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VOLUME 8 • ISSUE 8

KOVAC Perspectives

WISDOM. DISCERNMENT. PURPOSE.
PERSPECTIVES THAT ALIGN.



Happy Looks Good on You

WHY YOUR GREATEST RELATIONSHIP MIGHT BEGIN BEFORE YOU EVER MEET "THE ONE"

KNOW YOUR WORTH
PRACTICE SELF-LOVE, SELF-WORTH, AND SELF-VALIDATION.

BOUNDARIES MATTER
COVER YOUR LONELINESS, VULNERABILITY, AND DESPERATION.

DON'T SETTLE
DON'T BE IMPRESSED BY BREADCRUMBS. WAIT IN PEACE.

LIVE YOUR LIFE
TAKE THE TRIP. SEND THE FLOWERS. BUILD THE LIFE YOU LOVE.

ALIGN YOUR HEART. PROTECT YOUR PEACE. PREPARE FOR YOUR PURPOSE.

KOVAC
Perspectives

PURPOSE
PEACE
GROWTH
GRACE
FAITH

Editor's Letter

A personal introduction

FROM KONTINA V. CLARK.

Every season has a purpose, and every purpose is preparing you for what's ahead.

This issue is an invitation to embrace the beauty of becoming—the kind of becoming that starts within. When you choose happiness, guard your peace, and commit to your growth, you position yourself for a love that honors your worth and your God.

My heart is that these pages inspire you, challenge you, and remind you that you are never alone on the journey.

Keep becoming.

KEEP BELIEVING.
KEEP WALKING IN PURPOSE.



With purpose,
Kontina V. Clark
FOUNDER | AUTHOR | VISIONARY

HEALING DEEPLY. THINKING BIBLICALLY. LIVING COURAGEOUSLY.

KOVAC
Perspectives

VOLUME 1 • ISSUE 8

Become the Person You're Praying For

THE GREATEST LOVE STORY BEGINS WITH THE PERSON IN THE MIRROR.



There's a moment in every woman's life when she realizes that changing her relationship status won't change her life. What will change her life is becoming the woman she's been praying for.

It's easy to pray for a spouse, but harder to pray for growth. It's easy to ask God for the right person, but are we willing to become the right person?

The truth is, God rarely brings the right person into your life to fix what only He can heal within you. He brings them to walk with you, not rescue you.

GOD IS SHAPING YOU BEFORE HE CONNECTS YOU

Every season you go through is preparing you for something—and someone—that's aligned with God's will for your life. The pain wasn't random. The delay wasn't punishment. The waiting wasn't wasted. It was all preparation.

"He who began a good work in you will carry it on to completion…" Philippians 1:6 (NIV)

God is more interested in your character than your circumstances. He wants to shape your heart, strengthen your faith, and expand your capacity to love and be loved well.

THE MIRROR DOESN'T LIE

Before you can build a healthy relationship, you must first have a healthy relationship with you. Look in the mirror and ask yourself:

- Do I like who I'm becoming?
- Am I walking in the standards I've set?
- Have I healed what I keep allowing to repeat?

Honesty with yourself is the foundation of your future.

BECOMING HER IS THE ASSIGNMENT

You don't have to chase growth—it's already your assignment. Wake up and choose it daily. Not for applause. Not for attention. But for alignment.

- Heal the places that still hurt.
- Break the cycles you keep repeating.
- Protect your peace like it's priceless.
- Build a life you love on purpose.

When you focus on becoming her,
you stop settling for less.
You stop entertaining what distracts you.
And you start attracting what's aligned with who God is creating you to be.

> *When you become the woman you've been praying for, you won't just be ready for love— you'll be able to recognize it, receive it, and sustain it.*



A PRAYER FOR YOUR BECOMING

Lord, continue to shape me into the woman You've called me to be. Heal what still hurts, break what no longer serves me, and help me love myself the way You love me. Prepare me for the relationship You've already prepared for me. In Jesus' name, Amen.

