

Henley Runners

February
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 SCHOOL CLOSED (SNOW DAY)	2 BROWNSVILLE 4:15 – 5:15	3 TURF ROOM 4:15 – 5:15	4 BROWNSVILLE 4:15 – 5:15	5 TURF ROOM 4:15 – 5:15	6
8 TURF ROOM 4:15 – 5:15	9 BROWNSVILLE 4:15 – 5:15	10 TURF ROOM 4:15 – 5:15	11 BROWNSVILLE 4:15 – 5:15	12 BROWNSVILLE 4:15 – 5:15 LAST DAY OF INDOOR PRACTICE	13	14 ROUTE 250 INVITATIONAL WOODBERRY FOREST
15 NO SCHOOL	16 NO SCHOOL	17	18	19	20	21
22	23	24	25	26	27	28

Henley Runners

March
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2 FIRST DAY OF OUTDOOR TRACK TURF ROOM 4:15 – 5:15	3 TURF ROOM 4:15 – 5:15	4 TURF ROOM 4:15 – 5:15	5 TURF ROOM 4:15 – 5:15		6 7
8	9 TURF ROOM 4:15 – 5:15	10 TURF ROOM 4:15 – 5:15	11 TURF ROOM 4:15 – 5:15	12 TURF ROOM 4:15 – 5:15	13 HENLEY TRIANGULAR WAHS 4:30	14
15	16 TURF ROOM 4:15 – 5:15	17 TURF ROOM 4:15 – 5:15	18 TURF ROOM 4:15 – 5:15	19 NO SCHOOL	20 NO SCHOOL INDOOR NATIONALS	21 LOUISA INV / INDOOR NATIONALS
22	23 TURF ROOM 4:15 – 5:15	24 TURF ROOM 4:15 – 5:15	25 TURF ROOM 4:15 – 5:15	26 TURF ROOM 4:15 – 5:15		27 28 LOUISA INV
29	30 TURF ROOM 4:15 – 5:15	31 TURF ROOM 4:15 – 5:15				

Henley Runners

April
2026

Sunday	Monday	Tuesday	Wednesday		Thursday	Friday	Saturday
			1 TURF ROOM 4:15 – 5:15		2 TURF ROOM 4:15 – 5:15	3 HENLEY TRIANGULAR WAHS 4:30	4
5 NO SCHOOL SPRING BREAK	6 NO SCHOOL SPRING BREAK	7 NO SCHOOL	8 NO SCHOOL	9 NO SCHOOL	10 NO SCHOOL		11
12 TURF ROOM 4:15 – 5:15	13 TURF ROOM 4:15 – 5:15	14	15	16 TURF ROOM 4:15 – 5:15		17	18 ALBEMARLE INV WAHS 9:30
19 TURF ROOM 4:15 – 5:15	20 TURF ROOM 4:15 – 5:15	21 TURF ROOM 4:15 – 5:15	22 TURF ROOM 4:15 – 5:15	23 TURF ROOM 4:15 – 5:15		24	25
26 TURF ROOM 4:15 – 5:15	27 TURF ROOM 4:15 – 5:15	28 TURF ROOM 4:15 – 5:15	29 TURF ROOM 4:15 – 5:15	30 TURF ROOM 4:15 – 5:15			

Henley Runners

May
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 FLUVANNA INV 3:00 FIELD 4:00 RUNNING	2
3 TURF ROOM 4:15 – 5:15	4 TURF ROOM 4:15 – 5:15	5 GREG DAVIS MEM LOCATION TBD 4:00 PM	6 TURF ROOM 4:15 – 5:15	7	8	9
10 TURF ROOM 4:15 – 5:15	11 TURF ROOM 4:15 – 5:15	12 TURF ROOM 4:15 – 5:15	13 TURF ROOM 4:15 – 5:15	14 TURF ROOM 4:15 – 5:15	15	16
17 TURF ROOM 4:15 – 5:15	18 TURF ROOM 4:15 – 5:15	19 TURF ROOM 4:15 – 5:15	20 TURF ROOM 4:15 – 5:15	21 TURF ROOM 4:15 – 5:15 LAST DAY OF PRACTICE	22 STATE CHAMPIONSHIPS GLEN ALLEN, VA	23
24 NO SCHOOL	25	26	27	28 LAST DAY OF SCHOOL	29	30
31						