

Henley Runners

March
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 FIRST DAY OF OUTDOOR TRACK TURF ROOM 4:15 – 5:30	3 TURF ROOM 4:15 – 5:30	4 TURF ROOM 4:15 – 5:30	5 TURF ROOM 4:15 – 5:30	6	7
8	9 TURF ROOM 4:15 – 5:30	10 TURF ROOM 4:15 – 5:30	11 TURF ROOM 4:15 – 5:30	12 TURF ROOM 4:15 – 5:30	13 HENLEY QUAD WAHS 4:30	14 HENLEY QUAD (RESCHEDULED) WAHS 9:00
15	16 TURF ROOM 4:15 – 5:30	17 TURF ROOM 4:15 – 5:30	18 TURF ROOM 4:15 – 5:30	19 TURF ROOM 4:15 – 5:30	20 NO SCHOOL INDOOR NATIONALS	21 LOUISA INV 11:00 AM / INDOOR NATIONALS
22	23 TURF ROOM 4:15 – 5:30	24 TURF ROOM 4:15 – 5:30	25 TURF ROOM 4:15 – 5:30	26 TURF ROOM 4:15 – 5:30	27 TURF ROOM 4:15 – 5:30	28 DISTANCE CROZET PARK 9:00
29	30 TURF ROOM 4:15 – 5:30	31 TURF ROOM 4:15 – 5:30				

Henley Runners

April
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 TURF ROOM 4:15 – 5:30	2 TURF ROOM 4:15 – 5:30	3 HENLEY QUAD WAHS 4:30 PM	4 DISTANCE CROZET PARK 9:00
5	6 NO SCHOOL 4:00 PRACTICE	7 NO SCHOOL 4:00 PRACTICE	8 NO SCHOOL 4:00 PRACTICE	9 NO SCHOOL 4:00 PRACTICE	10 SHENANDOAH SHOWCASE 4:45 PM	11 DISTANCE CROZET PARK 9:00
12	13 TURF ROOM 4:15 – 5:30	14 TURF ROOM 4:15 – 5:30	15	16 TURF ROOM 4:15 – 5:30	17 TURF ROOM 4:15 – 5:30	18 CVMS INVITE GLADYS, VA 10:00 AM FIELD 11:30 AM RUNNING
19	20 TURF ROOM 4:15 – 5:30	21 NO SCHOOL SPECIAL ELECTIONS	22 TURF ROOM 4:15 – 5:30	23 TURF ROOM 4:15 – 5:30	24 TURF ROOM 4:15 – 5:30	25 DISTANCE CROZET PARK 9:00
26	27 TURF ROOM 4:15 – 5:30	28 TURF ROOM 4:15 – 5:30	29 TURF ROOM 4:15 – 5:30	30 TURF ROOM 4:15 – 5:30		

Henley Runners

May
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 TURF ROOM 4:15 - 5:30	5 TURF ROOM 4:15 - 5:30	6 GREG DAVIS WAHS 4:30 PM	7 TURF ROOM 4:15 - 5:30	8 TURF ROOM 4:15 - 5:30	9 DISTANCE CROZET PARK 9:00
10	11 TURF ROOM 4:15 - 5:30	12 TURF ROOM 4:15 - 5:30	13 TURF ROOM 4:15 - 5:30	14 TURF ROOM 4:15 - 5:30	15 HENLEY INVITE WAHS 4:30 PM	16 DISTANCE CROZET PARK 9:00
17	18 TURF ROOM 4:15 - 5:30	19 TURF ROOM 4:15 - 5:30	20 TURF ROOM 4:15 - 5:30	21 TURF ROOM 4:15 - 5:30 LAST DAY OF PRACTICE	22	23 STATE CHAMPIONSHIPS GLEN ALLEN, VA
24	25 NO SCHOOL	26	27	28	29 LAST DAY OF SCHOOL	30
31						