Kontina V. Clark

Become the Person You're Praying For

THE GREATEST LOVE STORY BEGINS WITH THE PERSON IN THE MIRROR.



PERSPECTIVE

The healthiest relationships aren't found—they're built. Before you ask God to bring someone into your life, allow Him to continue shaping the person you're becoming. Wholeness isn't a prerequisite for love, but it is one of the greatest gifts you can bring to it.

Before you pray for someone to love you well, ask yourself whether you're becoming someone who knows how to love, honor, and steward the life God has already given you. Healthy relationships don't begin at the altar—they begin in the quiet work of becoming.

BECOME BEFORE YOU BELONG

There's a temptation to fast-forward the process and pray for the finished product. But becoming is not optional—it's the assignment.

When you focus on becoming, you stop trying to complete yourself with a relationship. You learn to be content in your season, grow in your calling, and trust God's timing.

- God is shaping you before He sends someone.
- Your now season is not a waste season.
- Growth in private prepares you for partnership in public.

Don't rush what God is using this season to build.

SELF-LOVE IS STEWARDSHIP

Loving yourself is not pride; it's stewardship. You can't pour from an empty cup. Take care of your body, mind, and spirit. Speak kindly to yourself. Set boundaries. Rest without guilt. Invest in your growth.

"Love your neighbor as yourself." — Mark 12:31 (NIV)

Self-love is honoring the woman God is building.

> *The healthiest relationship you'll ever build is the one you have with yourself.*

DON'T WAIT TO LIVE

Your life matters now—not just when someone else shows up. Travel. Build memories. Discover your passions. Serve your purpose. Live fully, not halfway.

"I have come that they may have life, and have it to the full." — John 10:10 (NIV)

DON'T BE IMPRESSED BY BREADCRUMBS

A little attention is not the same as real intention. Don't confuse potential with purpose. Consistency will always speak louder than occasional affection.

"The righteous woman walks in integrity; blessed are her children after her." — Proverbs 20:7 (NIV)

COVER MORE THAN YOUR BODY

Modesty isn't old-fashioned; it's wisdom. Cover your heart, your emotions, your standards, and your assignment. What you protect, you preserve.

"Above all else, guard your heart, for everything you do flows from it." — Proverbs 4:23 (NIV)

PEACE REPELS CHAOS

If it disrupts your peace, it's not for you. Protect your atmosphere. Not everyone deserves access to your energy. A woman who chooses peace over people-pleasing will attract a man who protects it.

"Let the peace of Christ rule in your hearts…" — Colossians 3:15 (NIV)

SINGLENESS IS NOT A CURSE

It is preparation. God is pruning, positioning, and protecting you for purpose and partnership.

"He makes everything beautiful in its time." — Ecclesiastes 3:11 (NIV)

LIVE LIKE YOUR LIFE MATTERS TODAY

Travel. Grow. Heal. Laugh. Build. Give. Dream. Don't put your life on hold until someone arrives. The right relationship should complement your life—not become the reason you finally start living.

Become the woman you're praying for, and watch God confirm the man you've been believing for.

Kontina V. Clark

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Don't Be Impressed by Bread Crumbs.



CONSISTENCY WILL ALWAYS SPEAK LOUDER THAN OCCASIONAL ATTENTION.

PERSPECTIVE

You deserve more than mixed signals, late replies, and minimum effort. Stop trying to piece together someone's inconsistencies and start protecting your peace. God is preparing you for a love that is whole, faithful, and intentional.

IT'S NOT LOVE IF IT LEAVES YOU QUESTIONING YOUR WORTH.

When someone is truly interested, you won't have to wonder. They'll show up, follow through, and make you feel valued—not confused.

Bread crumbs keep you hopeful.
Consistency gives you peace.

"A man's ways are in full view of the Lord, and He examines all his paths."
— Proverbs 5:21 (NIV)

YOU TEACH PEOPLE HOW TO TREAT YOU.

