

# Henley Runners

November  
2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 TURF ROOM 4:15 – 5:15	19 TURF ROOM 4:15 – 5:15	20 TURF ROOM 4:15 – 5:15	21 TURF ROOM 4:15 – 5:15	22	23 Kelly Watt Memorial Run
24	25 TURF ROOM 4:15 – 5:15	26 TURF ROOM 4:15 – 5:15	27	28 Boars Head Turkey Trot	29	30

The Boars Head Turkey Trot and Kelly Watt Memorial are great events that many Henley runners attend but interested families will need to cover entry fees & registration.

# Henley Runners

December  
2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 TURF ROOM 4:15 – 5:15	3 TURF ROOM 4:15 – 5:15	4 TURF ROOM 4:15 – 5:15 12/6 entries due	5	6 CTC Inv 4:30PM Leave Henley @ 2:30 Richmond, VA	7
8	9 TURF ROOM 4:15 – 5:15	10 TURF ROOM 4:15 – 5:15	11 TURF ROOM 4:15 – 5:15 12/4 entries due	12 TURF ROOM 4:15 – 5:15	13	14 ECE #1 9:00AM (8:00) Cregger Center Salem, VA
15	16 TURF ROOM 4:15 – 5:15	17 TURF ROOM 4:15 – 5:15	18 TURF ROOM 4:15 – 5:15	19 TURF ROOM 4:15 – 5:15	20	21
22	23	24	25	26	27	28
29	30	31				

A meet time of 9:00 AM (8:00) means that the meet starts at 9:00 AM and runners should arrive no later than 8:00 AM.

# Henley Runners

January  
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	) 2	3	4
5	6	7 TURF ROOM 4:15 – 5:15	8 TURF ROOM 4:15 – 5:15 1/11 entries due	9 TURF ROOM 4:15 – 5:15	10	11
12	13 TURF ROOM 4:15 – 5:15	14 TURF ROOM 4:15 – 5:15	15 TURF ROOM 4:15 – 5:15 1/17 entries due	16 TURF ROOM 4:15 – 5:15	17 CTC Inv 4:30PM Leave Henley @ 2:30 Richmond, VA	18
19	20	21 TURF ROOM 4:15 – 5:15	22 TURF ROOM 4:15 – 5:15 1/25 entries due	23 TURF ROOM 4:15 – 5:15	24	25 Heritage Inv Field: 8:30AM (7:30) Track: 11:00AM (9:00) Lynchburg, VA
26	27 TURF ROOM 4:15 – 5:15	28 TURF ROOM 4:15 – 5:15	29 TURF ROOM 4:15 – 5:15	30 TURF ROOM 4:15 – 5:15	31 TURF ROOM 4:15 – 5:15	

A meet time of 9:00 AM (8:00) means that the meet starts at 9:00 AM and runners should arrive no later than 8:00 AM.

# Henley Runners

February  
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 TURF ROOM 4:15 – 5:15	4 TURF ROOM 4:15 – 5:15	5 TURF ROOM 4:15 – 5:15	6 TURF ROOM 4:15 – 5:15	7	8 ECE #6 9:00AM (8:00) Cregger Center Salem, VA
9	10 TURF ROOM 4:15 – 5:15	11 TURF ROOM 4:15 – 5:15	12 TURF ROOM 4:15 – 5:15	13 TURF ROOM 4:15 – 5:15	14	15
16	17	18	19	20	21	22
23	24 SPRING TRACK BEGINS TURF ROOM 4:15 – 5:15	25 TURF ROOM 4:15 – 5:15	26 TURF ROOM 4:15 – 5:15	27 TURF ROOM 4:15 – 5:15	28 TURF ROOM 4:15 – 5:15	

A meet time of 9:00 AM (8:00) means that the meet starts at 9:00 AM and runners should arrive no later than 8:00 AM.

# Henley Runners

March  
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 TURF ROOM 4:15 – 5:15	4 TURF ROOM 4:15 – 5:15	5 TURF ROOM 4:15 – 5:15	6 TURF ROOM 4:15 – 5:15	7 TURF ROOM 4:15 – 5:15	8
9	10 TURF ROOM 4:15 – 5:15	11 TURF ROOM 4:15 – 5:15	12 TURF ROOM 4:15 – 5:15	13 TURF ROOM 4:15 – 5:15	14	15
16	17	18 TURF ROOM 4:15 – 5:15 3/21 entries due	19 TURF ROOM 4:15 – 5:15	20 TURF ROOM 4:15 – 5:15	21 Amherst Inv Leave School @ 3:00 + Adidas Nationals	22 Adidas Nationals VA Beach
23 Adidas Nationals VA Beach	24 TURF ROOM 4:15 – 5:15	25 TURF ROOM 4:15 – 5:15 3/29 entries due	26 TURF ROOM 4:15 – 5:15	27 TURF ROOM 4:15 – 5:15	28	29 Blue Ridge Inv Field: 10:00AM (9:00) Track: 11:00AM (10:00) St. George, VA
30	31					

Meet times are shown as START TIME (ARRIVAL TIME). So, 9:00 AM (8:00) means that the meet starts at 9:00 AM and runners should arrive by 8:00 AM.

# Henley Runners

April  
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 TURF ROOM 4:15 – 5:15	8 TURF ROOM 4:15 – 5:15 4/12 entries due	9 TURF ROOM 4:15 – 5:15	10 TURF ROOM 4:15 – 5:15	11 TURF ROOM 4:15 – 5:15	12 Timberwolf Classic Midlothian, VA
13	14 TURF ROOM 4:15 – 5:15	15 TURF ROOM 4:15 – 5:15	16 TURF ROOM 4:15 – 5:15	17 TURF ROOM 4:15 – 5:15	18 TURF ROOM 4:15 – 5:15	19 Henley / CC Invitational WAHS Track 9:00 (8:00)
20	21 TURF ROOM 4:15 – 5:15	22 TURF ROOM 4:15 – 5:15 4/26 entries due	23 TURF ROOM 4:15 – 5:15	24 TURF ROOM 4:15 – 5:15	25	26
27	28 5/1 entries due	29 TURF ROOM 4:15 – 5:15	30 TURF ROOM 4:15 – 5:15			

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# Henley Runners

May  
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 County Championships Leave School @ 3:00 Monticello HS	2	3
4	5 TURF ROOM 4:15 – 5:15	6 TURF ROOM 4:15 – 5:15	7 TURF ROOM 4:15 – 5:15	8 Ragged Mtn Inv. Leave School @ 3:30 UVA Track	9	10
11	12 TURF ROOM 4:15 – 5:15	13 TURF ROOM 4:15 – 5:15	14 TURF ROOM 4:15 – 5:15	15 TURF ROOM 4:15 – 5:15	16 TURF ROOM 4:15 – 5:15	17
18	19 TURF ROOM 4:15 – 5:15 5/24 entries due	20 TURF ROOM 4:15 – 5:15	21 TURF ROOM 4:15 – 5:15	22 TURF ROOM 4:15 – 5:15	23 TURF ROOM 4:15 – 5:15	24 3rd Annual Henley Relay Inv 9:00 AM (8:00) WAHS Track
25	26	27	28	29	30	31

A meet time of 9:00 AM (8:00) means that the meet starts at 9:00 AM and runners should arrive no later than 8:00 AM.