



A Framework for

Supernatural Success

A Guided Workbook for Developing a God-Centered Success System

Objective:

To inform, inspire, and provide insight for developing a God-centered personal success system.

***“Do not be conformed to
this world, but be
transformed by the
renewing of your mind, so
that you may prove what
the will of God is, that
which is good and
acceptable and perfect.”***

Romans 12:2 (NASB)

The Fundamentals

**“I can do all
things through
Christ who
strengthens
me.”**

— Philippians 4:13 (NKJV)

Component #1

Values:

Your Compass

The What

Component #2

Beliefs:

Your Code

The How

Component #3

Motivation:

Your Current

The Why

Component #4

Mission:

Your Conduit

The Who

Component #1

Values

Values serve as a **COMPASS** to guide you in the right direction on your path.

- Values are important because they support you in deciding **what** to do. With a value system to live by, you may find that you are experiencing more satisfaction and contentment in your life.
- Values are your method of discernment. You should run every thought, decision, and action through your value system. Ask yourself, “How does this (person, place, or thing) align with my values?”
- Businesses and institutions have an established set of values. This sets a baseline for their culture and business endeavors, matching them with the best situations for prosperous interactions. By establishing your core values, you will begin to conduct your affairs like a commercial enterprise.

“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.”

— 2 Corinthians 5:17 (KJV)

LifeWork: *Values*

Define Your Core Values

- Below are questions to help you understand where your values are currently reflected in your life.
 1. What qualities do you most admire in others?
 2. How do you want to make others feel?
 3. What societal issues are most important to you?
 4. What do you want to be known for?
 5. How do you spend most of your time?
 6. What brings you joy?
 7. What situations trigger unpleasant feelings for you?
 8. How do you spend your money?
 9. What do other people depend on you for?
 10. What do you enjoy doing with other people?
- The table below can help you with establishing your core values. Once selected, write them down and review them often. Circle the values below that resonate with you. You can also search the internet for more options.

Loyalty	Order	Honesty	Stability
Quality	Faith	Equality	Teamwork
Integrity	Strength	Connection	Accountability
Transparency	Adventure	Status	Respect
Compassion	Service	Love	Efficiency
Autonomy	Creativity	Family	Honor
Legacy	Security	Generosity	Authenticity

Component #2

Beliefs

Beliefs are the CODE that unlocks the promises of God in your life. They support *how* you will do what you are called to do.

- According to your belief, it is so. There is no such thing as undemonstrated belief.
- Belief drives behavior. What you believe dictates how you behave. In turn, your behavior becomes coded signals that communicate who you are to the outside world.
- Belief is faith demonstrated. You can only have faith in something once you have established a belief system.
- You cannot outsmart your own consciousness. Your subconscious mind is ever alert to your underlying beliefs and behaviors.
- You do not have to control your thoughts; you only need to control which thoughts you believe. A habituated thought becomes a fundamental belief.
- Your behavior demonstrates your values. You can focus on what you believe *NOW* instead of obsessing over past beliefs.
- Knowledge is secondary to belief. Knowledge has a cognitive and intellectual connotation. Belief is personal and emotional and has a spiritual connotation.
- Don't think "Believing in God," instead think "Believing as God."

"God created mankind in his own image, in the image of God, he created them"

— Genesis 1:27 (NIV)

LifeWork: *Beliefs*

Define Your Core Beliefs

Below are questions to help you define your core beliefs according to who God believes you to be.

1. Who does God say you are? Write a scripture that supports this belief.

2. What does God say you can do? Write a scripture that supports this belief.

3. What does God say you can have? Write a scripture that supports this belief.

4. What can you begin to do to demonstrate behavior that represents what God says about who you are, what you can do, and what you can have?

Component #3

Motivation

Motivation is the CURRENT that moves you to do what you need to do. It is your driving life force. Like dynamite, it propels you to action.

- Motivation is why you do what you do or don't do. It's why you want what you want or don't want. Think a moment about why you are striving to improve your life. Is it for your family, legacy, status, to serve humanity, or fame and fortune? Each of us is motivated by different things.
- At a basic level, motivation is responsible for your survival instincts (food, water, shelter). At a high level, it is responsible for your ambitions beyond mere survival (wealth, companionship, automobiles).
- If you lack motivation, it is likely because you don't have a why. You are lacking the "current" component in your life management system. When we don't have a why our life becomes stagnant and unproductive. We begin to feel like we are living the same day over and over. Aimless and uninspired.
- Your motivations should align with your values and beliefs. Each of these concepts works in harmony with one another. If your motivation is out of alignment with your values and beliefs, you will not have any sustainable success. *Example: If one of your values is authenticity and you believe God created you in his image, your motivation cannot be to impress others by being who you think they would prefer you to be. You must live authentically to experience the full favor of God.*
- Your internal dialogue or self-talk is detrimental to motivation. What role does your inner dialogue play in motivating you toward your dreams? Whose voice do you hear? Is it loud or soft-spoken? How do you refer to yourself in your internal dialogue (I, We, You, by name, or other)? Is it a critical or a loving voice? We don't often take the time to examine our self-talk or its origins. Doing so will allow you to identify how your self-talk is helping or hindering your motivation.

"I press toward the mark for the prize of the high calling of God in Christ Jesus."

— Philippians 3:14 (KJV)

LifeWork: *Motivation*

Understanding Your Motivations

Sometimes, despite our best efforts, we can't find the motivation to do what we know we need to do. If you find yourself in this predicament, it is first essential to acknowledge that a breakdown has occurred. Then, assess what is and is not working in your life.

