



February National Heart Month



**American
Heart
Association®**

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As we enter the 57th consecutive American Heart Month this February, our focus turns to the enduring importance of heart health, especially for our dedicated Fire/EMS professionals. This annual observance has been a steadfast tradition, emphasizing the crucial need for awareness and proactive measures to combat heart disease.

In the line of duty, Fire/EMS workers often face unique challenges that underscore the significance of maintaining heart health. The American Heart Association's "Don't Die of Doubt" campaign takes center stage, urging our heroes not to postpone vital hospital visits and emphasizing the safety of medical facilities.

Heart disease remains a formidable global health threat, with recent statistics revealing a 17.1% increase in cardiovascular disease-related deaths over the past decade. This underscores the ongoing urgency for research and collective efforts to combat this pervasive issue.

Throughout American Heart Month, the AHA and allied organizations emphasize the vital importance of heart health, advocating for lifestyle changes and regular checkups tailored to the unique challenges faced by Fire/EMS professionals. Prevention remains key, with individuals encouraged to adopt healthier habits such as not smoking, maintaining a healthy weight, and managing blood pressure and cholesterol.

Join us in commemorating the 57th American Heart Month, as we unite to raise awareness, support ongoing research, and strive for a healthier, heart-conscious future for our Fire/EMS heroes and all community members.



Congratulations



Congratulations to Chief James Large on an impressive 50 years of dedicated service! Your commitment has been truly commendable, and we extend our best wishes for a fulfilling retirement. Thank you for your valuable contributions throughout your career.

ST. PETERSBURG FIRE RESCUE

50 YEARS OF DEDICATION

JAMES D. LARGE IS

Retiring

PLEASE JOIN US FOR A CELEBRATION TO
HONOR FIRE CHIEF JAMES LARGE'S 50 YEARS
OF SERVICE WITH THE CITY OF ST. PETERSBURG

FRIDAY, MARCH 1ST, 2024 1:30 PM - 4:00 PM
ST. PETERSBURG FIRE RESCUE HEADQUARTERS
400 DR. MLK JR. STREET SOUTH ST. PETERSBURG, FL 33701



Congratulations



Woo!
Hoo!

10 Years

Join us in congratulating **Dr. Angus Jameson, MD** as he marks a decade of dedicated service as our Pinellas County EMS Medical Director. Dr. Jameson was appointed by the Board of County Commissioners acting as the Emergency Medical Services Authority in January 2014, and his impact on our EMS system has been profound.

Throughout his tenure, Dr. Jameson has been instrumental in steering our EMS system towards excellence. His collaborative approach, working hand in hand with all team members, has been pivotal in achieving significant advancements in various key areas. Under his leadership, our EMS system has evolved into a major metropolitan force, providing top-tier emergency medical services to the citizens of Pinellas County.

A true champion of the original EMS Ordinance, Dr. Jameson has consistently strived to fulfill its aim – upgrading our EMS system to state-of-the-art levels of performance and continuously enhancing it to maintain that status. His unwavering commitment and visionary leadership have played a crucial role in making this vision a reality.

To Dr. Angus Jameson – thank you for your decade-long commitment and service to the citizens of Pinellas County, our patients, and the steadfast support of our 1,800 Paramedics/EMTs! Your dedication has been an inspiration to us all.

As we celebrate this remarkable milestone, it is truly an honor to serve alongside Dr. Jameson and the entire Office of the Medical Director team. Here's to ten more years of continued success, growth, and exceptional service to our community! Cheers to a decade of excellence and to the promising future ahead!



MEDICAL CONTROL DIRECTIVE

2024-07

DATE: January 26, 2024

TO: Pinellas County EMS Agencies
Pinellas County Emergency Communications
Pinellas County Certified EMTs and Paramedics
Pinellas County Certified Advanced Practice Paramedics, Nurses
Pinellas County Online Medical Control Physicians
Pinellas County Ambulance Billing and Financial Services
ED Nurse Managers

FROM: Dr. Angus Jameson, EMS Medical Director

A blue ink handwritten signature, appearing to be "A. Jameson", written in a cursive style.

RE: CPRMeter2 Implementation

Effective Date: January 31, 2024 0800 hrs.

