throughout this edition of *Tidings*, we will be reflecting on what it means for us to *turn* during these unprecedented times. To *turn* toward light in the midst of darkness. To *turn* toward hope in the midst of despair. To *turn* toward God’s presence where we discover true peace. To *turn* toward the world where we are called to radiate God’s unconditional love, for everyone, everywhere!

In Christ,

A handwritten signature in cursive script that reads "Doug +". The signature is written in a dark ink on a white background.

WORSHIP

Producing Music **In** Concert

(When no one is in the same zip code)

It can be said, for many things in life, that timing is everything. From serendipitous encounters to real estate transactions and, yes, even church music during a pandemic, it's all about timing.

Since March, we have adapted our methods to allow distant voices and music to come together through care, expertise, and technology. To enhance our worship services and liturgical experiences, our Quartet has worked diligently with Music Director, Timm Johnson-Reynolds and others, including youth, to elevate the worship experience for the changing liturgical seasons.

Debbie White and Timm often record music in the sanctuary while Paul and Lydia Schweizer record miles away in their home. Meanwhile, Ian Anderson is singing in his kitchen (which he probably does even when he's not recording), and all of those pieces are then precisely layered and mastered by Paul. Timing is everything. The final track is then sent off to Erik Pariseleti, who artfully weaves music and imagery into the context of the service.

Other musicians and singers contribute to transitions and introductions or offer thematic music. Pete Seely and Erik Pariseleti provide guitar accompaniment or backgrounds. Our Youth Sunday featured the voices of our younger parishioners, including Sophie Riddle, Reed Wolfrom, and Catherine Ruple. Every second counts in these seamless integrations.

We were forced to take this turn to digital content very quickly, but quality was not sacrificed. Liturgical music elevates worship for many and until it is safe to be together we can continue to appreciate the talent and effort of our committed and very remote music team.



Lydia and Paul Schweizer

SCHWEIZER



Ian Anderson



Pete Seely

ANDERSON



Timm Johnson-Reynolds



Debbie White



TURN: A Spiritual Practice

“To everything there is a season, and a time to every purpose under the heaven.”

By The Rev. Dr. Douglas F. Scharf

These words from the biblical book of Ecclesiastes were immortalized by the American rock band, *The Byrds*, in 1965. The lyrics of their hit song were lifted almost verbatim from the ancient biblical text with one addition – the title phrase, *Turn, turn, turn*. For Peter Seeger, who composed the original lyrics, the song was about change and the need for significant transition in our culture and the world. The repetition of the word *turn* evokes the unceasing rotation of the earth and the predictable *turning* of the



seasons of the year. However, the song is also a reminder that each new season requires each of us to *turn*, to reorient our lives to a new reality.

The last several months have been full of uncertainty and change. Within just a few short weeks, almost every facet of our lives was impacted by the COVID-19 pandemic. As days turned into weeks and then months, we adapted to new ways of engaging with our world. Restaurants developed creative ways to expedite curb-side pick-up. Grocery stores implemented one-way traffic patterns to ensure social distancing. Health care providers increased the number of “virtual visits” and “online consultations.” And, of course, churches scrambled to design new websites and online resources in order to create virtual communities for worship and fellowship. During this season of change, we have all been required to *turn*, to reorient our lives to a new reality.

However, many of us believe that the *turning* and *reorientation* that we have been experiencing goes far deeper than our external habits and daily routines. There is a spiritual *turning* that we are called to practice in our lives. As our Presiding Bishop has observed, “If we listen closely, there is a spirit calling us to come back to

ourselves, back to our purpose, back to something more meaningful.” During this time of pandemic, I have heard countless stories of individuals and families discovering “something more meaningful” in their lives. As the turning of the world seemed to slow down, there have been opportunities to reorient our lives toward the things that really matter, and to rediscover a sense of meaning and purpose. In short, this season has been a time of spiritual *turning*.

“God is calling us...to turn toward new ways of being the church in the world.”

The spiritual practice of *turning* has two parts. The first is the act of **turning away**. We are called to *turn away* from the powers of sin, hatred, fear, injustice, and oppression. This calling requires us to say “no” to “the evil powers of this world, which corrupt and destroy the creatures of God” (BCP 302). The second part of

this spiritual practice is the act of **turning toward**. We are called to *turn toward* the way of truth, love, hope, justice, and freedom. This calling requires us to *turn* to Jesus as our light – to say “yes” to Jesus and “put our whole trust in his grace and love” (BCP 302).

The spiritual practice of *turning* is a daily decision to *turn away* from the darkness of this world and *toward* the light of Jesus Christ. But there is one more element of this spiritual practice

that I have come to discover more clearly during this pandemic and that is the act of **turning around**. Sometimes we find that we have chosen the wrong road, that we are heading in the wrong direction. In those times, the only thing to do is *turn around*. Christian author and apologist C.S. Lewis put it this way: “Progress means getting nearer to the place you want to be. And if you have taken a wrong turn, then to go forward does not get you any nearer. If you are on the wrong road, progress means

turning around and walking back to the right road.”

To everything there is a season. *Turn, turn, turn*. We are in the midst of a season of significant change. God is calling us to *turn away* from patterns and behaviors that no longer give life and to *turn toward* new ways of being the church in the world. At times, this may mean we need to completely *turn around* in order to find our way back to the right road.

