

Henley Runners

July
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 CONDITIONING CROZET PARK 8:00 - 9:00	8	9 CONDITIONING CROZET PARK 8:00 - 9:00	10	11 CONDITIONING CROZET PARK 8:00 - 9:00	12
13	14 CONDITIONING CROZET PARK 8:00 - 9:00	15	16 CONDITIONING CROZET PARK 8:00 - 9:00	17	18 CONDITIONING CROZET PARK 8:00 - 9:00	19
20	21 CONDITIONING CROZET PARK 8:00 - 9:00	22	23 CONDITIONING CROZET PARK 8:00 - 9:00	24	25 CONDITIONING CROZET PARK 8:00 - 9:00	26
27	28 CONDITIONING CROZET PARK 8:00 - 9:00	29	30 CONDITIONING CROZET PARK 8:00 - 9:00	31		

Henley Runners

August
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 CONDITIONING CROZET PARK 8:00 - 9:00	2
3	4 CONDITIONING CROZET PARK 8:00 - 9:00	5	6 CONDITIONING CROZET PARK 8:00 - 9:00	7	8 CONDITIONING CROZET PARK 8:00 - 9:00	9
10	11 CONDITIONING CROZET PARK 8:00 - 9:00	12	13 FIRST DAY OF SCHOOL	14	15	16 2 MILE FAMILY FUN RUN CROZET PARK 9:00 AM
17	18 PRACTICE BEGINS TURF ROOM 4:15 - 5:15	19 TURF ROOM 4:15 - 5:15	20 TURF ROOM 4:15 - 5:15	21 TURF ROOM 4:15 - 5:15	22	23
24	25 TURF ROOM 4:15 - 5:15	26 TURF ROOM 4:15 - 5:15	27 TURF ROOM 4:15 - 5:15	28 TURF ROOM 4:15 - 5:15	29	30
31						

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September
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOR DAY NO SCHOOL	2 TURF ROOM 4:15 – 5:15	3 TURF ROOM 4:15 – 5:15	4 TURF ROOM 4:15 – 5:15	5 2 MILE TRIANGULAR HENLEY FIELDS 4:30 PM	6
7	8 TURF ROOM 4:15 – 5:15	9 TURF ROOM 4:15 – 5:15	10 TURF ROOM 4:15 – 5:15	11 TURF ROOM 4:15 – 5:15	12	13 AUGUSTA INV. 2 MILE WILSON HS 9:00 AM
14	15 TURF ROOM 4:15 – 5:15	16 TURF ROOM 4:15 – 5:15	17 TURF ROOM 4:15 – 5:15	18 TURF ROOM 4:15 – 5:15	19	20 GRIFFIN INV. 2 MILE PEAKVIEW ELEM. 9:00 AM
21	22 TURF ROOM 4:15 – 5:15	23 TURF ROOM 4:15 – 5:15	24 TURF ROOM 4:15 – 5:15	25 TURF ROOM 4:15 – 5:15	26 NO SCHOOL	27 GRACE INV. 2 MILE COYNER SPRINGS PK 9:00 AM
28	29 TURF ROOM 4:15 – 5:15	30 TURF ROOM 4:15 – 5:15				

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October
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 TURF ROOM 4:15 – 5:15	2 TURF ROOM 4:15 – 5:15	3	4 ALBEMARLE INV. 4K MONTICELLO HS 9:00 AM
5	6 TURF ROOM 4:15 – 5:15	7 TURF ROOM 4:15 – 5:15	8 TURF ROOM 4:15 – 5:15	9 CVILLE CATH INV 4K DARDEN TOWE 4:30 PM	10	11
12	13 NO SCHOOL	14 NO SCHOOL	15 TURF ROOM 4:15 – 5:15	16 TURF ROOM 4:15 – 5:15	17	18 HENLEY INV 4K HENLEY FIELDS 9:00 AM
19	20 TURF ROOM 4:15 – 5:15	21 TURF ROOM 4:15 – 5:15	22 TURF ROOM 4:15 – 5:15	23 TURF ROOM 4:15 – 5:15	24	25
26	27 TURF ROOM 4:15 – 5:15	28 TURF ROOM 4:15 – 5:15	29 TURF ROOM 4:15 – 5:15	30 TURF ROOM 4:15 – 5:15	31	

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November
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 NO SCHOOL	4 NO SCHOOL	5 TURF ROOM 4:15 – 5:15	6 TURF ROOM 4:15 – 5:15 LAST DAY OF CC PRACTICE	7	8 COUNTY CHMP 4 KM MONTICELLO HS 9:30 AM
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26 NO SCHOOL THANKSGIVING	27 NO SCHOOL THANKSGIVING	28 NO SCHOOL THANKSGIVING	29
30						

Henley Runners

December
2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 FIRST DAY OF INDOOR TRACK TURF ROOM 4:15 – 5:15	2 TURF ROOM 4:15 – 5:15	3 TURF ROOM 4:15 – 5:15	4 TURF ROOM 4:15 – 5:15	5	6
7	8 TURF ROOM 4:15 – 5:15	9 TURF ROOM 4:15 – 5:15	10 TURF ROOM 4:15 – 5:15	11 TURF ROOM 4:15 – 5:15	12	13
14	15 TURF ROOM 4:15 – 5:15	16 TURF ROOM 4:15 – 5:15	17 TURF ROOM 4:15 – 5:15	18 TURF ROOM 4:15 – 5:15	19 NO SCHOOL	20
21	22 NO SCHOOL WINTER BREAK	23 NO SCHOOL WINTER BREAK	24 NO SCHOOL WINTER BREAK	25 NO SCHOOL WINTER BREAK	26 NO SCHOOL WINTER BREAK	27
28	29 NO SCHOOL WINTER BREAK	30 NO SCHOOL WINTER BREAK	31 NO SCHOOL WINTER BREAK			