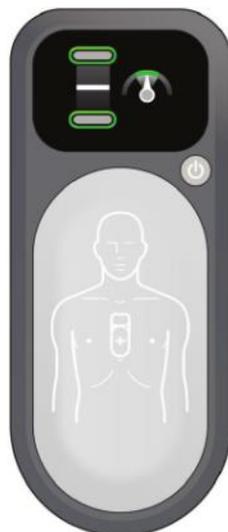
- The new CPRMeter2 is to be deployed to all frontline staffed ALS and BLS response units effective 0800 hrs. on January 31, 2024.

Attachments:

- CPRMeter2 Refresh

Distribution:

- EMS Chiefs e-mail distribution group
- Vector Solutions
- Pinellas County EMS Office of the Medical Director Webpage www.pcernsomed.com



Mapping Update

Safety and Emergency Services is thrilled to announce the successful completion of a crucial phase in the mapping system enhancement project. A couple weeks ago, they focused on relocating all address points for Mobile Home Park lots to their correct buildings, a move that promises improved accuracy and operational efficiency.

Key Highlights:

Color-Coded Maps: The maps now feature a user-friendly color-coded system. At a specific zoom level, units and lots are displayed in red, providing a visual aid for quick identification and reference.

Condo Address Points and Building Splits: They have dedicated efforts to enhance the accuracy of condo address points. Through meticulous work, each condo address point is now correctly assigned to its respective parcel. Building splits were implemented where needed to reflect the physical layout accurately.

Dispatch and various departments have already provided positive feedback, noting the tremendous assistance these improvements offer in day-to-day operations. Accurate address points and streamlined data contribute to efficient communication and resource allocation.

While celebrating this achievement, Safety and Emergency Service's commitment to improvement remains unwavering. They recognize the importance of an accurate and efficient mapping system and will continue refining and enhancing the data to meet evolving organizational needs.

The completion of the address point migration for MHP lots, coupled with color-coded maps and improvements to condo address points, signifies a significant leap forward in our mission to enhance the functionality and accuracy of the mapping system. Positive impacts are already evident in dispatch and departmental operations, and they are determined to further refine the data for the overall benefit of our organization. Stay tuned for more updates as they continue to make the mapping system even more robust and user-friendly.



The Great Tornado Drill

On February 7th at 10 am, a statewide tornado drill swept through Pinellas County. Local agencies rose to the occasion as the clock struck 10, with people across the county practicing their duck and cover skills. Even Sparky the dog joined in on the action to show us how it's done!

Some of the participants in the preparedness event were Pinellas Park Fire Department, Largo Fire Rescue, various departments within Pinellas County Safety and Emergency Services, Sunstar, and guess what? Even employees working from home enthusiastically participated, making it a community-wide effort to stay ready for emergencies while injecting a bit of fun. Kudos to all involved for making safety a community affair!



EMS/Fire Administration



Sunstar



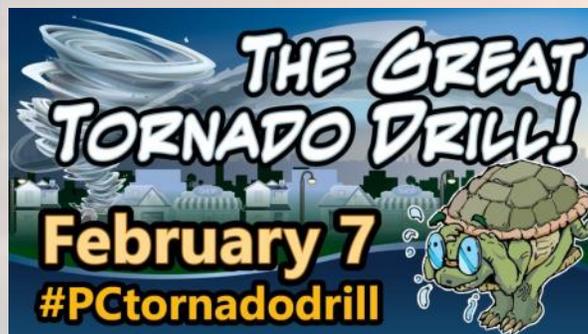
SES Support Services



Pinellas Park Fire Department



SES Finance Operations



Largo Fire Rescue



Safety & Emergency Services Employee Recognition Awards



JANUARY 2024

Congratulations

Regional 9-1-1

Stellar Performance - Amanda Iannone

Skilled Craftsman - Calvin Hunsinger

Leadership Award - Johnathan Houston

Financial Services

STAR Award - Casandra Helm

Outstanding Service - Lisa Paris

Stellar Performance - Shoshoni Bradley,
Melissa Hiles

Team MVP - Angela Husted

Skilled Craftsman - Dan Barclay

Behind the Scenes - Holly Estep, Kim Gajan,
Jeanette Kearse, Julio Chopite

Leadership Award - Karen Peek

Support Services

STAR Award - Debbie Vaca

Outstanding Service - Bob Crandall



Please consider nominating someone for February's Employee Recognition Awards for Regional 9-1-1, Fire and EMS Admin, Support Services and Financial Services

Around The County

East Lake Fire Rescue is pleased to announce the addition of two new Firefighters: **Matt Monteleone** and **Nicholas Shum**.

