

BEHAVIORAL HEALTH RESOURCES

All Blue Text is a Link

The **988 Suicide & Crisis Lifeline** offers 24/7 call or text access to trained crisis counselors. 988 calls are connected to a local crisis center.

Local 24/7 Pinellas County Suicide Hotline -727-791-3131

Local 24/7 Pinellas County Mental Health Assistance -727-541-4628

AGENCIES:

[Airport Fire Rescue](#)

[Clearwater Fire and Rescue](#)

[Dunedin Fire & Rescue](#)

[East Lake Fire & Rescue](#)

[Gulfport Fire Rescue](#)

[Largo Fire Rescue](#)

[Lealman Fire Rescue](#)

[Madeira Beach Fire Rescue](#)

[Oldsmar Fire Rescue](#)

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County Wide Resources:

- Medical Director - Dr. Angus Jameson
 - O: 727-582-5750 | C: 27-269-3397 | ajameson@pinellascounty.org
- [Crisis Center of Tampa Bay](#)
- [IAFF Center for Excellence - 1-855-900-8437 | Resources | Admissions Process](#)
- The Franciscan Center - Operation Restore
 - Liz Fogo: 727-582-5755 | lfogo@pinellascounty.org
- [UCF Restores - 407-823-3910](#)
- [2-1-1](#)
- [Veterans Crisis Line - 988 \(Press 1\) Text: 838255 or Chat Online](#)
- [All First Responders Matter](#)
 - Nicole Robel: 813-731-2859 | Susan Ireland: 727-286-1902
- [HCA Healthcare: 24/7 Direct Inpatient Admission \(No ED, private room, private entrance for first responders, Alias upon request\)](#)
 - 727-460-3193 (state you are a first responder or calling for a first responder)
- [Firefighter Cancer Support Network link: Click here for Workflow](#)
- [2nd Alarm Project](#)
- [The First Responder Hope Line: Testimonial video](#)
- [CISM of West Central Florida](#)
- [Spring Garden Detox and Recovery Center – 833-692-0479](#)
- [Resilient Retreat: 941-504-6629](#)
- [Lakeland Regional Health – Identify as a First Responder](#)
 - Outpatient: 863-68-1222 | Inpatient: 963-687-1275

Center for the Study of Traumatic Stress PDF Documents:

These documents may be informative or educational.

- [Assessment Instruments for First Responders and Public Health Emergency Workers](#)
- [Evidence-Based Management of Posttraumatic Stress Disorder \(PTSD\)](#)
- [Grief Leadership - Leadership in the Wake of Tragedy](#)
- [Helping Personnel Who Experience Work-Related Trauma Exposure - for Supervisors](#)
- [Information for First Responders on Emotional Reactions to Human Bodies in Mass Death](#)
- [Psychological Debriefing After a Crisis - Current Evidence](#)
- [Recovery in the Aftermath of Workplace Violence - Guidance for Supervisors](#)
- [Recovery in the Aftermath of Workplace Violence - Guidance for Workers](#)
- [Stress Management for Leadership](#)

Franciscan Center Information

- [Franciscan Center FAQ](#)
- [Franciscan Center Operation Restore Brochure](#)
- [Franciscan Center 2.0 Video](#)
- Franciscan Center - Operation Restore
 - Liz Fogo: 727-582-5755
lfogo@pinellascounty.org

Additional Resources

- [Firestrong Info/Access Guide](#)
- [Stress Wellness Leadership Video](#)
-

St. Petersburg Behavioral Health Program PDF Documents:

These documents may be helpful to use as templates/examples if your agency is working towards building a Behavioral Health Program.

- [Administration Mission Statement](#)
- [Behavioral Health Supporting Memo](#)
- [Behavioral Health Program Development](#)
- [Behavioral Health Programs Flow Chart](#)
- [Behavioral Health Management Guide](#)
- [Fire & EMS Stress First Aid Manual](#)
- [Peer Support Overview](#)
- [Risk Assessment Plan - Policy 309](#)
- [Risk Management Plan 2019-2020](#)
- [Signs and Symptoms](#)
- [Peer Support and Reference Guide Book](#)
- [Statement of Work](#)
- [VCOS Yellow Ribbon Report](#)

Airport Fire Rescue

- **EAP - Optum (United Healthcare) - 1-866-894-5795**
- **Health Insurance - United Healthcare - 1-844-518-8079**
- **Pinellas County Health Benefits Info**