If you accept inconsistency, you're telling people it's okay to give you the bare minimum.

Raise your standards. Protect your heart.

Guard your peace like your life depends on it—because it does.

"Above all else, guard your heart, for everything you do flows from it."
— Proverbs 4:23 (NIV)

> *You can't build a future on someone's inconsistent behavior.*

GOD IS PREPARING YOU FOR MORE.

What feels like rejection is often redirection. God is closing the wrong doors to protect you from the wrong relationship. Don't lower your standard to accommodate someone's lack of commitment.

"For I know the plans I have for you, declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future."
— Jeremiah 29:11 (NIV)

PAY ATTENTION TO PATTERNS, NOT PROMISES.

Words are easy. Anyone can say they care, they're busy, or they're trying.

But actions over time reveal the truth.

Look at the pattern. Believe the pattern.

Trust what they repeatedly do, not what they occasionally say.

"Do not be deceived: God cannot be mocked. A man reaps what he sows."
— Galatians 6:7 (NIV)

YOU DON'T HAVE TO CHASE WHAT GOD HASN'T SENT.

God won't require you to beg for attention, chase affection, or compete for commitment.

The right person will pursue you with intention because they see your worth.

Stop chasing crumbs when God is preparing a feast.

"Delight yourself in the Lord, and He will give you the desires of your heart."
— Psalm 37:4 (NIV)

DAILY REMINDER

I will not settle for crumbs when God has promised me a table.
I release what is inconsistent and make space for what is meant for me.

Kontina V. Clark

KOVAC PERSPECTIVES | VOLUME 1 • ISSUE 8

Don't Be Impressed by Bread Crumbs.

CONSISTENCY WILL ALWAYS SPEAK LOUDER THAN OCCASIONAL ATTENTION.

PEACE REPELS CHAOS.

If it disrupts your peace, it's not for you. Protect your atmosphere. Not everyone deserves access to your energy.

A woman who chooses peace over people-pleasing will attract a man who protects it.

"Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful."
— Colossians 3:15 (NIV)

SINGLENESS IS NOT A CURSE.

It is preparation. God is pruning, positioning, and protecting you for purpose and partnership.

"He makes everything beautiful in its time."
— Ecclesiastes 3:11 (NIV)

> *You're not hard to love. You've just been too available for someone who wasn't serious.*

DAILY REMINDER

Today, I choose consistency over confusion and peace over potential. I will not settle for crumbs when God is preparing a table for me.



LIVE LIKE YOUR LIFE MATTERS TODAY

Travel. Grow. Heal. Laugh. Build. Give. Dream. Don't put your life on hold until someone arrives. The right relationship should complement your life—not become the reason you finally start living.

Become the woman you're praying for, and watch God confirm the man you've been believing for.

"Delight yourself in the Lord, and He will give you the desires of your heart."
— Psalm 37:4 (NIV)

THE BOTTOM LINE

- You can't build a future on someone's inconsistent behavior.
- You deserve more than mixed signals, late replies, and minimum effort.
- Consistency isn't controlling; it's committed.
- The right person won't leave you wondering where you stand.
- God will never send you someone who requires you to abandon your peace to keep their attention.

CLOSING THOUGHT

Stop chasing crumbs and start recognizing covenant. God is not preparing you for someone who can't show up—He is preparing you for someone who knows how to stay.

Keep choosing you. Keep protecting your peace. Keep becoming. The right one will recognize the woman God is building before she ever has to ask.

Kontina V. Clark

HEALING DEEPLY. | THINKING BIBLICALLY. | LIVING COURAGEOUSLY.

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Protect Your Peace.

COVER MORE THAN YOUR BODY—PROTECT YOUR HEART, YOUR HEALING, AND YOUR STANDARDS.



GUARD YOUR HEART FIRST.

Everything you allow access to eventually shapes you—your thoughts, your emotions, your decisions, and your direction.