As we consider the spiritual practice of *turning*, I commend to you the following devotional process that you can use in your own quiet time with God.

PAUSE

Take time for silence. Only in the stillness of being with God are we able to quiet our hearts and minds. The spiritual practice of turning is only possible when we slow down enough to reorient our lives – to assess where we are and where God is calling us to grow and change.

LISTEN

When we are quiet, we can more clearly hear God’s voice. We are able to be attentive to the voice of Jesus who calls us each by name. What are you being called to turn away from? What are you being called to turn toward? Is your life in need of a spiritual U-turn?

CHOOSE

Discerning which path to follow is only possible after we have slowed down and opened our hearts to the voice of Jesus. But once we have listened, we must choose to follow Jesus, to turn our lives outward in witness of God’s unconditional love and amazing grace.





Good Shepherd School Notes

Dear Good Shepherd Community of Friends,

We were asked to consider the theme of “Turn” or “Orientation” in our communication for this issue of Tidings. I pondered the relevance of this as it relates to our School. As I sat down to write my thoughts both retrospectively and impending, “Turn“ implies a deviation to the route or an altering of the course. To me, the last two months and the next two are more of an “about-face”. The figurative definition of “about-face” is a complete and sudden change in position and describes the new educational frontier in which we find ourselves.

In March, on Friday the 13th, school as we knew it ended and Distance Learning began. We had one week to provide professional development to our staff on Distance Learning. Forced to use Distance Learning as the modality of instruction, we sought the expertise of a seasoned online teacher and worked long 10 hour days to get everything up and running. Much appreciation is extended to Michael Link and Peter Allen for meeting the technology needs and to the staff for their unending desire to make this new format a successful reality.

Bishop Eaton then closed all Church and School campuses placing everyone on a “work from home” status. Zoom and social distancing became the new way of life and there was a time of grieving for what we had lost. This “about-face” from our normal daily routine and warm, loving environment was a difficult adjustment.



The pandemic may have changed the way we educate, but our heartfelt love and commitment to our students, families, and staff remains constant.

Now we are faced with planning for an unknown future. We have investigated a multitude of scenarios and have reduced the many options down to two; all on campus and the continuation of distance learning. Furniture has been moved about and Resource Rooms have been converted to classrooms. Students in large classes have been divided into two rooms. This will meet the maximum group size directives, while also allowing for social distancing. A Covid-Task Force has been created to make necessary recommendations for all daily school procedures; such as arrival, dismissal, health checks, requirement of masks, etc. Good Shepherd will certainly look different for a while in order to meet all guidelines of the Center for Disease Control, the State of Florida, Palm Beach Health Department and Florida Council of Independent Schools.

Our expectation is to open in August as previously scheduled and allow parents preferring to keep their children at home, a Distance Learning option. The entire Good Shepherd Community of teachers, administrators, parents and students have been working together with the Board of Trustees in a symbiotic dance of respect and gratitude. On the positive side, this world-wide crisis has brought an appreciation for a very special place - Good Shepherd Episcopal School. These months have given new meaning to our School’s Mission. We now find ourselves redefining education as “turning with a constant orientation on excellence while doing an about-face!”

Closing with love and prayer,
Rosemary Marshall

Good Shepherd Church and School is represented twice for William T. Dwyer Award for Excellence in Education

The Good Shepherd Community was honored to see Pre K 4 teacher, Molly Daniels and Palm Beach School District teacher, Sandra English, chosen as one of the four finalists in the Early Childhood, and Special Program Category, respectively, for the William T. Dwyer Award for Excellence in Education. Congratulations to Sandy for being chosen as the winner of the award in her category! Since the Dwyer Family children attended Good Shepherd Episcopal School, the recognition is even more special for these two women who are an integral part of the Good Shepherd Community.



Molly Daniels



Sandra English



WOOD

2020 academic year-end marks commencement for Margie Sawyer

Graduation Day for the 5th Grade class at Good Shepherd School also was a day of congratulations and recognition for Margie Sawyer, long-term teacher and Assistant Head of School.

Margie has passed on the love of learning to students at our school for the past 27 years — since its opening. We wish Margie blessings and happiness as she embarks on this new “after school” phase. Congratulations, Margie!

Good Shepherd School 5th Grade: Congratulations!

On May 27, the formal graduation ceremony that usually takes place in the church was modified for safety during this time of pandemic. At the first ever drive-up graduation ceremony, the class of 11 was recognized with Fr. Doug and school Administration present, outdoors, and with the school building as a backdrop. We wish each one of our rising sixth graders success in their new schools and in life. This beach scene was taken earlier this year.

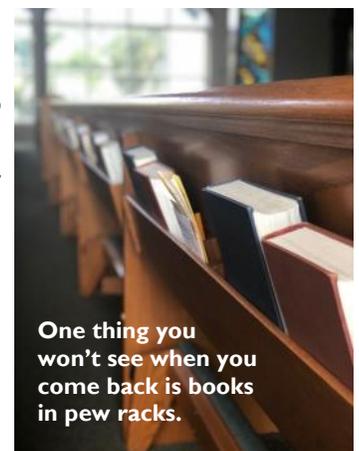


CSES

We are planning our return to Church

Bishop Eaton has given parishes specific guidelines on navigating the return to our buildings and to ministry. We have formed a seven-member committee to ensure that these guidelines are met. Fr. Doug, our wardens, Kevin Johnson and Tracy Smith, security liaison Dan Gilbert, Vestry member and school liaison Kathy Hawken, Facilities Director, Jo Wood, and Parish Administrator, Merike Seely meet weekly to develop the timeline and ensure compliance with health and safety requirements.

