

Nami Ryu Curriculum - Brown Belt Skill Set

Black Belt Awarded After Proficiency

Evading Grasps

Description

Displacing
Redirection, High & Low, L & R
Camming, High & Low, L & R

Tori Gaeshi Tai Sabaki

Japanese

Ukemi Tori Gaeshi
Okuri Uke
Nagashi Uke

Instructor sign off

Groundwork And Escapes

Description

Corkscrew Out from Cross Guard
Gaeshi Tai Sabaki
Rear Choke Hold
Front Naked Choke
Guillotine Choke
Cross Arm GI Choke, Palms up
Front GI Choke, Palm Down/
Thumb In Collar
Gatame Jime
Triangle Choke
Triangle Choke With Foreleg

Japanese

Shiho Gatame Tori
Gaeshi Tai Sabaki
Hadaka Jimi
Juji Jime
Shita ni Tanden
Juji Kesa Gatame Jime
Morote Kesa

Instructor sign off

Evading Strikes

Description

Displacing
Redirection, High & Low, L & R
Camming, High & Low, L & R

Uke Waza Tai Sabaki

Japanese

Ukemi Uke
Okuri Uke
Nagashi Uke

Instructor sign off

Student Name: _____

Brown Belt



Stick Use/Defense

Description

Displacing
Redirection, High & Low, L & R
Camming, High & Low, L & R

Throws

Description

Balancing Beam Throw
Major Outer Wheel Throw
Hip Throw
Shoulder Throw
Drop Throw Over Knee
Corkscrew Throw
Mountain Storm Throw
Scooping Throw
Hip Turnout
Corner Drop
Corner Throw-Reversal

Sacrifice Throws

Description

Hip Throw
Circle Throw
Valley Drop
Side Hook/ Arm Drag
Floating Technique
End Over End Throw
Heaven & Earth

Jo Jutsu

Japanese

Jo Tai Sabaki
Jo Okuri Uke
Jo Nagashi Uke

Nage

Japanese

Tembinbo Nage
Osoto Guruma
Okoshi, Harai/Hanai
Ippon Seoi Nage
Tai Otoshi
Ude Kudema
Yama Arashi
Sukui Nage
Koshi Gaeshi
Sumi Otoshi
Sumi Gaeshi

Sutemi

Japanese

Harai Makikomi
Tomoe Nage
Tani Otoshi
Yoko Gake
Uki Waza
Kaiten Nage
Tenshin Nage

Instructor sign off

Instructor sign off

Instructor sign off

Student Name: _____

Brown Belt



Grasps And Attacks-Uke

Gyakku/Atemi

Instructor sign off



Student Name: _____

3 of 4

Empty Hand Takedowns With Bo

Description

First Grasping Method
Second Grasping Method
Third Grasping Method
Fourth Grasping Method
Four Corners Throw
Wrist Turn Out

Tanto-KanSetsu Waza Tanto Jutsu

Japanese

Ikajo
Nikajo
Sankajo
Yonkajo
Shihonage
Kate Gaeshi

Instructor sign off

Paired Sword Theory Sets

Description

Theory 1: Suburi Right-Kata Ichi

- Align From Behind, not flInchIng, timIng, center llne, distance

Theory 2: Suburi Left-Kata Nidan

- Ukimi, distance, fooTwork

Theory 3: Centripetal Parry Right-Kata Sandan

- Sticking/glommlng, sOftness, receivIng your opponent

Theory 4: Centripetal Parry Left-Kata Yondan

- Spiral Cut, centripetal, Kuzushi

Theory 5: Kuzushi Right-Kata Godan

- PassIng, Wave

Theory 6: Kuzushi Left-Kata Rokudan

- Sticking, timing, rhythm.

Instructor sign off

Nami Ryu Aiki Heiho - Samurai Jujutsu and all associated materials, Concept, Etc

Remains the sole property of James Williams and is Distributed by Express Permission Only



Student Name: _____
Brown Belt