FF/Matt Monteleone completed the Fire Academy and EMT Program at St. Petersburg College and the Paramedic Program at Pasco-Hernando State College. He joins our organization with experience from both the Port Richey Fire Department and Safety Harbor Fire Department. Before entering the fire service, he owned and operated his own sports memorabilia business. In his free time he likes to spend time with family and friends and is also an avid runner and cyclist. Matt is thrilled to serve the citizens of the East Lake Fire District.

FF/Nicholas Shum completed the Fire Academy at Daytona State College and obtained his Paramedic Certification at Seminole State College. He served in the United States Navy and United States Coast Guard prior to becoming a firefighter with New Smyrna Beach Fire Department. He has a total of seven years within the fire service and spent the last three with neighboring Safety Harbor Fire Department.

Welcome to the Fire family Matt and Nicholas!



WELCOME
ABOARD

Around The County

Congratulations

On January 23rd, the Florida Ambulance Association held their 2024 Stars of Life event. The Stars of Life shines a spotlight on our EMS workers who save, sustains, and touches lives every day. This year **Sunstar** was proud to have two of their own recognized for their work in EMS. **Assistant Supervisor Daniel Wunderlin** and **EMT Joseph Mobayed**, congratulations and thank you for all you do for Pinellas County!



Around The County

Congratulations



We would like to extend our heartfelt congratulations to **Firefighter Mike Jones** of **Clearwater Fire and Rescue** for being named the Firefighter of the Year by VFW Post 10304. This prestigious recognition is a testament to Firefighter Jones' exceptional dedication and service to the community.

The surprise announcement took place at Station 48 on the morning of January 12th, where leaders of VFW Post 10304, accompanied by Jones' family members, gathered to honor and celebrate his outstanding contributions. The atmosphere was filled with pride and gratitude as the commendation was presented to him.

The entire Clearwater Fire and Rescue family joins in applauding Firefighter Mike Jones for this well-deserved recognition. His hard work and commitment to public safety make him a shining example for his colleagues and an inspiration to all.

Congratulations on being named Firefighter of the Year by VFW Post 10304 – a recognition truly earned and well-deserved!

Around The County

Congratulations

The following **St. Petersburg Fire Rescue** personnel were recognized for their years of service at the City of St. Petersburg's Employee Recognition Ceremony:

Captain Steve Santana, 25 years of service

Captain Kevin Minnerly, 25 years of service

Lieutenant Christopher Henderson, 25 Years of service

Firefighter/Paramedic Charles Jenkins, 25 Years of service

Congratulations to all and thank you for your dedicated years of service!



Around The County



Congratulations



The Training Division at Seminole carefully selected four outstanding individuals for consideration: **Lt. Lindsey Rodriguez**, **Lt. Michael Lathrop**, **Lt. Wes Gerczak**, and **Firefighter Chris Wagner**. Lt. Rodriguez stood out for her exceptional leadership, mentorship, innovation, and consistent positive impact.

Congratulations to **Lt. Lindsey Rodriguez**, named **Seminole Fire Rescue's** Instructor of the Year for 2023. This year witnessed significant transformations in the Training Division, including the redevelopment of multiple programs and the support for new initiatives. Many firefighters within Seminole Fire Rescue have stepped up as leaders, mentors, and instructors.

Lt. Rodriguez significantly contributed to the success of the revamped "Professional Standards" program, improving the knowledge of new firefighters. She played a key role in developing the engaging "Acting Lieutenant Academy," receiving positive evaluations.

Beyond instruction, Lt. Rodriguez actively supports peers. As a lead instructor for new hires, she fosters a positive and inclusive culture. Her involvement in the Strategic Initiatives Committee led to the successful rollout of new air-packs.