One of the most important things to note is that these plans are all fluid and very changeable as conditions change. This is a process, and we ask for your cooperation and understanding as we work together to get it right. So, until we see each other in person, wear your mask and wash your hands! You can read the 32-page document from the Diocese by visiting our website.



One thing you won't see when you come back is books in pew racks.

GROW

YOUTH and FAMILY

A Peculiar Pilgrimage

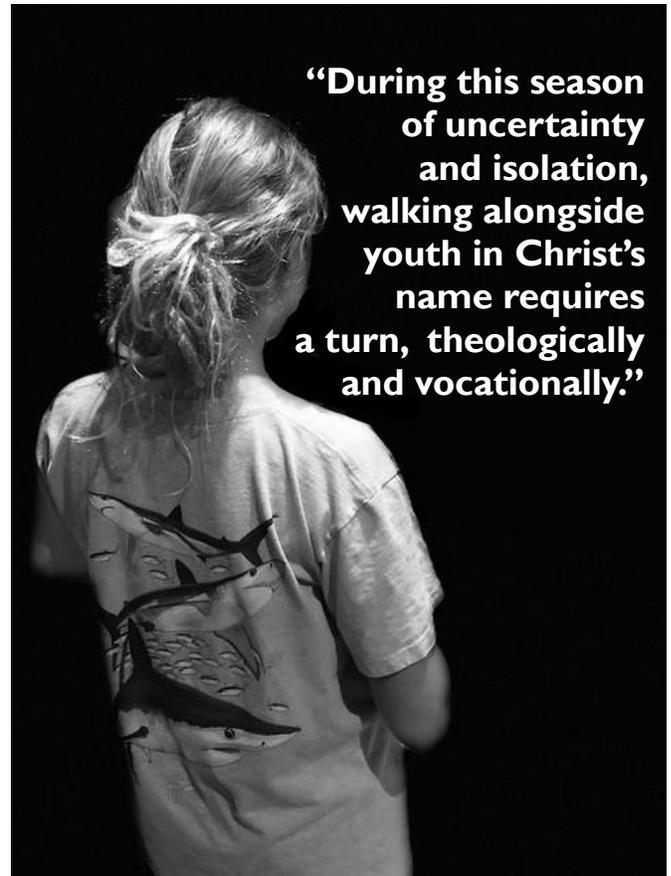
By David Dixon, Youth & Family Minister

What we do as youth leaders, whether lay or seminary graduate, is essentially about navigating the sacred connection between God and humans.

During this disruptive time of COVID-19 and the need to connect and stay connected with parishioners and young people in new and creative ways via technology has been a daunting task for many. Some of my peers who serve at various locations in youth ministry have had a difficult time taking their youth program that was in place on a weekly basis to a virtual space. When we view the youth at church as a separate and distinct group, “youth group” we place limitations on what we can do based on that concept and “youth group” just doesn’t translate in a virtual setting that well. It has been disconcerting in some ways, but it has provoked a sense of discovery as well. A turn toward discovering what may have been the case all along—the need to turn from a modern formula of youth ministry that assumes what youth need as opposed to discovering what the current needs and concerns are.

I have attempted to conceptualize the past several weeks of quarantine as a kind of peculiar pilgrimage. A pilgrimage that is not centered around visiting historically significant locations but about re-visioning the way youth ministry is conceived. COVID-19 has given all of us some much-needed time to reflect on what we do, how we do it and why we do it. It has been both a disruptive time, as well as, a time of innovation.

During this season of uncertainty and isolation I have given much thought about the work I do in terms of youth specific ministry less as a church job and more as a holy vocation, a life-long journey. That is, what if I viewed youth ministry less as a place to groom future church members and rather as a missionary activity that translates Christian faith for new contexts and new generations of disciples. Maybe it is less about filling teenagers with moral information than walking alongside youth in Christ’s name. This requires a turn, theologically and vocationally.



“During this season of uncertainty and isolation, walking alongside youth in Christ’s name requires a turn, theologically and vocationally.”

Anthropologists have noted for years that the health of a community can be assessed by the well-being of its children. That being the case, Christian communities may have cause for concern when considered in the light of the continued hemorrhaging of young people from our churches.

Yet...and there is always a yet, the potential of young people is promising. If youth tend to be the barometers of their communities’ health, then replenishing young people’s theological water supply could have the effect of bringing water to a thirsty church. Youth acts as the church’s “research and development” department, an unofficial laboratory where youth and adults alike try to figure out new ways of being the church for our surrounding cultures.

Where is God in the story? Where is youth in the story? When it comes to ministry in general but youth ministry in particular, where is the faith community’s mindset regarding risk response, input and existential vision? Are we hopeful or

fearful? Are we open to input or closed? Are we mission-lead or merely surviving? And what about our relationships? How is the health of our connectivity and bonds? Are we isolated or interwoven? Do we tend to be suspicious or trusting? These areas of our community culture have direct influence and impact on whether we can be candidates for innovation or whether we are candidates for mediocrity.

