

Blend Calorie Info

❁ calories are approximate ❁

Juices

	12oz	16oz		12oz	16oz		12oz	16oz		12oz	16oz
GREEN APPLE DETOX	112	160	KALE YEAH	115	168	BALANCING BLEND	212	237	REVIVE	202	240
green apple lemon cucumber kale			kale celery cucumber lemon ginger			beet carrot apple lemon			strawberry green apple lemon ginger		
GREEN GODDESS	113	175	pineapple juice			LET THE BEET DROP	256	328	EARN THE BURN	223	315
kale spinach celery parsley cucumber ginger lemon apple			IMMUNITY BOOST	294	394	beet carrot spinach kale lemon			grapefruit apple lemon ginger		
CUCUMBER REFRESH	67	107	carrot lemon apple ginger			apple ginger			HYDR8	128	145
cucumber lemon apple			SWEET CARROT LIME	307	374	FRESH START	299	384	watermelon coconut water apple lemon		
			carrot lime apple pineapple juice			carrot kale lemon apple					

Smoothies

	16oz	20oz		16oz	20oz		16oz	20oz		16oz	20oz
STRAWBERRY BANANA	202	298	JUST PEACHY	211	291	POWER FUEL	350	504	GOOD MORNING	271	381
strawberry banana skim milk			peach mango strawberry apple juice			peanut butter banana hershey's simply chocolate skim milk			spinach mango banana granola		
DRAGON BERRY	175	249	ISLAND QUENCH	212	295	BANANA SPLIT	184	273	fat-free greek yogurt almond milk		
dragon fruit strawberry coconut milk			mango strawberry orange juice			strawberry banana hershey's simply chocolate pineapple juice almond milk			DETOX GREEN	354	470
pineapple juice			pineapple juice						kale spinach mango banana		
TROPICAL GREENS	562	794	BERRIFUL	240	336				ginger pineapple juice		
banana coconut shreds coconut milk			banana acai berry blueberry raspberry								
kale spinach pineapple juice			apple juice								

Energizers

	16oz	20oz		16oz	20oz		16oz	20oz		16oz	20oz
SUNRISE	131	189	CITRUS GLOW	147	227	CACTUS COOLER	120	200	SOUR GUMMY	120	200
pink lotus peach mango			pink lotus sour gummy coconut			blue lotus prickly pear blue raspberry club			white lotus sour gummy club soda		
cherry club soda			orange juice club soda			soda			SURGE	157	237
PRETTY IN PINK	146	204	RIPTIDE	134	192	BLUE PARADISE	147	227	white lotus red raspberry lime		
pink lotus pineapple peach			blue lotus blue raspberry passion fruit			blue lotus blue raspberry coconut			lemonade orange juice		
strawberry coconut milk club soda			lime club soda			orange juice club soda			LAVENDER LEMONADE	139	215
MELON BERRY	139	215	STARDUST	148	216	CHERRY LIMEADE	139	215	white lotus lavender lemonade		
pink lotus watermelon strawberry			blue lotus watermelon coconut guava			white lotus cherry lime lemonade			club soda		
lemonade club soda			lemonade club soda			club soda					

Lemon Shakers

	16oz	20oz		16oz	20oz		16oz	20oz		16oz	20oz
COUNTY FAIR	111-127	140-160	BLUEBERRY BASIL	237	290	STRAWBERRY KIWI	237	290	FLAVORED	237	290
lemon juice agave or simple syrup water			blueberry basil lemon juice water			strawberry kiwi lemon juice water			strawberry raspberry black cherry		
									peach blueberry		

Acai Bowls

	Regular	Large		Regular	Large		Regular	Large		Regular	Large
HARMONY	663	782	BLEND	411	530	SERENITY	500	600	CRUNCH	886	1227
strawberry banana nutella drizzle			strawberry banana local honey granola			kiwi blueberry strawberry coconut oil			banana almonds cashew peanut butter		
granola butter drizzle granola						granola			nutella granola		
BERRY	389	537	TROPICAL	519	743	AWAKEN	648	1059	WARRIOR	758	1007
blueberry raspberry strawberry			pineapple banana coconut shreds			strawberry cashew cacao nib local			banana strawberry chia seeds		
local honey granola			agave granola			honey granola			cacao nib peanut butter granola		