

NurseIndia Diaries

Your monthly wrap of all things nursing

ISSUE #10 | DEC 2024

LOOKING BACK, MOVING FORWARD

2024 Rewind: Milestones and Memories

As we wrap up 2024, we look back at a year filled with milestones, collaborations, and impactful initiatives. This edition of **NurseIndia Diaries** captures our journey in snapshots—each picture telling a story of progress, passion, and purpose. From our very first newsletter in February to hosting the National Patient Safety Quizathon in September, every moment has been a step toward strengthening the nursing community. Here's to continuing this journey of growth and excellence together in 2025!

1. Fireside Chats 🔥 with Firebrand Leaders

2024 marked the launch of our Fireside Chat series, featuring thought-provoking conversations with nursing icons and leaders who are shaping the future of healthcare. Each session brought unique insights, inspiring our community with stories of resilience and leadership. Here's a glimpse. Catch all of them on our Youtube channel



Col Binu Sharma, Max



Abanti Gopan, Consultant



Dr. Jothi Clara Micheal, ex IHH



Capt. (Dr.) Usha Banerjee, Apollo



Capt. Sandhya Shankar, Fortis



Capt. Anitha Nair, ANEI

2. Empower. Evolve. Excel: Upskilling with NurseIndia

Upskilling took centre stage as **NurseIndia** and **Cygnia Healthcare** came together under **NurseIndia Cygnia Healthcare Academy** with our signature learning modules, equipping nurses with practical skills and knowledge to thrive in a rapidly evolving healthcare landscape.



India's largest online nursing community

Have you invested in your self development for better paying ICN roles?

Register for **India's top and most affordable online Hospital Infection Prevention & Control Nurse Certification** for working nurses from **Thankam Gomez & Cygnia Healthcare**

Limited Batch of 20 starts 12th Feb 2024
Last Date for Payment: 5th Feb 2024

**FEES INR 7999/-
INCLUSIVE OF TAX**

Register Now

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India's largest online nursing community



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Pooja Swarup Saxena
Lead, Training & Scientific Education, Polymedicure Ltd.,
NLP Practitioner

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INR 49 only

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India's largest online nursing community

Communication Skill Bundle for Nurse Leaders, by Thankam Gomez

Monthly Online 2.5 hour Class, Apr - Sep 2024

Thankyou! Batch 2 Open now!

for a super response to our 1st Batch, now 100% full. On popular demand, we have launched a 2nd batch. Seats filling up fast.

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✉ connect@nurseindia.org 📞 **6292288738**


Communication Skill Bundle - 5 Modules

1. Authentic Communication
2. Giving & Receiving Feedback
3. Conflict Management
4. Critical Conversations
5. Attrition Management & Retention Communication




Facilitator, Thankam Gomez

Rs. 3995 per bundle. 20% off on 5 bundles or more



**OUR NURSES.
OUR FUTURE.**






CALCULATIONS & NUMBERS DEMYSTIFIED

6 Critical Analytical Skills for Nurse Leaders

1	MANPOWER CALCULATION <small>Familiarize yourself with excel and learn to calculate nursing numbers for any setting</small>	<p>A Bundle of 6 Online Classes (2 hours each).</p> <p>Regular Price: Rs. 12000.</p> <p>Last Date of Registration : 5th June</p> <p>Special Price for webinar attendees on 21st May : Rs. 9600</p>
2	MANPOWER UTILIZATION <small>Learn to calculate and understand the staff utilization and thereby improve efficiency</small>	
3	EQUIPMENT UTILIZATION <small>Learn to calculate equipment utilization and use the information to prepare the nursing budget</small>	
4	CALCULATION OF QUALITY INDICATORS <small>Learn to calculate and interpret prevalence rates and incidence rates to improve quality and safety</small>	
5	UNDERSTAND BASICS OF NURSING BUDGET <small>Learn how to prepare an intelligent nursing budget with the data available. Learn what questions to ask before making a nursing budget</small>	
6	IMPROVE COST EFFICIENCIES <small>Understand potential revenue leaks in nursing and how to plug them. Learn to connect various data points available for cost containment</small>	

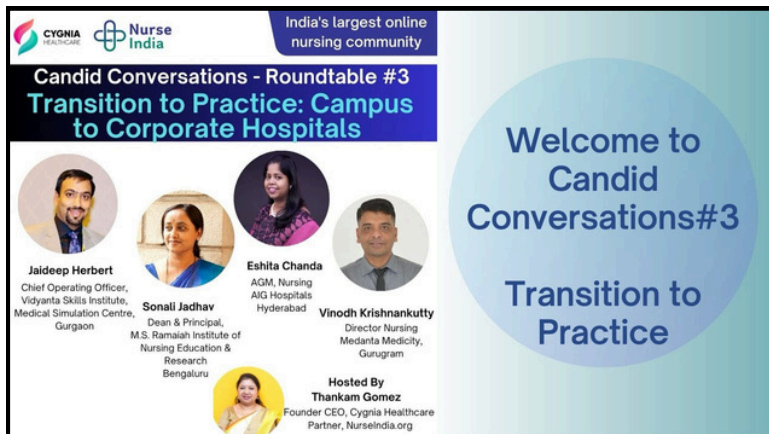
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We thank our leaders from **Apollo Hospitals, Fortis Hospitals, AIG Hospitals, Breach Candy Hospitals, Yashoda Hospitals, Medica Hospitals** and many others for entrusting us to skill their Nurse Leaders and Managers. We also thank the hundreds of individual nurses who embraced this self learning model wholeheartedly, spending out of their own pockets to skill themselves and stay relevant in their careers. We salute your learning spirit and look forward to many more skill drills in 2025.