Despite challenges, Lt. Rodriguez exemplifies top-tier leadership, innovation, and care. Her proud moments include saving the life of a firefighter during Live Fire training and always ensuring the safety of fellow firefighters.



Lt. Lathrop



Lt. Gerczak



FF Wagner



Around The County

Congratulations



Tarpon Springs Fire Rescue
Congratulations



Richard Kinney
On 25 Years of Dedicated Service



On January 19th, Tarpon Springs Fire Rescue joyously celebrated the retirement of none other than Captain/Fire Marshal Richard Kinney – a man who has become The Man, The Myth, and The Legend over his remarkable 25 years of dedicated service. As we bid a bittersweet farewell to Capt. Kinney, a cherished member of our fire rescue family, we extend our heartfelt congratulations on reaching this well-deserved milestone. May the next chapter of his life be filled with continued success and happiness. Cheers to a true legend and a well-earned retirement!

CONGRATULATIONS

Around the Community



Making birthdays a little happier! Members of **Treasure Island Fire Rescue** made a stop at Luke's birthday party at Rosselli Park over the weekend to celebrate him turning 4! The firefighters passed out fire hats and let Luke and his friends check out the fire trucks. It's always a fun time when TIFR can make someone's day better! Happy Birthday, Luke!



Around the Community

On January 10th, **Leadership Pinellas** paid a visit to **Sunstar HQ**. Throughout their visit, they were guided through a detailed tour of the facilities, had insightful conversations with the clinicians, and explored the significance of the Triad of Life—comprising hands-only CPR, Narcan administration, and Stop the Bleed techniques.

This collaborative exchange not only provided guests with a firsthand understanding of operations but also underscored the vital role these life-saving skills play in emergency situations. By immersing themselves in the essential aspects of healthcare and emergency response, they gained valuable insights that transcend traditional boundaries.

Sunstar extends its sincere appreciation to Leadership Pinellas for choosing to spend their day with them. Their active participation and engagement contributed significantly to a shared commitment to cultivating a community well-equipped with crucial life-saving knowledge. Thank you for investing your time in exploring the integral aspects of healthcare and emergency response at Sunstar HQ!



Around the Community

St. Petersburg Fire Rescue proudly joined the City of St. Petersburg's Annual Dr. Martin Luther King Jr. Dream Big Parade, a vibrant celebration honoring the life and legacy of the iconic leader. Their enthusiastic participation underscored their commitment to our community engagement and the values Dr. King championed. As they marched, they symbolized not only the fire rescue team but also a collective commitment to equality, justice, and unity. Their presence contributed to the joyous atmosphere of the event, fostering a sense of togetherness and shared purpose. St. Petersburg Fire Rescue remains dedicated to upholding Dr. King's ideals as they serve and inspire our community.



Free Chronic Pain Class at East Lake Fire Rescue

East Lake Fire Rescue will be hosting a “Living a Healthy Life Chronic Pain Class” for ages 60+ that provides techniques to deal with Chronic Pain conditions such as fatigue, sleeplessness, stress, as well as emotional problems for managing pain such as depression, anger, fear, and frustration, with emphasis on cognitive behavioral therapy techniques. The Course is free and includes the “Moving Easy” exercise CD in your book. This is a 6-week course, held on Tuesdays starting March 5th to April 9th, 2024, from 12:30pm to 3pm at Station 57 located at 3375 Tarpon Lake Blvd., Palm Harbor. To register, email chernandez@elfr.org or call Terri Toner at 727-570-9696 X 160.