Remember that song “Turn! Turn! Turn!”? Here’s a phrase, “To everything (turn, turn, turn), There is a season (turn, turn, turn), And a time to every purpose under heaven. Maybe that is what we each get out of this season of isolation amid a pandemic, the opportunity to turn.

You can access children’s resources at GoodShepVirtual.org, our digital content site. To see services like Youth Sunday, visit the Youth & Family page and click on the YouTube link.



SCHWEIZER

During this isolation period, knitters, crocheters, and seamstresses have been busy with their God given talents for transforming fibers into functional items. These are the shawls, hats, scarves, blankets, and now, masks that provide comfort, warmth, and protection to those who use them.

Good Shepherd has a long history of handcraft ministries . The Crafty Ladies, which started decades ago, was coordinated for years by Priscilla Marshall. Marion Downing has been instrumental in the continuation of the Seafarers’ Ministry for mariners in need of warm garments as they pass through our ports and head to northern waters. Peggy Chittum coordinated our Prayer Shawl ministry and worked closely with Pastoral Care to ensure people were reminded that they are loved and prayed for even when they’re sick or alone. Karen Rupar has, most recently, coordinated the sewing of emergency face masks for protection during the pandemic. To date, over 400 masks have been and distributed to community partners and individuals who need them.

Lydia Schweizer now works to create and coordinate the production and distribution of shawls that have been blessed by Fr. Doug. These shawls or lap blankets are for anyone going through a difficult time and even now, while the office is closed, you can schedule a pick up for a friend or two who need to be wrapped in prayer. Lydia has prepared a comprehensive and enthusiastic guide to all things handcrafted and we encourage you to check it out on our website. There are many opportunities for participation for all ages. Your support of these ministries is as important as ever.

Read the full article on needlework ministries at GoodShepOnline.org.

- Emergency Face Mask Ministry (non-surgical grade face coverings)
- Prayer Shawl Ministry (Knitted or crocheted shawls and blankets)
- Seafarers’ Ministry (Knitted hats and scarves)
- Project Linus (no-sew blankets)
- And more!

Need more information? Contact Lydia at 937-231-8590

Take this time of staying home to connect your life to another with a thread.

[Read the full article at GoodShepOnline.org](http://GoodShepOnline.org)



Outreach & Missions: Serving with creativity in a time of pandemic

By Marilyn Lawrence



Fr. Ward of St. Peter's and St. Anne's parishes on Green Turtle Cay, Bahamas, with the truck to help with rebuilding after the devastation of Hurricane Dorian

WARD

through the church and school, and made the information available through 211 and through the Tequesta website. We were concerned about having enough supplies to meet the need, but the response from our community has been amazing! Donors from our parish and from the wider community began arriving during those hours when we were open, bringing the needed supplies. Some people cleaned out their pantries; some went shopping for specific items that they knew we needed. One family, the Ullman's, put the kids to work! The children made flyers that they distributed to their neighbors, then they went around with their little red wagon and collected donations. It was a proud family that showed up at Good Shepherd to deliver their supplies!

When **St. George's Mission** in Riviera Beach suspended volunteer activity, we could no longer send our monthly team to prepare a hot dinner for the homeless clients. Instead, clients currently come once at mid-day to get a meal prepared by the staff. We adapted. We took the funds that would normally be used to purchase food for the meals we prepare, and instead are using those funds to purchase the supplies needed by the staff for the meals they prepare.

When the Jupiter Medical Center Auxiliary Thrift Shop on Center Street had to suspend its activity, they were left with a supply of **Manna Bags** that our Good Shepherd volunteers had prepared for the homeless who seek assistance there. Under the leadership of Denise Preston, we retrieved the

Turning from the old ways to the new brings out the God-given creativity in all of us. The coronavirus pandemic didn't stop our Outreach & Mission activities, it just redirected them. We have found new ways of being the Church.

Thanks to the generosity of our Good Shepherd family, our **Lenten Collection for the Bahamas** exceeded expectations! When the church building closed down on March 13th, the people of the church opened up. Donations came in online and by mail for the Lenten aid project. We had a goal of \$10,000 for a truck for St. Peter's and St. Anne's Parishes on Green Turtle Cay and N. Abaco—parishes heavily damaged by Hurricane Dorian. We raised \$15,140 plus we

received a donation from another source of \$4,000, bringing our total to \$19,140—approaching double our initial goal. The Bahamas are still closed down at this writing, but we have wired a check to Fr. Ward for a truck, and we have a mission team assembled and hoping to go to the islands by mid-August.

Our **Food Pantry** presented a dilemma: When our church office closed its doors, the families who normally come to the office for food assistance were unable to get the help they needed. Working with church staff, and with the approval of our Bishop, we were able to open the pantry on a limited basis two afternoons per week. We called our regular clients to let them know, spread the word

CONNECT

Bags, assembled more, and took them to St. George's Mission to distribute to the homeless there.