The world will tell you to be seen. God calls you to be secure.

Before you cover anything else, cover the place that carries your peace—your heart.

"Above all else, guard your heart, for everything you do flows from it." — Proverbs 4:23 (NIV)

PROTECT YOUR HEALING.

Healing is not a phase—it's a process. Protect it from people who minimize it, environments that trigger it, and situations that reopen what God is closing.

You don't have to explain your boundaries to anyone. Your healing is not up for debate.

"The Lord heals the brokenhearted and binds up their wounds." — Psalm 147:3 (NIV)

SET STANDARDS, NOT EXCUSES.

Standards protect your future. Excuses explain away what shouldn't be allowed.

You teach people how to treat you by what you accept and what you walk away from. Don't lower your standards to accommodate someone else's lack of character.

"Better is a poor man who walks in his integrity than a rich man who is crooked in his ways." — Proverbs 28:6 (NIV)

> *Peace is too valuable to be handed out to anyone who doesn't value it as much as you do.*

PEACE IS MORE VALUABLE THAN ATTENTION.

Not every invitation deserves your yes. Not every relationship is meant to be deep. Not every opinion deserves your emotional energy.

Stop chasing connection and start protecting your peace.

Being alone in peace is better than being surrounded by chaos.

"Better a dry crust with peace and quiet than a house full of feasting, with strife." — Proverbs 17:1 (NIV)

DISCERNMENT IS SPIRITUAL MATURITY.

Discernment helps you see what others overlook. It protects you from what prayer didn't prepare you for.

Ask God for discernment, and watch Him give you clarity before the damage.

"For the Lord gives wisdom; from His mouth come knowledge and understanding." — Proverbs 2:6 (NIV)

NOT EVERY DOOR IS MEANT FOR YOU.

Closed doors are not always rejection—sometimes, they're protection.

If it costs you your peace, it's too expensive.

Learn to release what's not aligned with what God is calling you to walk in.

"See, I have placed before you an open door that no one can shut." — Revelation 3:8 (NIV)

COVER IT ALL.

Cover your mind. Cover your time. Cover your energy. Cover your heart.

Cover more than your body—protect your healing, your calling, your family, and your future.

You were never meant to live exposed.

You were called to live set apart.

"But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of Him who called you out of darkness into His wonderful light." — 1 Peter 2:9 (NIV)

DAILY REMINDER

I choose peace over pressure. I protect my heart, my healing, and my standards. I trust God to align me with the right people, the right places, and the right purpose.

Kontina V. Clark

KOVAC PERSPECTIVES | VOLUME 1 • ISSUE 8

Protect Your Peace.

COVER MORE THAN YOUR BODY—PROTECT YOUR HEART, YOUR HEALING, AND YOUR STANDARDS.

PART 2



BOUNDARIES ARE ACTS OF OBEDIENCE.

God never called you to be accessible to everything. He called you to be obedient to His voice.

Healthy boundaries honor your calling. They create space for God to do what only He can do.

"Jesus often withdrew to lonely places and prayed." — Luke 5:16 (NIV)

NOT EVERY SPIRIT DESERVES ACCESS.

Discernment helps you recognize who brings life and who brings levity.

You don't have to be mean; you just have to be mindful.

Your peace is not for sale.

Not everyone who smiles at you has your best interest at heart.

"Dear friend, do not believe every spirit, but test the spirits to see whether they are from God." — 1 John 4:1 (NIV)

YOUR STANDARDS PROTECT YOUR FUTURE.

Lowering your standards for temporary comfort often leads to long-term regret.

You teach people how to treat you by what you accept.

Protect your yes. Guard your no.

Honor your God-given standards.

"Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised." — Proverbs 31:30 (NIV)

> *"You can love people from a distance and still pray for them up close. Protecting your peace doesn't make you cold—it makes you wise."*

SILENCE IS SOMETIMES THE BEST RESPONSE.

Not every question deserves an answer.

Not every comment deserves a reaction.