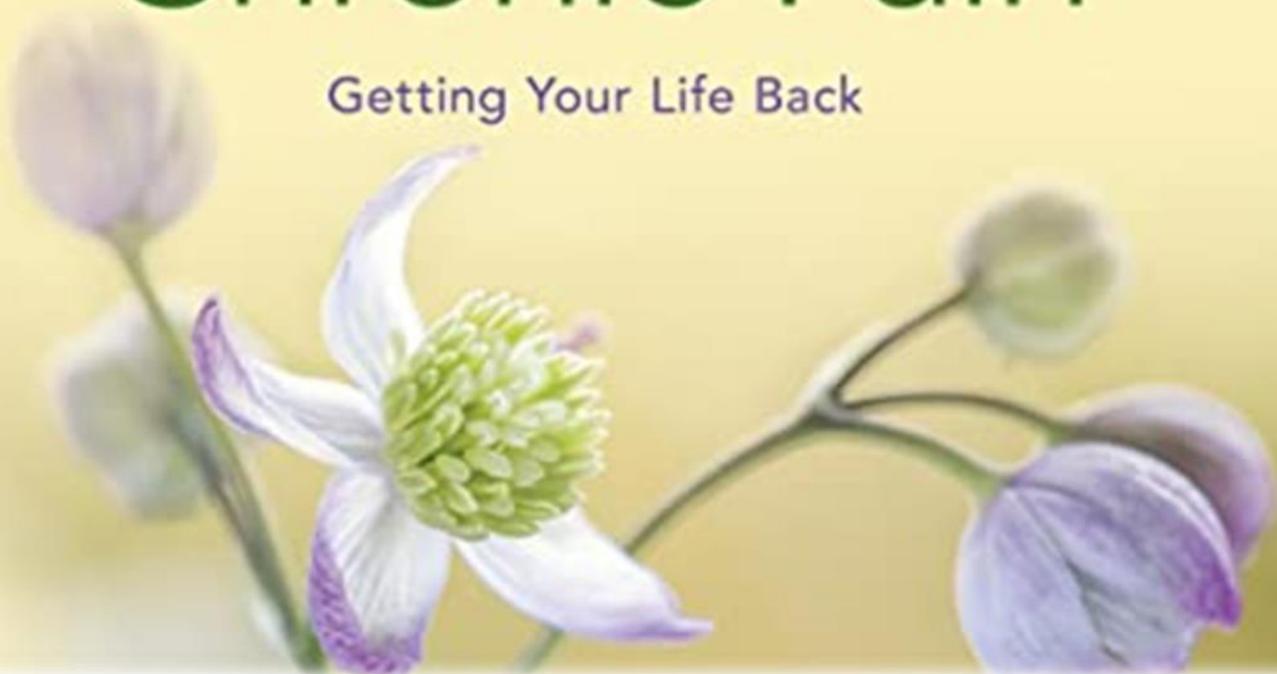
“I highly recommend this succinct, readable and extremely useful and informative book for people with chronic pain and their clinicians.”

— STEVEN D. FEINBERG, MD, Feinberg Medical Group,
past president of the American Academy of Pain Medicine

2ND EDITION
Includes The
Moving Easy
Program Audio
Recording

Living a Healthy Life with Chronic Pain

Getting Your Life Back



Mental Health Training

Franciscan Center 'Operation Restore'

Find Your Center

DATES FOR UPCOMING

RETREATS

March 18-21, 2024

April 22-25, 2024

June 24-27, 2024

July 22-25, 2024

September 16-19, 2024

October 21-24, 2024

November 11-14, 2024

If you, or someone in your agency is interested in attending, please email or call

Liz Fogo @ lfogo@pinellas.gov or 727-582-5755

Seats go quickly! Reserve yours now!

FIRST RESPONDER HOPE ♥ LINE

The First Responder Hope Line is a confidential resource first responders and the people they care about can use when stressed, depressed, or struggling in some other way. Connect confidentially by calling 1-866-4FL-HERO (866-435-4376) or visiting <https://lasttoask.com/>.

Available to ALL First Responders AND Families of First Responders:

Fire Fighters
EMT's
Police Officers
911 Telecommunicators

Established in 2020, the First Responder Hope Line employs retired or former first responder peers as care coordinators who are trained to listen without judgement and provide emotional support. In 2022, the Crisis Center received additional funding to hire a First Responder Ambassador, Retired Asst. Chief Meg Ross, who is working to increase awareness of the line and reduce the stigma associated with seeking behavioral health resources throughout the 11-county coverage area from Pasco to Collier County.

The Suncoast Alliance for First Responders (SAFR) was also established to bring together first responder leaders and community partners to create a strategic plan to address the barriers and gaps to behavioral health resources in the Tampa Bay area. The SAFR has completed a strategic plan, R.E.A.L. Hope for First Responders and will be meeting in January to put this plan into action.

