

STACEY BRITTAIN, LCSW-S, RPT

CURRICULUM VITAE

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PROFILE:

A Licensed Clinical Social Work Supervisor with specialization in clinical interventions treating complex trauma, crisis intervention including suicidality and self-harm, and difficulties occurring within family systems. Experienced with treatment approaches utilizing individual, group, and family therapies with children, adolescents, and adults. Also, skilled with the application of a variety of evidence-based treatment modalities such as Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Cognitive Processing Therapy (CPT), Eye Movement Desensitization and Reprocessing (EMDR), Trauma and Grief Component Therapy for Adolescents (TGCTA), and Client-Centered Play Therapy (CCPT). Proficient in assessment, diagnosis, and treatment of anxiety, depression, and trauma-related diagnoses, in addition to personality disorders and co-occurring psychological disorders as classified in the DSM-V-TR.

LICENSES & CERTIFICATIONS:

- **Licensed Clinical Social Worker, Board-Approved Supervisor**, Texas State Board of Social Worker Examiners (#53017)
- **Registered Play Therapist**, Association for Play Therapy (#T4522)
- **Registered Telehealth Provider**, State of Florida (#TPSW1819)
- **Certified Trauma Focused Cognitive Behavioral Therapy Therapist**
- **Strong Star Network Provider** - Cognitive Processing Therapy
- **EMDR Trained Therapist**
- **Certified Trauma and Resilience Trainer**, STARR Commonwealth
- **Certified Trauma and Resilience Practitioner-Education**, STARR Commonwealth

EDUCATION:

- University of Houston
Master of Social Work, 2009 / Phi Alpha Honors
Concentration: Children and Families/ Clinical Practice Track
- University of Houston
Bachelor of Science, 2004
Major: Behavioral Sciences

PROFESSIONAL EXPERIENCE:

June 2022 - Present

The Trauma and Grief Center at The Hackett Center for Mental Health

Assistant Director of Training

- Provide TGCTA trainings to community professionals with additional ongoing consultation to ensure fidelity of the model.
- Provide a variety of mental-health related training and education to community agencies, school- based programs, and practitioners on trauma- and grief-related topics.
- Facilitate collaborations and partnerships with school districts surrounding mental health needs and interventions for students.

Clinical Social Worker, The Lucine Center for Trauma and Grief

- Conduct evidence-based assessments, using a standardized assessment battery.
- Provide Trauma and Grief Component Therapy for Adolescents (TGCTA) in addition to other evidence-based interventions to children ages 7-21 years old.
- Participate in collaborative meetings both within the organization and with other community partners focused on working with traumatized and grieving youth.
- Provide supervision to social work interns and practicum students.

September 2019 - June 2022

La Porte Independent School District, La Porte, Texas

Mental Health Trainer of Trainers; Mental Health Counselor

- Provide mental health -related trainings to district staff, students, and parents; this includes STARR Commonwealth trainings as a Certified Trainer.
- Work as part of the district threat assessment team providing necessary mental health-related perspective to potential threats of violence and/or harm.
- Provide services as a district crisis counselor to individuals and/or large group crisis needs and incidents.
- Coordinate with UT TCHAT and Clearhope Counseling staff making referrals to psychiatric and therapeutic services outside of the district as needed.
- Carry a caseload of individual therapy clients of Tier 2 and 3 students, as identified by campus and district staff.
- Conduct therapeutic and skills groups on campus as specific needs are identified.
- Participate in SST, 504, ARD meetings regarding students, as well as informal staffings and huddles as student needs arise.
- Provide mental health expertise, consultation, psychoeducation, recommendations, and resources to all levels of district staff.
- Work in coordination with CYS and CIS, as well as other mental health partner agencies to ensure adequate community resources for students and families.
- Creation and revision of existing district suicide post-vention and mental health policies.
- Designation of suicide risk assessment tools and forms for use by counseling staff.
- Maintain and update ongoing the district's documents for community resources, suicidal ideation and NSSI notifications, and other relevant mental health-related forms and procedures.

March 2017 – August 2019

University of Texas Health Science Center at Houston, Houston, TX

Therapist, Clear Creek ISD (Clear Lake High School)

- Provide individual, family and group therapy to students at Clear Lake High School identified as in need of additional mental health interventions.
- Implement safety assessment and intervention services for high-risk students, including resources and wrap around crisis services.
- Case staffings with school counseling staff, resource assessment and development with students and family members.
- Participate in providing psychoeducational trainings and information sessions to staff and students as needed.
- Collaborate with school and district staff around individual student needs, as well as overall mental health programming for the school.

Senior Social Worker/Therapist, UTHealth – Trauma and Resilience Center (TRC)

- Conduct individual, family, and group therapies to children, adolescents, and adults within the clinic.
- Employ evidenced-based therapeutic interventions with clients (EMDR, TF-CBT, CPT, PE, CRP, CAMS).
- Diagnosis of patient psychiatric disorders utilizing criteria from the DSM-V.
- Work collaboratively with the multidisciplinary team within the clinic.
- Perform crisis assessment and/or assist with emergency situations.
- Document services of patient sessions including treatment plans, session notes, and any necessary reports in the electronic health record system; this also includes completing billing actions and paperwork.