Peace grows when you stop explaining your choices to people committed to misunderstanding you.

"A fool gives full vent to his spirit, but a wise man quietly holds it back." — Proverbs 29:11 (NIV)

PEACE IS AN ATMOSPHERE YOU CREATE AND PROTECT.

What you watch, what you read, who you talk to, where you go—it all matters.

Guard what enters your mind and what remains in your life.

Your environment can either build you up or break you down.

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things." — Philippians 4:8 (NIV)

CLOSING THOUGHT

Protecting your peace is not selfish—it's stewardship.

You were healed for a purpose. You were called for a purpose.

Don't let anything or anyone distract you from your assignment.

Cover what God is building in you until it is strong enough to be shared.

"He will cover you with His feathers, and under His wings you will find refuge." — Psalm 91:4 (NIV)

DAILY REMINDER

Today, I choose to protect my peace like it's priceless—because it is.
I will guard my heart, honor my standards, and walk in the peace that God has given me.

Kontina V. Clark

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Singleness Is a Season— Not a Sentence

DISCOVER THE BLESSING HIDDEN IN THE WAIT.

> *What feels like a delay is often divine preparation for a love that aligns with your purpose.*



THIS IS NOT A WASTED TIME.

Singleness is not a pause on your life—it is part of your assignment.

God is never late, and He is never unintentional. This season is not empty; it is preparing you.

While the world rushes to pair up, God is building you up.

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." — Jeremiah 29:11 (NIV)

THERE IS BLESSING IN THE WAIT.

Waiting is not punishment; it is protection.

God is making sure you receive the right person, not just any person.

He is aligning your heart, healing your hurts, and elevating your standards.

"Those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint." — Isaiah 40:31 (NIV)

USE THIS SEASON WISELY.

Singleness is the perfect time to:

- Pursue God without distraction
- Discover who you are in Him
- Heal what needs to be healed
- Build the life you don't need a relationship to validate
- Strengthen your purpose and your platform

Don't just wait—grow. Don't just hope—prepare. Don't just wish—become.

"Commit to the Lord whatever you do, and He will establish your plans." — Proverbs 16:3 (NIV)

THE RIGHT PERSON WILL NEVER REQUIRE YOU TO LOWER YOUR STANDARDS.

They will honor your peace, protect your purpose, and elevate your calling.
Keep becoming the woman you were created to be—the one who is fully surrendered, rooted in Christ, and aligned with heaven.

GOD IS BUILDING YOUR BOAZ.

While you're maturing, God is also maturing the man He has for you.

He is shaping his character, sharpening his faith, and preparing his heart.

Your season of singleness is connected to his season of becoming.

"Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert." — Isaiah 43:19 (ESV)

YOU ARE COMPLETE IN CHRIST.

You don't need a relationship to be whole.

Your worth is not based on your relationship status—it is based on whose you are.

You are loved, chosen, called, and complete in Him.

"I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave Himself for me." — Galatians 2:20 (NIV)

DAILY REMINDER

I will not rush what God is breaking. I will trust His timing and His plan. I am becoming the right woman for the right man, in the right season.

Kontina V. Clark



GOD IS PREPARING *You and Your Future*

This season is not just about waiting for him—it's also about becoming who God created you to be.

YOU'RE NOT MISSING OUT— YOU'RE BEING PREPARED.

While others are settling, you are being shaped.
While others are rushing, you are being refined.
While others are reacting, you are being rooted.

God is working on your heart so you'll be ready to receive what He's preparing for you.

THE WAIT IS NOT WASTED.

- God is developing your character.
- God is deepening your relationship with Him.
- God is aligning your steps.
- God is closing wrong doors.
- God is preparing the right one.

> *"I wait for the Lord, my whole being waits, and in His word I put my hope.*
> *— Psalm 130:5 (NIV)*

USE THIS TIME TO POUR INTO YOU.

Grow spiritually.
Let His Word shape your identity and your standard.