Calls to the First Responder Hope Line 2022 and 2023:

111 Calls to Hope Line in 2022.

227 Calls to Hope Line so far in 2023.

200 First Responder Care Coordination Follow-Ups so far in 2023.

1132 Calls from First Responders (excluding Hope Line) or their families so far in 2023.

(410 Out of Area, 722 in 11-County Area)

First Responder Hope Line: 1-866-4FL-HERO (866-435-4376) or visit <https://lasttoask.com/>
WEDU Special Documentary - Last to Ask: [WEDU Specials](#) | [Last to Ask](#) | [PBS](#)





Pediatric Emergencies... and sometimes Surgery!

All Children's Hospital will host a quarterly seminar discussing the most common pediatric emergencies which may require transfer for further evaluation and surgical management.

Johns Hopkins All Children's Hospital

Surgical Performance Improvement & Patient Safety (SPIPS)

Register for one or the series to add them to your calendar, use the QR Code below.



1 PEDIATRIC CAT1 CME/CNE

Surgical Performance Improvement & Patient Safety

Surgeon Champion
Nicole Chandler

Program Manager
Alex Willoughby

Dept of Surgery

501 6th Ave South
St. Petersburg, Florida 33701
P 727-767-8724
HopkinsAllChildrens.org



Listen to experts review best practice for pediatric emergencies



Discuss the timeliness of diagnostic exams and management prior to transfer



Join us in developing a continuous dialogue on improving care for the region's pediatric population

JHACH—Pediatric Presentations / Dates

- Pediatric Neurosurgery – August 31st, 2023 / 4-5pm
- Pediatric Trauma Patient – November 2nd, 2023 / 4-5pm
- Pediatric Volvulus/Intussusception – Feb 1st, 2024 / 4-5pm
- Pediatric Concussion Injuries – May 2nd, 2024 / 4-5pm

COME AND SHARE YOUR EXPERIENCES, YOUR COMMON PRACTICE, AND ASK QUESTIONS – OUR GOAL IS TO IMPROVE CARE OF THE PEDIATRIC PATIENT WITHIN THE TAMPA BAY REGION.



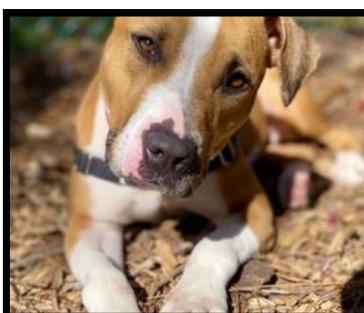


Announcing!

Pinellas County Animal Services has many amazing dogs and cats that need loving homes! These are just a few of them looking for their fur-ever homes! Please consider adopting one of these wonderful animals or spread the word to anyone who is looking to add a furry member to their family! For more info on these animals, visit <https://pinellas.gov/adoption-center-dog-cat-adoptions/>



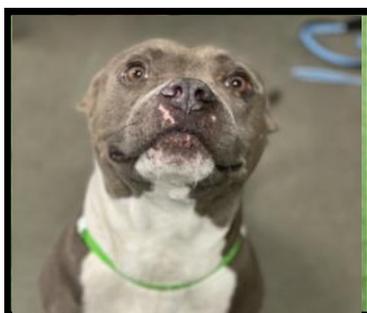
BATMAN



SHEILA



NONAME



WILBUR



TARA



APRIL



ELINOR



TAMARA



WALT

PINELLAS COUNTY, FL

Free First Friday Breakfast

Active duty & Retired: Fire-EMS-LEO-Dispatch

MARCH 1ST

8-10AM

2024



35000 US Hwy 19 N
Palm Harbor, FL 34684

Sponsored by:



2626 Gulf to Bay Blvd,
Clearwater, FL 33759

Sponsored by:



1170 Starkey Rd,
Largo, FL 33771

Sponsored by:



PASCO COUNTY, FL

Free First Friday Breakfast

Active duty & Retired: Fire-EMS-LEO-Dispatch

**MARCH 1ST
8-10AM**

2024



**10740 SR-54
Trinity, FL 34655**

Sponsored by:

**OLIVER
&
FOX**