When we all went on lock-down, CROS ministries temporarily suspended gleaning, and we had to cancel a planned April **gleaning** event. CROS has now resumed gleaning, under very strict guidelines: participants must be between the ages of 18-65, and the size of the groups are strictly limited. Thanks to our gleaning coordinator, Beverley Cunningham, instead of ONE planned gleaning event, we are now sending small teams every week to pick vegetables for the CROS food pantries.

What have these adaptations, these **URNS**, taught us, and what will they mean going forward? They've taught us that there are **MANY** other ways to serve the needs of our community. When we could not be together physically, we had to reach out – through technology, through social media – and in the process we have reached many people who didn't know about us before. People who never knew we were here have come to us for food assistance, or have brought donations for our pantry. We have found a new outlet for our Manna Bags, and that ministry may well expand. We have established closer cooperative relationships with service organizations such as CROS Ministries and El Sol, which will serve us and our community well in the future.

In the near future, we anticipate that church and school will be back in business, probably with some new procedures in place. This summer, we will launch our annual "Back to School" collection for the **Warfield School**. We anticipate that the school may well have urgent needs that extend far beyond the usual back packs and pencils; they may well need cleaning supplies, or clothing, or more books that the children can read at home. As we move forward into uncharted territories, we repeat the words of our parish prayer: "Raise up in our midst the resources and leadership which will enable us to act upon what you would have us do." And as we **TURN**, we pray to act always in a spirit of Faith, Hope, and Love.

For information about the **Outreach & Missions Committee** at Good Shepherd, please contact **Marilyn Lawrence** at marilaw@msn.com



Good Shepherd's Food Pantry Team can be found masked and ready to serve on Tuesdays and Thursdays from noon to 2:00 p.m. One of the few campus uses allowed by diocesan guidelines during the pandemic, food pantry distribution is deemed essential. We thank our faithful pantry volunteers Mike Grashof, Marilyn Lawrence, and Frank Ciatto for supporting this vital ministry.

GriefShare Support during the pandemic

GriefShare is a program of focused group discussion and personal study for those who have experienced significant loss. Our team of facilitators at Good Shepherd warmly welcomes anyone in need of support. We have been meeting via Zoom since the closure of our campus and despite some initial awkwardness with this new way of communicating, participants have been comforted by a real sense of God's presence through this ministry.

Anyone who has experienced loss is encouraged to join the group or extend the invitation to someone you know. You don't have to go through this alone. Please contact the program registrar, Beverley, for information at 561-339-4750.

What is Spiritual Communion?

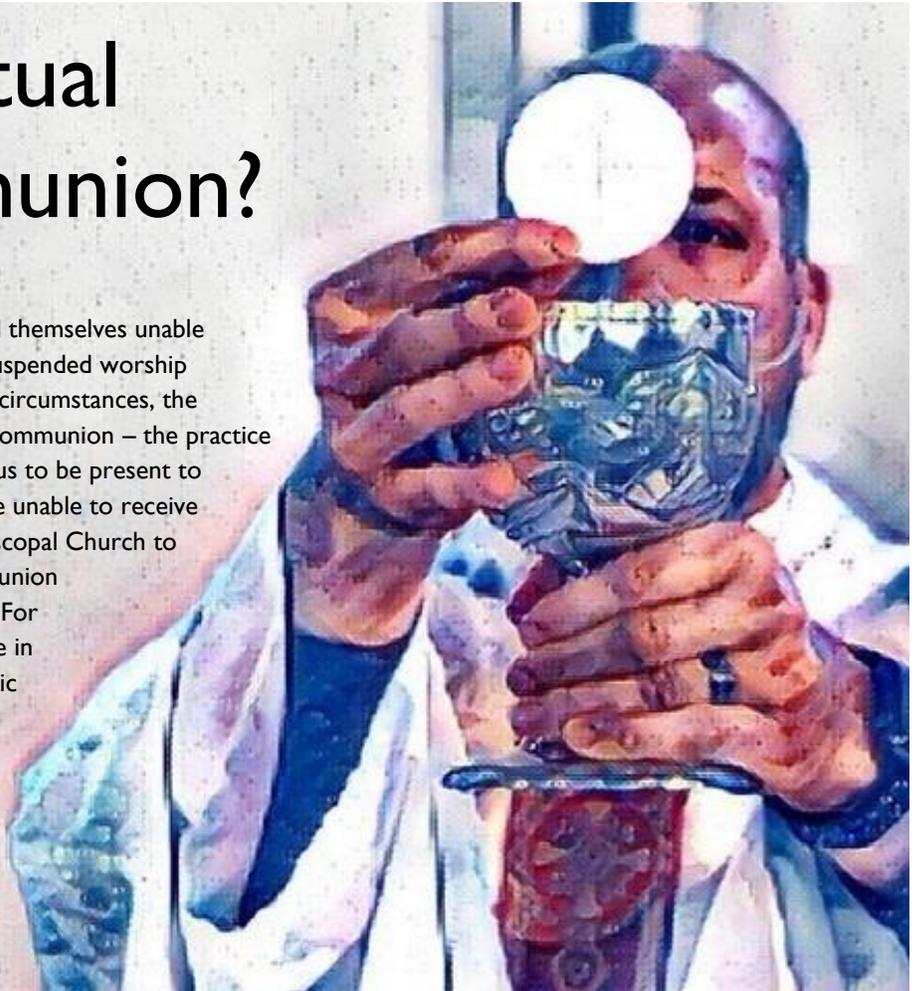
By The Rev. Dr. Douglas F. Scharf

During these challenging times, many people find themselves unable to receive Holy Communion physically due to suspended worship gatherings. In the midst of these unprecedented circumstances, the church has relied upon the practice of spiritual communion – the practice of meditating upon the sacrament and asking Jesus to be present to you as he is in the sacrament, even while you are unable to receive it. It has been a long-standing practice in the Episcopal Church to offer a means for people to receive Holy Communion spiritually when it cannot be received physically. For example, in the Ministration with the Sick service in the Book of Common Prayer, the following rubric is given:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.
(BCP 457)