Considerations for periods of low motivation:

- Do your established goals still support the person you want to be and the life you want to live? Don't continue to operate in chaos; be honest about what is no longer working. Be honest about what you need to do to get your life and affairs in order. Make a new plan based on present conditions. Then set aside time to document the details of your new reality.
- Track your new habits, routines, and behaviors. Take note of the activities that have replaced your previous routines. Don't continue to force yourself into old routines if they no longer fit who you are. Begin to monitor how you are presently managing yourself and your time. Track your new habits and routines for a few weeks. From your observations, determine what changes in your life or environment have contributed to the system breakdown.
- Document any contributing factors you uncover. Establish which are within your control and which are out of your control. Make corrections for those within your control and consider what changes or strategies you need to implement to address any areas outside your control. The list below may provide insight to help you assess root causes and move through low motivation periods. Seek support from family, a close friend, or a professional if you encounter prolonged periods of low motivation.

Possible Contributing Factors:

- Change In Environment: Career, Job, Move, Relocation, Church
- New Relationship: Spouse, Significant Other, Friend, Neighbor, Spirituality
- Change In Finances: Increase, Decrease
- Life Altering Event: Birth, Loss, Gain, Injury, Illness
- Societal Conditions: War, Politics, Injustice, Economy

Resolution Questions:

- What *is* working for you in your new reality?
- What *is* within your control to change?
- What is outside of your control to change?
- Do you need to enlist help from a professional to help you get back on track?
- What actions can you take to improve circumstances within your control?
- What strategies can you implement to manage circumstances outside of your control?

Component #4

Mission

Your mission is the **CONDUIT** that connects you to *who* you are called to serve. It is the channel through which your gifts flow out from you to the world.

- A personal mission is important because it helps to anchor you. You may also find it helps with overcoming imposter syndrome and identity issues.
- What do you want to represent in the world? How do you want to offer your gifts to the world? You might find great value in writing a personal mission statement to help you better understand what you are called to do.
- What are your pain points? Your greatest challenge is often the calling card for your mission. How can you be a champion for others struggling with challenges you have overcome?
- To gain clarity about your personal mission, begin by identifying what you will do, whom you will do it for, and how you will do it. Then, put it together to form your mission statement.
- Self-awareness plays a big part in creating a mission statement. You may want to take some time to journal about those things that you find yourself drawn to or interested in.

“For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.” — Ephesians 2:10 (ESV)

LifeWork: *Mission*

Your Mission Statement

- Research/Study at least (2) people in the Bible who received a mission from God. How did they prepare? What obstacles did they encounter? What skills did they possess? How might you use their story as a blueprint for your own life?
- Write a mission statement.
 1. What is your role in association with your mission? (what are you called to be for those you will support - healer, teacher, nurturer, leader, minister, organizer, etc.)

 2. What will you do? (what issues in the world are you drawn to? What skills and talents do you possess that might aid you in your mission?)

 3. Who will you do it for? (what people, community, institutions, or causes will your mission support?)

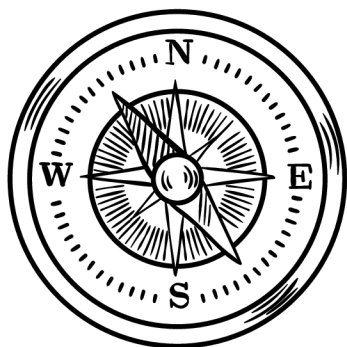
 4. How will you do it? (what tools, resources, and skills will you employ to execute your mission?)

Put it all together:

I am a _____ who helps _____
achieve/ overcome _____
by/through _____ using _____ .

Visual Cues

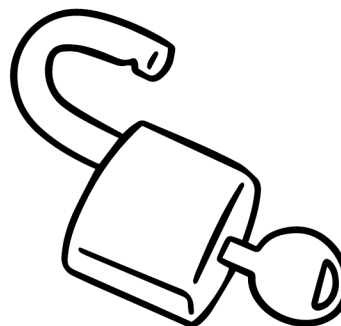
Values



1

What You Do

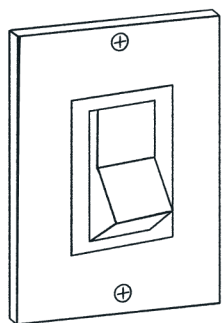
Beliefs



2

How you do it

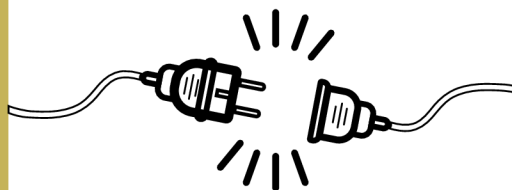
Motivation



3

Why you do it

Mission



4

Who you serve

Definitions

The definitions below provide a context for the lesson to promote a shared understanding of the topics discussed.

- **Supernatural** – relating to an order of existence beyond the visible; departing from what is usual or normal, especially so as to appear to transcend the laws of nature.
- **Success** – a favorable or desired outcome.
- **Framework** – a basic structure underlying a system, the ideas, information, and principles that form the structure of an organization or plan: a foundation.
- **Compass** – a navigational instrument used for finding your direction and place in time.
- **Code** – a system of signals or symbols used for communication.
- **Current** – a flow marked by force or strength. Movement in a particular direction.
- **Conduit** – the channel through which something is carried or moved.
- **Habituated** – to become content with something, especially something unpleasant.

“Wisdom is the principal thing; therefore, get wisdom: and with all thy getting get understanding.”

— Proverbs 4:7 (NIV)

Please contact us directly with comments or questions regarding this lesson guide.

Thank you!



Lifegold Living

Stay connected:

Email | coach@lifegoldliving.com

Website | www.lifegoldliving.com