January 2016 – March 2017

The Menninger Clinic, Houston, Texas

Senior Social Worker, Adolescent Treatment Program

- Provide ongoing support to patients and their families through family therapy, ongoing case coordination and treatment planning, regular consultation with multi-disciplinary team members involved in patient care, diagnostic formulation and feedback with patient and family, and comprehensive discharge planning/resource coordination.
- Lead social worker for the unit encompassing support for other social workers, assignment of new cases, training and supervision, and oversight regarding the role of the social worker for the unit.
- Provide group therapy (e.g., process groups, family dynamics group, trauma group), trauma consultations including report write up and associated diagnoses (includes use of trauma measures), and individual therapy for patients on the unit.
- Preparation of a comprehensive diagnostic report provided to families of patients on the unit that includes diagnostic formulation, diagnoses, assessments and feedback from team members and consultants, as well as treatment recommendations and resources.
- Participation in diagnostic meetings and consultations, treatment team meetings with multi-disciplinary staff, and patient rounds with treatment team.

- Completion of treatment plans, progress notes, and other patient tracking data through use of electronic medical records system.

Staff Therapist and Social Worker, Outpatient Services Division

- Conduct comprehensive outpatient assessments in the role of Team Lead, which includes ongoing daily biopsychosocial assessment of patient and family. Also, ongoing assessment of factors affecting symptom presentation, coordination with team members and consultants working with patient, preparation of comprehensive assessment report, and formal feedback session with patient and family.
- Provide ongoing individual and family therapy to patients through outpatient clinic services.
- Coordination of the Headstrong veteran trauma program including assignment of psychiatric and therapeutic services, maintenance of client services and tracking data, and reporting on client progress as well as case consultation with program representatives. Also, provide trauma-informed individual therapy to Headstrong patients primarily utilizing EMDR therapy in addition to other trauma-informed therapeutic approaches.
- Participation in diagnostic team meetings and consultation, and treatment team meetings with multi-disciplinary staff.
- Completion of treatment plans, progress notes, and other patient tracking data through use of electronic medical records system.

October 2015 – January 2016

Harris County Juvenile Probation Department, Seabrook, Texas

Therapist at the Harris County Youth Village

- Provide therapeutic services to male adolescent residents at this residential facility which include individual therapy, group therapy, family therapy, as well as crisis intervention services, psychoeducation, and initial assessments.
- Collaborate with other mental health professionals, psychiatrists, probation department staff, and facility staff to coordinate treatment plans and ensure residents' mental health needs are being adequately met.
- Participate in case consultations/meetings on an on-going basis with facility and probation department staff regarding client treatment.
- Creation of client treatment plans, progress notes, and other necessary case documentation through use of electronic medical records system.

June 2014 – Present

Stacey Brittain, LCSW-S, RPT, Houston, Texas

Private Practice Practitioner

- Provide individual and family therapy in a private practice setting with patients experiencing a variety of psychiatric symptoms.
- Engage in trauma-focused individual therapy utilizing EMDR and other therapeutic approaches while working with post-9/11 combat veterans, and also veterans who experienced sexual assault, diagnosed with PTSD.
- Experience providing home-based and community-based therapy services to individuals and families, as well as services through multiple HIPAA compliant virtual platforms.

February 2010 – October 2015 **The Children's Assessment Center (CAC), Houston, Texas**

Therapist in the Therapy and Psychological Services Division

- Provide therapeutic services such as individual, group, and family therapy to children, adolescents, and adults; includes play therapy, EMDR therapy, TF-CBT and other trauma-informed interventions.
- Provide therapeutic services to domestic victims of human-trafficking, including clients involved with adjudication through the Harris County Juvenile Probation CARE Court; also, coordinate and manage this program for CAC.
- Supervise masters-level interns from the University of Houston, Graduate College of Social Work; additionally, coordinate the social work intern program at CAC.
- Participate as a field supervisor in the Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) initiative through the University of Houston, Graduate College of Social Work.
- Coordinate and manage the Animal-Assisted Therapy Program at CAC.
- Proficient in working with clients involved with DFPS cases at various stages, as well as with ongoing litigation in the DFPS, criminal, and civil court systems.
- Participate in case consultations, multi-disciplinary staffings, DFPS Permanency Conferences and/or other collaborations on client treatment with partner agencies and members of multi-disciplinary team involved with client care.
- Completion of monthly treatment plans and progress notes for active clients.
- Represent CAC in the community by providing information through presentations, speeches, media interviews, and trainings as well as with court testimony in criminal, civil, and family court proceedings.

June 2009 – February 2010 **The Children's Assessment Center (CAC), Houston, Texas**

Family Advocate in the Forensic Services Division

- Provide crisis interventions, suicide assessments, and brief counseling to non-offending caregivers involved with DFPS including individual, group, and family therapy, as well as psychoeducation.
- Evaluate client needs and formulate initial treatment recommendations and referrals, monthly progress reports, and progress notes detailing client goals and clinical progress.
- Participate in multi-disciplinary team staffings and case consultations with CAC partner agencies.
- Represent CAC in the community by providing information through presentations, speeches, media interviews, and trainings as well as with court testimony in criminal, civil, and family court proceedings.
- Work toward creating and implementing the new Family Advocate Program at the CAC.