









Learn More >>>

Questions: Reach out to our Research Manager - Adena Bowden, MPH | Phone: (412) 735-0618









Why Does Healthy Start Do Research?

The goal of Healthy Start Inc. is to improve the health of Black mothers and children in Allegheny County. One way we do this is by teaming up with local researchers and health organizations on research projects.

We want to be a part of research that includes and benefits our communities. To do this, we bring in community members at each step of the research process. We give support and pay people for their time and knowledge.

What Type of Research is Healthy Start Involved In?

Healthy Start takes part in many types of research on the health of Black families. Our projects look at equity, maternal and child health, and disease. In some of our studies, we try to find solutions to problems or find answers to questions. In other studies, we look at cause-and-effect relationships. We make sure to include people who are Black in our research. This helps us better understand the experiences of Black parents and pregnant individuals in our community.

What Role Does Healthy Start Play in Research?

Healthy Start plays many important roles in research. We:

- Bring community voice to ongoing research
- Connect the community with researchers
- Support community members so that they can take part in research
- Report our research findings back to our communities in an honest way

How does this benefit me?

Taking part in research is good for both your community and YOU! In some of our studies, you will have a chance to share your thoughts about key topics like insurance, health care, and birth equity. In other studies, you may get care from a doula or a home visitor. In all of our studies, you will be paid for your time.