Also, the *Anglican Prayer Book for the Armed Forces* has historically provided a form for spiritual communion to be used by members of the military when they are unable to attend worship and receive the physical Bread and Wine. When we gather for our Virtual Worship services on Sunday morning, the Celebrant receives the bread and wine *on behalf of the whole community*. Each individual then prays to receive the grace of the sacrament into their lives *spiritually*. The following prayer can be used as part of *spiritual communion*.

Dear Jesus, I believe that you are truly present in the Holy Sacrament. I love you above all things, and I desire to possess you within my soul. And since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself to you, together with all your faithful people [gathered around every altar of your Church], and I embrace you with all the affections of my soul. Never permit me to be separated from you. Amen

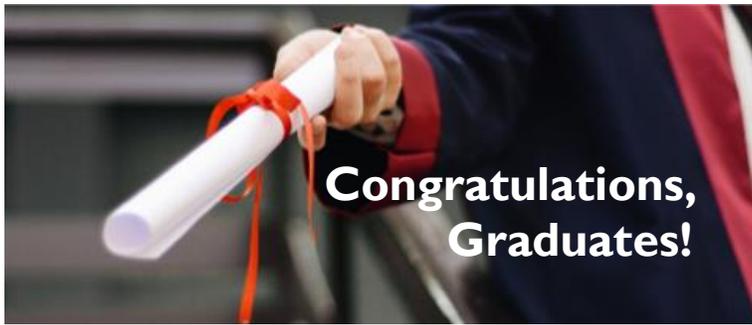


Holy Baptism

Sunday, November 1, at 10:00 a.m.

A Service of Baptism will be offered on All Saints' Day for anyone who wishes to publically affirm the Baptismal covenant. People of any age may receive the sacrament of Holy Baptism.

For those who will be Baptized, a preparation class will be held in the fall with Fr. Doug. The date has not been set, but we will keep the parish notified of the scheduling. Please visit the Baptism page under the Worship tab of our website GoodShepOnline.org for an application for Holy Baptism. Please email completed applications to mail@goodsheponline.org.



The class of 2020 has been turned upside-down in a way—instead of going out into the world, you're staying in for now. But your hard work and accomplishment has not gone unnoticed. We love you and wish you blessings for success and happiness in everything you do.

HIGH SCHOOL

Kate Aydlette, daughter of Larry and Marcia Aydlette, graduated from The Pine School and will attend Palm Beach State College

Jeremiah Endler, grandson of Sue Endler-Kirby, graduated from Farmington High School, Farmington, CT, and will attend Villanova

Katie Kendrick, daughter of Keith and Cyndi Kendrick, and granddaughter of Jim and Jerre Rannie, graduated from Jupiter High School and will attend University of North Florida

Scott Dewey Simeon, grandson of Sally and Doug Barrett, graduated from Simsbury High School in Simsbury, CT

Kylie Rose Watts, granddaughter of Joan Engskow, graduated from Home High School with honors, and will attend University of North Carolina on scholarship to major in Music

Michael Yancey, son of Wendy Yancey, and grandson of Allen and Karen Tiburzi, graduated from The Benjamin School and will attend Cornell College of Engineering in Ithica, NY

COLLEGE

Connor ClenDening, son of Bob and Linda ClenDening, graduated from Temple University with a BA in Economics

Maryn ClenDening, daughter of Bob and Linda ClenDening, graduated from Middle Tennessee State University with a BA in Dance

Elise Howard, daughter of Mike and Alicia Howard, graduated from University of Central Florida with two degrees, a BS in Computer Science (cum laude), and BS in Biology (cum laude). She accepted a position with Amazon, in Seattle, as a software engineer

Samantha McNiff, niece of Akim and Elizabeth Owosina, and granddaughter of Dallas and Pat Shawkey, graduated Rollins College, cum laude, with a BA in Political Science

Kathryn Tower Simeon, granddaughter of Doug and Sally Barrett, graduated from University of Vermont School of Nursing with a BSN



Kate Aydlette



Katie Kendrick



Kylie Rose Watts



Michael Yancey



Elise Howard

Realm: Log on!

Our Realm database is a way to stay connected with the parish and each other right now. Receive invitations or sign up via Realm for ministries like Bible Study, GoodShepConnect and other exciting things in the planning stages.

Please call the office to receive an email link to join Realm! Still unsure? Visit our website to see a brief video on how it works.