Invest in your calling.
Your assignment will not thrive if you neglect your gifts.

Heal intentionally.
Deal with the past so it doesn't carry into your future.

Build your life.
Financially, emotionally, mentally, and spiritually.

Surround yourself wisely.
Community matters in every season.

TRUST THE PROCESS.

You may not see it now, but every prayer, every tear, every act of obedience is building something beautiful.

> *"And we know that in all things God works for the good of those who love Him, who have been called according to His purpose."*
> *— Romans 8:28 (NIV)*

ONE DAY YOU'LL LOOK BACK AND REALIZE...

It wasn't a delay.
It was divine preparation.

And it was worth every moment.

REMEMBER YOUR WORTH.

Your singleness does not define you—God's purpose does.

You are not incomplete. You are in the overflow of His grace.

"You are altogether beautiful, my love; there is no flaw in you."
— Song of Solomon 4:7 (NIV)

> *The right relationship will never require you to lower your standards. It will honor your walk with God and protect your peace.*

A PRAYER FOR YOU

"Lord, thank You for this season of singleness. Help me to embrace it, not as a delay, but as a divine appointment with You. Prepare me for the love You have for me, and help me become the woman You're calling me to be. I trust Your timing, Your plan, and Your heart. In Jesus' name, Amen."

JOURNAL PROMPT

What is one area of your life God is developing right now?
How can you steward this season to become the woman He's preparing you to be?

Aligned living starts within.

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> *You were created for more than just being someone's partner. You were created with purpose, passion, and a life to live fully.*

Build a Life You Love

TRAVEL. GROW. HEAL. LAUGH. LIVE.

The right relationship should complement your life—not become the reason you finally start living.

GOD DIDN'T CALL YOU TO JUST "BE CHOSEN," HE CALLED YOU TO BECOME.

Use this season to build, not just wait. Discover, not just desire. Heal, not just hope. Laugh, not just long. Live, not just exist.

The right one will add to your life, not complete what you neglected.

YOU ARE ALLOWED TO ENJOY YOUR LIFE NOW.

God wants you to experience joy, peace, and adventure in this season.

Say yes to:

- New experiences
- New places
- New passions
- New friendships
- New versions of YOU

> *"I came that they may have life and have it abundantly."*
> *— John 10:10 (NIV)*

REMEMBER:

Your life is not on pause. Your assignment is not on hold. Your joy is not disqualified.

Live fully. Love wisely.
God's best is preparing for you.

USE THIS SEASON TO INVEST IN YOU.

Travel
See the world. Step outside your routine. God uses new places to expand your perspective.

Grow
Learn new skills. Read. Take classes. Grow your mind, your calling, and your confidence.

Heal
Do the inner work. Break old patterns. Forgive, release, and let God restore your heart.

Laugh
Surround yourself with joy. Protect your peace. Choose moments that make you smile.

Live
Make memories. Take pictures. Celebrate the small wins. You're only this age once!

> *Delight yourself in the Lord, and He will give you the desires of your heart."*
> *— Psalm 37:4 (NIV)*

DON'T WAIT FOR PERMISSION.

You don't need a partner's approval to book the trip, start the business, or chase the dream.

"Commit to the Lord whatever you do, and He will establish your plans."
— Proverbs 16:3 (NIV)

THE RIGHT RELATIONSHIP WILL NEVER REQUIRE YOU TO SHRINK OR STOP LIVING.

It will add to your joy, not steal from it. It will honor your goals, not compete with your purpose.

"Two are better than one… For if either of them falls down, one can help the other up." — Ecclesiastes 4:9–10 (NIV)

CAPTURE THE MOMENTS.

Document your journey. Look back one day and see how far God has brought you.

Your story is still being written—make it beautiful.

JOURNAL PROMPT

What are three things I've always wanted to do, but keep putting off?
How can I start living those out in this season?

Kontina V. Clark

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Build a Life You Love

The Life You Build Today Shapes the Love You Welcome Tomorrow.

