

SHAMANISM?

What is



SHAMANISM IS A WAY OF LIFE

an ancient spiritual practice that involves a practitioner and/or mystical expert to connect with the spiritual allies, and channels their transcendental energies into healing. In practicing shamanism, a person can enter altered states of consciousness, such as trance. The goal of this is usually to direct these spirits or spiritual energies into the physical world, for healing or another purpose.

"The word shamanism can be used to practices esoteric healing from the indigenous culture; to include divinations, rituals and ceremonial practices using sacred tools, wisdom and guidance. The name and term was derived are words for 'knowledge and heat'. The shaman is someone on fire with certain kinds of knowledge that came from the spirit world."

THE ORIGINS

of the term are believed to have roots that go back more than two millennia, and the word likely comes from the Tungus language found in modern-day Russia and China."

However, today the term, "shaman," is used quite broadly to apply to spiritual work across a range of religious and cultural practices. It may also be used interchangeably with terms such as "healer," "spiritual leader" or "medicine man/woman."