GoodShepOnline.org>About>Resources/Links



CONNECT

Pennies For Heaven Turns To Tech For Connection and Ministry

By Beth Long, Shop Manager

When March 15th rolled around and Pennies had to close their doors indefinitely due to an invisible micro-organism taking over the world, I was in denial. I left for spring break with the family, expecting to come home to doors open again and business as usual. But *Pennies for Heaven*, our little thrift shop, where approximately 35 of us had worked so hard to refresh over the in the last 8 months, was completely at a standstill. No more customers, no donations, no volunteers, no laughter, no comradery, no business. All was quiet.

How could we turn this around when everything felt like the rug was pulled out from under us? Immediately I turned to ZOOM so I could see those smiling volunteer faces. Even if it took 2 hours to help someone figure out ZOOM, it was well worth it to see their face! Then we turned to a few “selling apps” to list and post items in the store to bring a little cash in by setting appointments and meeting customers outside the store, face mask and all to keep it safe for everyone. And then slowly people started to turn to *Pennies* with donations, after all, we all had A LOT of time on our hands to clean out those closets, kitchens and garages!

So, as we look towards the summer months and things are starting to take a turn for the better, we can only hope that our doors will open soon and we can turn on the lights and welcome back our customers, friends and parishioners. In the meantime, please bring in your donations (by appointment) and consider helping out at Pennies... turns out behind the scenes is just as rewarding as in front!



LONG

Some jobs are still hands-on. A masked Ned Edwards sorts a substantial donation of golf equipment that came to the shop, which had to be processed to free up space for other essential items like clothing and supplies for people and organizations in need. Our volunteers are limited to one, plus the manager, for only a few hours per week and masks are required.



HOURS

The shop is closed right now but we are accepting donations by appointment. Contact Beth at blong@goodsheponline.org

Ministries & Groups

Since we are not meeting in person yet, we want you to keep our Ministries & Groups in mind in anticipation of the day we open our campus again. Some of these groups are meeting via Zoom. If you would like information about any of them contact the office at mail@goodsheponline.org or call us at 561-746-4674. We pick up messages regularly.

Choir
Daughters of the King (Zoom)
Good Guys
Literary Circle
Manna Bag Ministry
Morning Glory
OWLS (Older, Wiser, Livelier Shepherds)
St. George's Meal Ministry
Weekly 12-Step Groups

Pennies For Heaven (Zoom)
Office Volunteers
Bridge Club
GriefShare (Zoom)
Pastoral Care (Email and Phone)
Youth ConneXion
Family Game Night
Sunday School & Nursery
Courtyard Connection

Jitters Coffee Hour (Zoom—coming soon)
Outreach & Missions
Guided Labyrinth Walks
Bible Study (Zoom)

We know you are really missing our fellowship, but remember...we're doing this because we are called to Love Thy Neighbor. Be safe!

It's not *all* gloom and doom. Good Shepherd has adapted and changed quickly to meet the needs of our parish, and in some ways, this has been

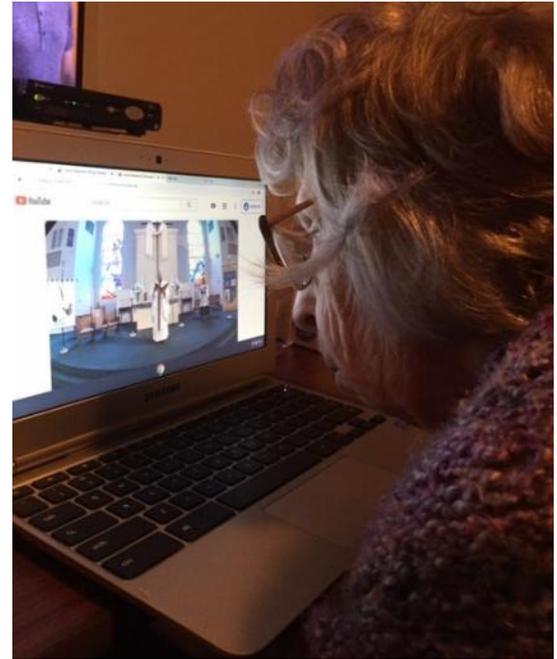
ONE GOOD TURN



Distributing palms on the day before Palm Sunday



LEFT: Jo Wood finishes setting up the altar for Easter. **RIGHT:** Bernie Parker doesn't get to church too often any more, but now she watches online. **BELOW RIGHT:** David Dixon prepares to record the Youth Sunday Service. **BELOW LEFT:** Fr. Doug during the filming of the Eucharist.



PARKER



Preaching to a congregation of one

WOOD



SCHARE



FAR LEFT: Evelyne Bates says thank you for her big birthday drive-by for her 90th. **LEFT:** Fr. Doug looks over his notes before filming a Thursday message.

By the NUMBERS

Here are some of the numbers behind this year's events, services, and activities that reflect the life of this parish through May 2020.

3,436

Page views of our digital content website in May

44

Highest number of participants on a single Zoom meeting in March

\$9,098

Easter Seasonal Offering for 2020 — a 62% increase over last year. Thank you!