Clearwater Fire and Rescue

- **EAP - CIGNA Behavioral Health - 877-622-4327**
- **Health Insurance - CIGNA - 1-800-244-6224**
- **Peer Support Team Coordinator:**
 - Division Chief John Klinefelter
Office: 727-562-4334 Ext. 3469
Cell: 727-224-7358
john.klinefelter@myclearwater.com
- **Chaplains:**
 - Danny Champagne: 727-251-9164
 - Bill James: 727-480-5551
 - Rev. Milton Smith: 727-798-5718

Dunedin Fire & Rescue

- **EAP - Humana - 1-866-440-6556**
 - **Username:** eap6 **Password:** eap6
- **Health Insurance - Humana - 1-800-448-6262**
- **24/7 On Call Clinical Care Support:**
 - Jennifer Young, LMHC: 727-642-2189
jennifer@counselingforyourself.com
 - Tanya Bunch Zipeto, LMHC: 727-222-5592
tanya@tanyazipetolmhc.com
- **Peer Support Team Coordinator:**
 - EMS Division Chief Mark Zipeto (DU500)
Office: 727-298-3093
Cell: 727-452-2318
EMSchief@DunedinFL.net
- **Peer Support Team:**
 - Kevin Naylor: 813-714-2425
knaylor@dunedinfl.net
 - Chris Lindau: 727-244-4669
clindau@dunedinfl.net
- **Chaplain:**
 - None

East Lake Fire & Rescue

- **EAP - BayCare - 1-800-878-5470**
- **Health Insurance - Florida Blue - 1-800-352-2583**
- **Firestrong** - City of St. Petersburg Login
- **Chaplains:**
 - Chaplain Kennon Wiley: 727-678-9762
 - Chaplain Kurt Parker: 727-726-0202

Gulfport Fire Rescue

- **EAP - Resources for Living - 1-800-272-3626**
 - **Username:** PRM **Password:** 8002723626
- **Health Insurance - Florida Blue - 1-800-352-2583**
- **CISM of West Central Florida, Inc.**
 - Penni Eggers (DUFD): 727-251-7758
 - Rick Walker (EMA): 727-642-9838
 - Dr. Bob Arnold: 727-417-6517
- **Gulfport Resources PDF**

Largo Fire Rescue

- **EAP - Health Advocate - 1-877-240-6863**
 - Type - City of Largo - as Organization - advise call taker that you are a first responder
- **Health Insurance - Florida Blue - 1-800-352-2583**
- **Firestrong**
- **Chaplains**
 - Will Murphy: 727-906-2618
 - Dan Horne: 727-316-2223
 - John Trese: 727-804-7797
- **Peer Support Team Coordinator:**
 - Division Chief of Operations Emmet Sands
Cell: 727-452-2318 esands@largo.com
- **Peer Support Team:**
 - **A-Shift**
 - Keri Pettingill: 727-415-5390
kpetting@largo.com
 - Steve Brannen: 727-224-1673
sbrannen@largo.com

- James Gallagher: 727-776-8807
jgallagh@largo.com
- Emmett Sands: 727-417-5419
esands@largo.com
- **B-Shift**
 - Billy Stark: 727-518-4542
wstark@largo.com
 - Steve Bailey: 727-271-3817
sbailey@largo.com
 - Jorge Olivera: 813-679-2390
jolivera@largo.com
 - Andrew Dixon: 727-430-0991
adixon@largo.com
- **C-Shift**
 - Lance Michael: 727-434-8882
lmichael@largo.com
 - Brian Ammons: 727-688-5323
bammons@largo.com
 - Bob Dimarco: 727-359-9872
rdimarco@largo.com
 - Greg Cargill: 727-744-3754
gcargill@largo.com

Lealman Fire Rescue

- **EAP - ComPsych - 1-800-272-7255 - Organization Web ID: COM589**
 - [Click Here for EAP PDF](#)
- **Health Insurance - Florida Blue - 1-800-352-2583**
 - [Click Here for Insurance PDF](#)

Madeira Beach Fire Rescue

Oldsmar Fire Rescue

- **EAP - E4health - 1-800-227-2195**
- **Health Insurance - CIGNA - 1-800-244-6224**
- **Chaplain**
 - Rev. Milton Smith: 727-798-5718

Palm Harbor Fire Rescue

- **EAP - Bay Care Behavioral Health - 1-800-878-5470**
- **Health Insurance - United Healthcare - 1-866-314-0335**
- **Chaplain**
 - Rev. Milton Smith: 727-798-5718
 - [All First Responders Matter](#)