3. Conversations That Matter: NurseIndia Webinars 2024

This year, we hosted webinars that addressed critical topics in a **candid** manner, from understanding, deliberating and finding solutions regarding a **young nurse's transition to corporate hospitals from college** to understanding the **economic value that nurses bring to the table in a corporate hospital**. These sessions provided a platform for learning, collaboration, and meaningful dialogue.



Candid Conversations - Roundtable #3
Transition to Practice: Campus to Corporate Hospitals

Welcome to Candid Conversations#3
Transition to Practice

Panelists:
Jaideep Herbert, Chief Operating Officer, Vidyaanta Skills Institute, Medical Simulation Centre, Gurgaon
Sonali Jadhav, Dean & Principal, M.S. Ramaiah Institute of Nursing Education & Research, Bengaluru
Eshita Chanda, AGM, Nursing AIG Hospitals, Hyderabad
Vinodh Krishnankutty, Director Nursing Medanta Medicity, Gurugram

Hosted By:
Thankam Gomez, Founder CEO, Cygnia Healthcare Partner, NurseIndia.org

Transition to Practice: Campus to Corporate Hospitals



Economic Power of Nursing in Corporate Hospitals

21ST MAY 2024 | 7.00 - 8.30PM | ZOOM | REGISTER NOW!

Panelists:
Dr. Vivek Talaulikar, COO, IHH Healthcare, India
Saino Thomas, Group CNO, American Oncology Institute and Citizens CTSI
Devanand Kolothodi, Regional CEO, AP & Telangana, Aster DM
Bindu George, CNO, AIG Hospitals
Indrani Chakraborty, Cofounder, NurseIndia.org ex HR Leader - Diverse Orgs
Moderator, Thankam Gomez, CEO, Cygnia Healthcare Partner, NurseIndia.org

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4. NurseIndia Join Hands With Essity



essity | Nurse India

OUR NURSES. OUR FUTURE.

Essity India and Nurseindia.org join forces in a ground breaking collaboration to empower nurses in the Indian subcontinent with world class training!

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We value our partnership with Essity, in ensuring development of our nurse leaders and nurse managers. Through this, we trained 400+ leaders across the country. Salute Essity!

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Nurse India

NurseIndia Diaries
Your monthly wrap of all things nursing

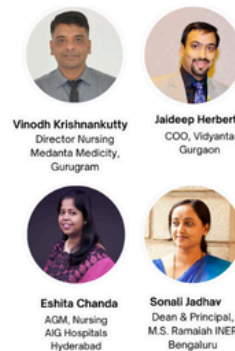
ISSUE #1 | FEB 2024

CLICK BELOW TO WATCH



Welcome to Candid Conversations#3
Transition to Practice

ESTEEMED PANELISTS



Vinodh Krishnankutty, Director Nursing Medanta Medicity, Gurugram
Jaideep Herbert, COO, Vidyaanta Gurgaon
Eshita Chanda, AGM, Nursing AIG Hospitals Hyderabad
Sonali Jadhav, Dean & Principal, M.S. Ramaiah IHER Bengaluru

MONTHLY FOCUS

Transition to Practice

A large portion of India's healthcare is delivered by corporate hospitals; therefore, their role in delivering quality nursing care cannot be neglected. However, fresher nurses are often found to be unprepared for bedside patient care, with some even lacking basic nursing skills. Problems amplify as there is no standard quality regulation of nursing colleges. Colleges which are not attached to parent hospitals are not able to offer their students practical classes and demonstrations. All this culminates to a nursing graduate who's not patient ready.

But we cannot keep on whining about it, we cannot be waiting for the authorities to do something someday. Patients need quality nurses today and Corporate Hospitals are innovating to address this issue and ensure their nursing workforce is skilled and patient ready. So how do we go about it? How do we train nurses to be patient ready? How do we ensure quality nursing care? How do we ensure safe and smooth TRANSITION TO PRACTICE from colleges to the bedside?

Catch up on our webinar from last month on YouTube, to learn from our expert panelists ranging from corporate to academia on how they go about it, how they navigate the challenge and what are our options going ahead.

WATCH THE FULL WEBINAR

The launch of **NurseIndia Diaries** in February marked the beginning of a monthly tradition to share stories, insights, and updates from the nursing community.