You were created for more than just being someone's partner. You were created with purpose, passion, and a life to live fully.



YOU ARE NOT WAITING FOR LIFE TO BEGIN—
YOU ARE BUILDING IT ON PURPOSE.

GOD DIDN'T CALL YOU TO JUST "BE CHOSEN." HE CALLED YOU TO BECOME.

Use this season to build, not just wait. Discover, not just desire. Heal, not just hope. Laugh, not just long. Live, not just exist.

The right one will add to your life, not complete what you neglected.

LET GO OF WHAT KEEPS YOU SMALL.

Sometimes God allows you to meet people, have experiences, and even unhealthy relationships—not to stay, but to help you grow, heal, and know your worth.

Breadcrumbs are not a blueprint. They keep you in a cycle of confusion, compromise, and settling—and you deserve more.

"For the Lord gives wisdom; from His mouth come knowledge and understanding."
— Proverbs 2:6 (NIV)

KNOW THE DIFFERENCE.

BREADCRUMBS:	THE WHOLE TABLE:
Mixed signals	Clear commitment
Half efforts	Genuine partnership
Unclear intentions	Shared vision
Temporary comfort	Growth together
Consistent confusion	A love that lasts

You're not looking for just enough— you're becoming a woman ready for everything.

CHOOSE WISELY.

Before you invest your yourself:

- Does this person add peace, not stress?
- Do our values and goals align?
- Do I see growth, not stagnation?
- Is this love consistent in actions—not just words?

If the answer is not a clear "yes," release it with grace. God doesn't waste our time, and neither should we.

YOU ARE NOT TOO MUCH.

You are not asking for too much—you are asking for what's right.

God is preparing your heart for a true partnership, not a temporary situation.

Keep living fully, loving deeply, and walking boldly in your purpose.

"A relationship should be the addition to a beautiful life— not the reason you stop living the one God has given you."

LOOK FOR CONSISTENCY, NOT PROMISES.

The right relationship is built on steady character, not empty words.

- **ACTIONS OVER WORDS** — Watch what they do, not just what they say.
- **LOYALTY IN THE LITTLE THINGS** — Faithfulness in small things reveals true character.
- **PEACE, NOT CONFUSION** — God's peace will confirm when it's the right one.
- **RESPECT YOUR STANDARDS** — The right person will honor your boundaries.
- **BUILDS, DOESN'T DRAIN** — They will add to your life, not subtract from it.

"I came that they may have life and have it abundantly."
— John 10:10 (NIV)

REMEMBER:

The right relationship will never require you to shrink, silence your dreams, or compromise your peace.

It will complement your life— not become the reason you finally start living.

You are enough. You are becoming. And your best is still ahead.

JOURNAL PROMPT

What breadcrumbs have kept me settling, and what does the love I deserve truly look like? How can I continue building the life I love while I wait?

Kontina V. Clark

Reflection & Alignment

GOD IS NOT RUSHING YOUR STORY.
He's writing it with purpose. ♥



1. REFLECT:

Where have I been settling for less than God's best?

2. PRAY:

Ask God to continue shaping your character before changing your relationship status.

3. ALIGN:

Name one action you'll take this week to invest in your own growth.

♥ YOU ARE BEING PREPARED FOR MORE.
Keep becoming. Keep trusting. Keep aligning.
Your season has purpose. ♥

IN HIS TIMING,
everything aligns.

♥ HEALING DEEPLY. | THINKING BIBLICALLY. | LIVING COURAGEOUSLY. ♥

Until Next Issue...
Keep Becoming.

KOVAC PERSPECTIVES

Healing doesn't happen in a single article.

It happens one decision, one prayer, one act of obedience, and one courageous step at a time.

Wherever you are on your journey,
keep healing deeply, thinking biblically, and living courageously.

Your story is still being written.

Kontina V. Clark

FOUNDER • AUTHOR • VISIONARY



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