Pinellas Park Fire Department

- **EAP - CIGNA Behavioral Health - 877-622-4327**
 - **Employer ID:** copp
 - [Click Here for EAP PDF](#)
- **Health Insurance - CIGNA - 1-866-494-2111**
 - [Click Here for Insurance PDF](#)
- **Firestrong**
- **Peer Support Team Coordinator:**
 - EMS Division Chief Andrew Hughes
Office: 727-369-5810
Cell: 727-432-4174
ahughes@pinellas-park.com
- **Peer Support Team:**
 - Lt. Tim Brooke: 727-543-6235
tbrooke@pinellas-park.com
 - FF/PM Chris Hammett: 727-674-8218
chammett@pinellas-park.com
 - FF/PM Matthew Beighey: 305-336-9000
mbeighey@pinellas-park.com
 - Lt. Chris Brooks: 727-548-7502
cbrooks@pinellas-park.com
 - Lt. Chris Connolly: 727-871-3977
cconnolly@pinellas-park.com
 - Lt. Brian Davies: 813-843-7673
bdavies@pinellas-park.com
 - Lt. Rob Day: 813-525-3688
rday@pinellas-park.com
 - FF/EMT Mick DelGrosso: 727-687-4494
ndelgrosso@pinellas-park.com
 - Lt. Richard Dudley Jr.: 727-410-1638
rdudley@pinellas-park.com
 - FF/PM Brian Fazekas: 727-688-2561
bfazekas@pinellas-park.com

- FF/EMT Mike Fortenbery: 727-644-4057
mfortenbery@pinellas-park.com
- FF/PM Erin Giblin: 954-873-0081
egiblin@pinellas-park.com
- FF/EMT Chris Huffman: 727-458-8204
chuffman@pinellas-park.com
- Lt Anthony Iorio: 727-686-9525
aiorio@pinellas-park.com
- FF/PM Chris Jordan: 321-360-2291
cjordan@pinellas-park.com
- FF/EMT Tim Killian: 727-410-9125
tkillian@pinellas-park.com
- Lt Ryan Mitchell: 727-599-9071
jmitchell@pinellas-park.com
- **Chaplains:**
 - Diana Burgess: 727-251-5182
flydi21@hotmail.com
 - Ed Burgess: 727-251-5169
fireed1@hotmail.com
- **Resource PDF Documents**
 - [Peer Support Program SOP PDF](#)
 - [Pinellas Park Fire Department Behavioral Health Resources PDF](#)

Pinellas Suncoast Fire Rescue

- **EAP - Optum (United Healthcare) - 1-888-887-4114 (Care24)**
- **Health Insurance - United Healthcare - 1-844-518-8079**

Regional 9-1-1

- **EAP - Cigna – 1-800-862-3557**
 - Option 4, available 24/7. Remain on the line for both EAP and behavioral/mental health assistance. (First responders can access specialized clinicians by selecting option 4, then option 1.)
- **EAP - Cigna - Pinellas County Onsite Rep –** In person or virtual appointments
- **Health Insurance - Cigna – 1-800-862-3557**
- **Firestrong**
- **Chaplains:**
 - Rev. Milton Smith: 727-798-5718
[All First Responders Matter](#)
 - Chaplain Edward Kellum: 239-628-7945

- **Peer Support Team Coordinator:**

- Kathy Boucher
Office: 727-464-5438
Cell: 727-768-7927
kboucher@pinellascounty.org

Safety Harbor Fire Rescue

- **EAP - BayCare - 1-800-878-5470**
- **Health Insurance - Florida Blue (Blue Cross/Blue Shield) - 1-800-352-2583**

Seminole Fire Rescue

- **EAP - Resources for Living - 1-800-272-3626**
 - Username: PRM Password: 8002723626
 - [Click Here for EAP PDF](#)
- **Health Insurance - Florida Blue (Blue Cross/Blue Shield) - 1-800-352-2583**

South Pasadena Fire Department

- **EAP - A.S.A.P - 1-800-329-6334**
- **Health Insurance - United Healthcare - 1-844-518-8079**
 - When searching for providers, type police/firefighters or PTSD in search bar to find providers qualified to treat first responders

St. Pete Beach Fire Department

- **EAP - BayCare Behavioral Health - 1-800-878-5470**
 - First Responder Liaison - Tracy Daniels - tracy.daniels@baycare.org
- **Health Insurance - CIGNA - 1-800-244-6224**

