Professional Disclosure Statement

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The Deep Well Consulting

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Philosophy and Approach: I am a thoughtful counselor with best practices at the heart of all my patient encounters. I have over a decade of experience working with groups and individuals who present with a variety of issues, including trauma, substance use, depression, anxiety, and relationship problems.

I graduated from Pacific University with a Master of Arts in counseling psychology as well as from The University of Tennessee with a Bachelor of Arts in psychology.

I utilize evidence based practices such as Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and Trauma Informed Therapies. I use mindfulness techniques as a supplemental practice for interested patients as well.

I am an easy listener who is interested in getting to know each patient and learn what their personal goals are and how I might help them. My therapeutic approach is human centered and unconditionally positive.

As a Licensee of theTennessee Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

Fees: Intake/Assessment $175- 60 minutes, Follow up session $125 - 50 minutes

As a client of a Tennessee licensee, you have the following rights:

∗ To expect that a licensee has met the qualifications of training and experience required

by state law;

∗ To examine public records maintained by the Board and to have the Board confirm

credentials of a licensee;

∗ To obtain a copy of the Code of Ethics

∗ To report complaints to the Board;

∗ To be informed of the cost of professional services before receiving the services;

∗ To be assured of privacy and confidentiality while receiving services as defined by rule

or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting

imminent danger to you or others; 3) Reporting information required in court proceedings

or by your insurance company, or other relevant agencies; 4) Providing information

concerning licensee case consultation or supervision; and 5) Defending claims brought by

you against me;

∗ To be free from discrimination because of age, color, culture, disability, ethnicity,

national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic

status.

You may contact the Board of Licensed Professional Counselors and Therapists at:

710 James Roberston Parkway, Nashville, TN 37243 Telephone: 615-741-5735

Email: Unit1HRB.Health@tn.gov Website:https://www.tn.gov/health/health-program-areas/health-professional-boards/pcmft-board.html

For additional information about this counselor or therapist, consult the Board website: https://www.tn.gov/health/health-program-areas/health-professional-boards/pcmft-board.html