



MEDIA KIT

KONTINA VANESSA CLARK

Faith-Centered Author,
Speaker & Healing Advocate

*Healing deeply.
Thinking biblically.
Living courageously.*



AUTHOR



SPEAKER



HEALING
ADVOCATE



NURSE



FOUNDER

WWW.THEKOVACCOLLECTIVE.COM



MEDIA KIT

Faith | Healing | Purpose | Impact

ABOUT KONTINA



Faith-Centered Author | Speaker | Healing Advocate | Nurse | Founder

Kontina Vanessa Clark is a faith-centered author, speaker, healing advocate, and founder of The KOVAC Collective. Through her work, she helps women rediscover identity, wholeness, and purpose after grief, trauma, loss, and life-altering transitions.

A registered nurse by profession and a survivor by lived experience, Kontina brings a rare blend of professional credibility, spiritual depth, and compassionate truth to every space she enters.

Through books, digital resources, speaking engagements, online platforms, and Kingdom-oriented creative work, she creates honest spaces where healing is not rushed, minimized, or spiritualized away—but met with grace, surrender, and biblical truth.

“*Healing*
doesn't require perfection —
only surrender.”

Healing deeply. Thinking biblically. Living courageously.

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BRAND POSITIONING & VOICE

01

Core Message

Healing doesn't require perfection — only surrender.
Kontina's work centers women who are healing quietly,
leading faithfully, and becoming whole without apology.

02

What Sets Her Apart

- Faith-rooted, not faith-performative
- Trauma-aware, not trauma-centered
- Grounded in lived experience and professional credibility
- Gentle authority paired with spiritual depth
- Honest, invitational, and emotionally safe

03

Tone & Approach

Kontina's voice is calm, compassionate, and anchored in truth.
She creates space for honesty without pressure, faith without
performance, and healing without shame.

“*Brand Mantra*”
“*Healing deeply. Thinking biblically. Living courageously.*”



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AUDIENCE SNAPSHOT



Kontina serves women who are navigating healing, faith, identity, and purpose in the midst of real life.

Primary Audience

- Women ages 30–60
- Faith-centered and spiritually engaged
- Healing from grief, trauma, loss, divorce, illness, or transition
- Seeking wholeness, clarity, and renewed identity

Secondary Reach

- Church communities and ministry leaders
- Caregivers, nurses, and service professionals
- Women rebuilding after burnout or major life change
- Readers and listeners drawn to faith-based healing and personal growth

Why It Matters

This audience values authenticity, emotional safety, and truth grounded in faith. They respond to voices that honor lived experience while gently guiding them toward wholeness with compassion, credibility, and grace.



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SPEAKING & APPEARANCES



Kontina is available for in-person and virtual engagements that create honest, faith-centered spaces for healing, reflection, and transformation. Her speaking style is grounded, compassionate, and deeply relatable — blending storytelling, scripture, and lived wisdom to engage audiences with both truth and grace.

Available For

- Conferences and women's retreats
- Churches and ministry events
- Panels and summits
- Podcasts and media interviews
- Virtual workshops and live discussions
- University and professional programs

Signature Speaking Topics

- Faith After Loss: When God Doesn't Rescue, but Restores
- Healing from the Good Girl Mindset
- Grief Without Guilt: Loving God While Hurting
- Becoming Whole Without Apology
- The Ministry of Vulnerability
- From Survival to Surrender
- Identity After Trauma: Who Am I Now?
- Boundaries, Burnout, and Ministry Survival

*“Real conversations.
Lasting impact.”*

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BOOKS, WRITTEN WORK & RESOURCES

From books to assessments to healing resources, Kontina creates content that meets women and families with faith, honesty, and hope.

Featured Titles

- Healing from the Good Girl Mindset
- Good Grief
- What The Seed Couldn't See
- Brave Little Light
- Faith Can Move Mountains
- Rooted in Love

Reading Room & Sacred Pause

- Held in the Unknown
- Navigating Young Loss
- Living Beyond Loss
- When the Cards Stop Coming

Assessments & Tools

- Comprehensive Grief Assessment
- What Do I Need to Heal From?
- Alignment Toolkit
- Check the Fruit

The Collective Vault

A growing library of free resources including grief support tools, healing reflections, relationship insights, and faith-based guides.



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THE KOVAC COLLECTIVE ECOSYSTEM



The KOVAC Collective is a Kingdom-oriented vision and creativity ecosystem designed to help people heal deeply, think biblically, and live courageously.

Healing Out Loud

Blog and devotional content.

KOVAC Perspectives

Editorial magazine and thought leadership.

Grace Over Grind

Audio podcast.

Alignment Station

Check Your Alignment series.

The Anatomy of Covenant

Biblical relationship web series.

KOVAC Kids

Story and discovery collection.

KOVAC C.A.R.E.S.

Community resource directory.

The Collective Vault

Free resource membership.

KOVAC Live & KOVAC Amplified

Events and services.

SIP Society & King's Space

Women's and men's spaces.

Healing deeply. Thinking biblically. Living courageously.



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Faith | Healing | Purpose | Impact

MEDIA, PODCAST & SIGNATURE PLATFORMS



Faith • Healing • Alignment • Purpose

Signature Platforms

- Grace Over Grind — *a voice with purpose*
- Healing Out Loud — *where healing and faith meet*
- Check Your Alignment — *weekly alignment reflections*
- The Anatomy of Covenant — *biblical love, wounds, and covenant*
- Aligned & Intimate — *Friday night conversations*

Content Pillars

- Faith
- Healing
- Alignment
- Purpose
- Grief
- Singleness & relationships
- Women's wholeness

Digital Presence

Website		TheKovacCollective.com
YouTube		The KOVAC Collective
Facebook		The KOVAC Collective
TikTok		@pkaynessa

“*Her voice-led content strategy*
is built on clarity, healing, biblical truth,
and courageous living.”



MEDIA KIT

Purpose | People | Partnerships | Lasting Impact

PARTNERSHIPS & LET'S CONNECT



Partnerships & Collaborations

- Faith-based brands and ministries
- Podcasts and media interviews
- Women's conferences and retreats
- Wellness, healing, and mental health platforms
- Publishing, literacy, and creative initiatives
- Workshops, sponsorships, and community events

“*Each partnership*
is approached with integrity,
alignment, and purpose-driven impact.”

Bookings & Inquiries

Email: thekovaccollective@yahoo.com
Website: www.thekovaccollective.com
Facebook: The KOVAC Collective
TikTok: @pkaynessa

Bookings • Partnerships • Speaking Invitations • Interviews

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