St. Petersburg Fire Rescue

- **EAP - ComPsych - 1-800-272-7255 - Organization Web ID: STPETE**
- **Health Insurance - United Healthcare - 1-844-518-8079**
 - When searching for providers type police/firefighters or PTSD in search bar to find providers qualified to treat first responders
- **Firestrong - Username:** SPFR (all caps) **Password:** Firestrong (only F is capitalized)
- **24/7 On Call Clinical Care Support:**
 - Dr. Brandy Benson: 727-463-4349
111 N Belcher Rd. Suite 100, Clearwater, FL 33765
601 93rd Ave N., St. Petersburg, FL
- **Peer Support Team Coordinator:**
 - Lt. Robert Neuberger
Office: 727-892-5590
Cell: 727-735-1803
robert.neuberger@stpete.org
- **Peer Support Team:**
 - Lt. Deveron Curry: 727-510-0183
deveron.curry@stpete.org
 - FF Jim Cunningham: 727-415-6692
james.cunningham@stpete.org
 - Lt. Alan Jones: 727-430-5960
alan.jones@stpete.org
 - Lt. Kevin Dooley: 727-543-0390
kevin.dooley@stpete.org
 - FF Michelle Methot: 727-481-2289
michelle.methot@stpete.org
 - Lt Chris Spafford: 727-244-4401
christopher.spafford@stpete.org
 - Rick Neuberger (Retired): 727-418-3666
spfire03@aol.com
 - FF/PM Kitty Van Aken: 727-804-1906
catherine.vanaken@stpete.org
 - FF/PM Dustin Woodruff: 727-249-7817
dustin.woodruff@stpete.org
 - FF/PM Joy Albury: 727-686-7616
joy.albury@stpete.org
 - FF/PM Jon Sanchez: 818-384-5584
jonathan.sanchez@stpete.org
 - FF/EMT Jeremy Clark: 727-214-4595
jeremy.clark@stpete.org
 - FF/PM Robert Winters: 727-432-2472
robert.winters@stpete.org

- Alan (Rosie) Rosetti (Retired): 727-512-9784 spfr.historian@stpete.org
- FF/EMT Ben Wendell: 727-812-6930
benjamin.wendell@stpete.org
- FF/PM Sean Kilgannon: 813-453-3220 sean.kilgannon@stpete.org
- Lt. Jason Francis:- 727-647-8110
jason.francis@stpete.org
- Chief Keith Watts: 407-247-5875 keith.watts@stpete.org
- Chief Rich Ganci: 727-423-0579
richard.ganci@stpete.org
- **Chaplains:**
 - Chaplain Lt. Richard Morris: 727-207-8807 richard.morris@stpete.org
 - Chaplain Lt. Kelvin Jackson Sr.: 727-748-7190 kelvin.jackson@stpete.org
- **Critical Incident Stress Management (CISM) Team Coordinator:**
 - Lt. Deveron Curry: 727-510-0183
Deveron.curry@stpete.org
- **HCA Healthcare: 24/7 Direct Inpatient Admission (No ED, private room, private entrance for first responders, Alias upon request)**
 - 727-460-3193 (state you are a first responder or calling for a first responder)
- **Resource PDF Documents:**
 - [SPFR Behavioral Health & Wellness Program Brochure](#)
 - [SPFR Peer Support and Guide](#)
- **Firefighter Cancer Support Network**
- **Spring Garden Detox and Recovery Center**
 - 833-692-0479
 - springgardenrecovery.com

Sunstar Paramedics

- **EAP - MetLife, LifeWorks - 1-888-319-7819**
 - LifeWorks app available on iTunes app store or Google Play
 - Log in to the app or online with **Username:** metlifeeap **Password:** eap
 - [Click Here for EAP PDF](#)
- **Health Insurance – Florida Blue: 1-800-830-1501**
- **TeleDoc Telemedicine**
 - (Includes Behavioral Health Support)
 - MyHealthToolkit.com can be downloaded from the App Store or on Google Play
 - Available to employees currently enrolled in company's medical health plans

- Members in PPO plan pay \$20 per consults.
- Members in HDHP pay \$59 per visit until deductible is met, then 10% of cost
- **24/7 On Call Clinical Care Support:**
 - Jennifer Young LMHC: 727-642-2189
jennifer@counselingforyourself.com | no cost up to 3 visits)
 - [Tampa Bay Psychology](#): 727-463-4349 (no cost out of pocket)

Tarpon Springs Fire Rescue

- **Health Insurance - United Healthcare - 1-844-518-8079**
 - When searching for providers type police/firefighters or PTSD in search bar to find providers qualified to treat first responders
- **Chaplain:**
 - Rev. Milton Smith: 727-798-5718
[All First Responders Matter](#)
- **[Tarpon Springs Resources and Providers PDF Document](#)**

Treasure Island Fire Rescue

- **[EAP - Resources for Living - 1-800-727-3626](#)**
- **[Health Insurance - Florida Blue - 1-800-352-2583](#)**