14

Bloopers that occurred during the production of online services since April

250

Food Pantry clients served in April and May

401

Non-medical grade face masks sewn and distributed as of May 3

4

People on site at a typical service recording (all distanced, of course)

824

Views of Easter Sunday services on our YouTube channel



Giving Team Defines Generosity at Good Shepherd

Good Shepherd's Giving Team was called together for the purpose of assigning direction and structure to stewardship and how we respond to your gifts of time, talent, and treasure. Much thought was given to crafting a statement that frames an ideal for generosity—an expression of gratitude—that is true to who we are spiritually, as a parish family. Ministry is possible through inspired giving and recognition of gratitude. God works through us in the world.

Generosity Statement

All we are and all we have comes from God.

Generosity is our response to God's unconditional love and an expression of our gratitude.

Generosity requires us to examine what is meaningful in our lives, where we place our priorities, and how we nurture those priorities.

Generosity and gratitude turn what we have into enough. We commit ourselves:

- To trust in God's abundant provision.
- To love one another and serve others in Christ, by sharing ourselves and our gifts from God.
- To prayerfully discern how God is calling us to use the financial resources entrusted to our care.
- To practice radical generosity, striving toward the biblical standard of the tithe.

We invite our congregation:

- To exam your relationship with God as it relates to your possessions.
- To join us in giving generously and meaningfully in order to sustain the mission and ministry of Good Shepherd.

Year-to-date Financials 2020 (January—April)

	Actual	Budget	Annual Budget	Variance
Operating Revenues	344,906	320,040	960,119	4,866
Operating Expenses	333,070	328,205	984,614	(4,865)
Net Total	11,836	(8,165)	(24,495)	20,001

Recurring Gifts

Linking your giving to your bank account cuts processing fees and means that more of your gift can be used for mission and ministry. You can set up this direct giving on our secure giving page by selecting a recurring ACH gift. You will also have the opportunity to select the giving schedule and, once established, you can change or cancel it at any time.

Text to Give

Yes, you can now text [goodsheponline](https://www.goodsheponline.org) to 77977 and receive a link to give any amount to Good Shepherd. You will have the option to designate the gift as pledge, undesignated, or type in what you would like to give toward. Setting up your first gift takes about a minute and after that, it truly only takes 10 seconds to express your generosity with a financial gift.

Checks and Credit Cards

We continue to process checks even though there is no plate offering at this time. Please mail checks to the church at 400 Seabrook Road, Tequesta, FL 33469. Credit cards are processed easily on our website on the Giving page and can be done at any time on any schedule. You can also set up recurring credit card donations.

Stock Donations

Stock donations may be made to Good Shepherd for any purpose. If you would like to make a donation on realized gains from stock, please contact Merike Seely for the trade instructions. **Important Request:** If you make a stock gift to the church for memorial gifts, for endowment, or for your pledge, **please let Merike or the clergy know about it.** We want to properly recognize and allocate your gift. Contact us at mseely@goodsheponline.org.

Property modification project announced in May

Senior Warden Kevin Johnson presented a letter to the parish in May describing the project. In February, the permitting and engineering process was initiated for the storm water retention area at the north east corner of our property, adjacent to the school building. The Village of Tequesta approved the project at that time.

Since this process was started before our present situation, the Vestry decided to move forward. Work will take place while our campus is closed, thus causing no interruption to our normal activities. Funding for this modification had been previously allocated and is not part of our operating funds.

The Vestry believes that fulfilling this first step is a sign of hope as we look toward the future and the fulfillment of God's vision for us at Good Shepherd. Please continue to keep the staff and Vestry in your prayers as they lead and nurture our parish community. To see the full letter please visit [GoodShepOnline.org](https://www.GoodShepOnline.org).



The Episcopal Church of the Good Shepherd



GOOD SHEPHERD

EPISCOPAL CHURCH & SCHOOL

400 Seabrook Road
Tequesta, FL 33469

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Current resident or

SERVICE SCHEDULE

SUNDAY SERVICE

ONLINE AT

GOODSHEPVIRTUAL.ORG

POSTS TO FACEBOOK AT

10:00 AM ON SUNDAYS

SUBJECT TO CHANGE

OFFICE HOURS

MONDAY – FRIDAY

Location Temporarily Closed
Staff available during business
hours at

mail@goodsheponline.org or
leave a message at 561-746-4674

THRIFT SHOP HOURS

MONDAY – FRIDAY

Temporarily Closed

Donations by appointment only
blong@goodsheponline.org

Love Thy Neighbor



The Diocese of Southeast Florida has issued guidelines for a shared discernment on the way ahead in this season of Covid –19.

On Being Faithful is a document created by our Diocesan leaders to instruct and advise its churches on the requirements, recommendations, and best practices for opening our churches safely. It was prepared on the principle of promoting the dignity and well-being of the human person and the human community. In doing so, it offers hope and encourages imagination for parishes and individuals, alike.

We are committed to keeping you informed about progress toward re-entry to campus facilities and church. We also are taking the health and well-being of our parish family very seriously by initiating a broad range of safety precautions. We appreciate your prayers and understanding as our wardens, clergy, vestry, and staff work together to make Good Shepherd safe for everyone.

Our digital resource site, GoodShepVirtual.org, has a link to the full 32-page document with citations which anyone may download. Alternatively, you may find it at www.diosef.org. As of this print date, our campus is closed through June 30. But we still worship, connect, grow, and serve — just a bit differently. Please stay in touch! We want to hear from you. (info@goodsheponline.org)

www.GoodShepVirtual.org