

# KONTINA VANESSA CLARK



# ABOUT KONTINA



Kontina Vanessa Clark is a faith-centered author, speaker, and healing advocate who helps women rediscover identity, wholeness, and purpose after loss, trauma, and life-altering transitions.

A registered nurse by profession and a survivor by lived experience, Kontina brings a rare blend of professional credibility and spiritual depth to conversations around grief, healing, faith, and womanhood. Her voice resonates with women who love God deeply yet have walked through seasons that tested their faith, strength, and sense of self.

Through her Good Girl book series, speaking engagements, and Kingdom-oriented creative work, Kontina creates honest, sacred spaces where healing is not rushed, minimized, or spiritualized away — but met with truth, grace, and surrender.

She believes healing doesn't require perfection — only obedience, honesty, and the courage to become whole.

**“Healing doesn't require perfection — only surrender.,,”**



# BRAND POSITIONING & VOICE



## Core Message

Healing doesn't require perfection — only surrender. Kontina's work centers women who are healing quietly, leading faithfully, and becoming whole without apology.

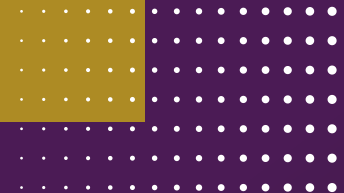
## What Sets Her Apart

- Faith-rooted, not faith-performative
- Trauma-aware, not trauma-centered
- Grounded in both lived experience and professional credibility
- Gentle authority paired with spiritual depth
- Honest, invitational, and emotionally safe

## Tone & Approach

Kontina's voice is calm, compassionate, and anchored in truth. She creates space for honesty without pressure, faith without performance, and healing without shame.

Her approach meets women where they are — honoring both their pain and their promise — and invites them into wholeness through grace, surrender, and identity in God.





## AUDIENCE SNAPSHOT

Kontina serves women who are navigating healing, faith, and identity in the midst of real life.

### Primary Audience

- Women ages 30–55
- Faith-centered and spiritually engaged
- Actively healing from loss, trauma, grief, or transition
- Seeking wholeness, clarity, and renewed identity

### Secondary Reach

- Ministry leaders and church communities
- Caregivers, nurses, and service professionals
- Women rebuilding life after divorce, illness, burnout, or major life change
- Readers and audiences drawn to faith-based healing and personal growth

### Why It Matters

This audience values authenticity, emotional safety, and truth grounded in faith. They respond to voices that honor both their lived experiences and their spiritual journey — without minimizing pain or forcing healing.

Kontina’s work resonates because it meets women where they are and gently guides them toward wholeness with compassion, credibility, and grace.



## Signature Speaking Topics

- Faith After Loss: When God Doesn't Rescue, but Restores
- Healing the "Good Girl" Syndrome
- Grief Without Guilt: Loving God While Hurting
- Becoming Whole Without Apology
- The Ministry of Vulnerability
- From Survival to Surrender
- Identity After Trauma: Who Am I Now?
- Boundaries, Burnout, and Ministry Survival

## Available For

- Conferences and women's retreats
- Churches and ministry events
- Panels and summits
- Podcasts and media interviews
- Virtual workshops and live discussions
- University and professional programs

Kontina's speaking style is grounded, compassionate, and deeply relatable — blending storytelling, scripture, and lived wisdom to engage audiences with both truth and grace.

## **SPEAKING & APPEARANCES**



# BOOKS & WRITTEN WORK



- The Good Girl Series
- The Good Girl's Transformation
- Sacred & Single
- Good Grief
- When Kingdom Love Finally Arrives
- Born Bruised

## PUBLISHED WORKS AND CURRENT PROJECTS

- **52-Week Devotional for Teens**
- **The Sisterhood Divide**
- **Odd Fruit**
- **Grief Doesn't Wear One Face (e-book)**
- **Healing the Good Girl Mindset (e-book)**
- **The Church Reset (e-book)**



# FOUNDER OF THE KOVAC COLLECTIVE



Kontina Vanessa Clark is the founder of The Kovac Collective, a Kingdom-oriented vision and creativity house built on the belief that vision is sacred and creativity is a calling.

The Collective exists to steward God-given ideas into purposeful execution — helping authors, ministries, and faith-driven creatives bring clarity, structure, and excellence to what God has entrusted to them.

Through strategy, creative direction, and intentional design, The Kovac Collective bridges faith and function, ensuring that vision is not only inspired but executed with alignment, integrity, and care.

At its core, the Collective is not about trends or performance, but about obedience, stewardship, and legacy — creating what lasts and honors God.

**Kingdom-Oriented  
Vision & Creativity**



# PARTNERSHIPS & COLLABORATIONS



Kontina partners with organizations and brands that align with faith-centered living, healing, and purpose-driven impact.

Aligned With

- Faith-based brands and ministries
- Mental health and wellness platforms
- Journaling, devotional, and creative tools
- Women's conferences and retreats
- Publishing, writing, and creative platforms

## Collaboration Opportunities

- Speaking partnerships and event hosting
- Sponsored content and brand features
- Podcast and media appearances
- Workshops, retreats, and virtual gatherings
- Brand ambassadorships and endorsements

Each collaboration is approached with integrity, authenticity, and alignment — ensuring that partnerships reflect shared values and meaningful impact.



# LET'S CONNECT

## Bookings & Inquiries

Email: [thekovaccollective@yahoo.com](mailto:thekovaccollective@yahoo.com)  
Website: [thekovaccollective.com](http://thekovaccollective.com)

## Connect on Social Media

Instagram | Facebook | TikTok  
(Links available upon request or via website)

## Call to Action

Bookings • Partnerships • Speaking Invitations

Kontina Vanessa Clark  
Author | Speaker | Faith & Healing Advocate | Nurse  
Founder, The Kovac Collective