5.College Events: National Patient Safety Quizathon 2024

On the occasion of **World Patient Safety Day**, **NurseIndia** and **Cygnia Healthcare** joined hands to organise the **National Patient Safety Quizathon 2024**, an event aimed at fostering awareness and excellence in patient safety practices. Held on **20th September**, the quizathon brought together over **680 students from 30+ colleges spanning 15 states**, celebrating the brightest minds in nursing, testing their knowledge and encouraging a spirit of healthy competition. These participants truly embodied the essence of patient safety champions, showcasing their dedication to the values that define healthcare. The event was a resounding success, reflecting the enthusiasm and potential of the next generation of nursing professionals.



NATIONAL PATIENT SAFETY QUIZATHON 2024

National Champion

Neotia Academy of Nursing, Kolkata



www.nurseindia.org

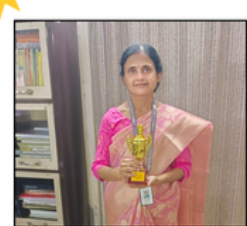
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NATIONAL PATIENT SAFETY QUIZATHON 2024

1st Runner Up

BM Birla College of Nursing, Kolkata



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NATIONAL PATIENT SAFETY QUIZATHON 2024

2nd Runner Up

Yashoda College of Nursing, Gowdavalley



www.nurseindia.org

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Top Ten Scorers

1	Niloufer Chettri	96.67%
2	Urmi Rahaman	91.67%
3	Tirth Chaudhary	90.00%
4	Shikha	90.00%
5	Ms. Megha kumari	90.00%
6	Vanshika Tejpal	90.00%
7	Lokesh Kataria	88.33%
8	Saradhya sharma	88.33%
9	Md.sabeeha	88.33%
10	Aastha Chettri	88.33%

CELEBRATING INTERNATIONAL INFECTION PREVENTION WEEK

ICNs Shine at our webinar series.

In October, in recognition of International Infection Prevention Week, NurseIndia partnered with Cygnia Healthcare to bring a series of informative webinars hosted by Master Trainer Thankam Gomez. Each session has been a valuable learning opportunity for healthcare professionals, focusing on critical strategies for infection control and patient safety.

All the webinars are available on Cygnia Healthcare's YouTube channel. Each has been expertly led by Infection Control Nurses (ICNs) from prestigious hospitals across India and abroad. Here's a quick recap:

1. Non-Ventilator Acquired Pneumonia (NV-HAP)

Hosted by Halle Tlangete, ICN from Max Hospital, Gurgaon, this session on 11th October focused on understanding and preventing NV-HAP, a common yet preventable hospital-acquired infection.



Webinar poster for "Non-Ventilator Hospital Acquired Pneumonia". It features the Nurse India and Cygnia Healthcare logos, a "FREE WEBINAR 1 of 7" badge, the title "NON-VENTILATOR HOSPITAL ACQUIRED PNEUMONIA", the date and time "11th October 7pm - 8pm", a QR code, and a photo of Halle Tlangete. The text at the bottom says "We are proud to present our students" and "HALLE TLANGTE ICN, MAX HOSPITAL GURGAON".



Webinar poster for "All About Extravasation". It features the Nurse India and Cygnia Healthcare logos, a "FREE WEBINAR 2 of 7" badge, the title "ALL ABOUT EXTRAVASATION", the date and time "14th October 7pm - 8pm", a QR code, and a photo of Rakshita D. The text at the bottom says "We are proud to present our students" and "RAKSHITA D ICN, MANIPAL HOSPITAL YESHWANTHPUR, BANGALORE".

2. All About Extravasation

On 14th October, Rakshita D, ICN at Manipal Hospital, Bangalore, delved into the complexities of extravasation and the best practices for preventing this adverse event during patient care.

3. Strategies to Prevent Infections in Acute Care Settings

Rajeswari R, Infection Nursing Officer from Apollo Proton Cancer Centre, Chennai, shared practical strategies to minimize infections in acute care environments on **17th October**.



Webinar poster for "Strategies to Prevent Infections in Acute Care Settings". It features the Nurse India and Cygnia Healthcare logos, a "FREE WEBINAR 3 of 7" badge, the title "STRATEGIES TO PREVENT INFECTIONS IN ACUTE CARE SETTINGS", the date and time "17th October 7pm - 8pm", a QR code, and a photo of Rajeswari R. The text at the bottom says "We are proud to present our students" and "RAJESWARI R INFECTION CONTROL NURSING OFFICER APOLLO PROTON CANCER CENTRE CHENNAI".



STRATEGIES TO PREVENT SSI

FREE WEBINAR 4 of 7

21st October
7pm - 8pm

We are proud to present our students

ASWATHY G
HOSPITAL INFECTION CONTROL NURSE
MANAGER
GLENELGLES HEALTHCITY, CHENNAI

4. Strategies to Prevent Surgical Site Infections (SSI)

Aswathy G, Infection Control Nurse Manager at Gleneagles HealthCity, Chennai, took the lead on **21st October** to discuss SSI prevention measures that can significantly reduce post-operative complications.

5. Cleaning, Disinfection, and Environmental Hygiene

With an international perspective, **Amandeep Kaur** from Canada highlighted the role of rigorous cleaning and disinfection in infection prevention on **25th October**.



CLEANING & DISINFECTION ENVIRONMENTAL HYGIENE

FREE WEBINAR 5 of 7

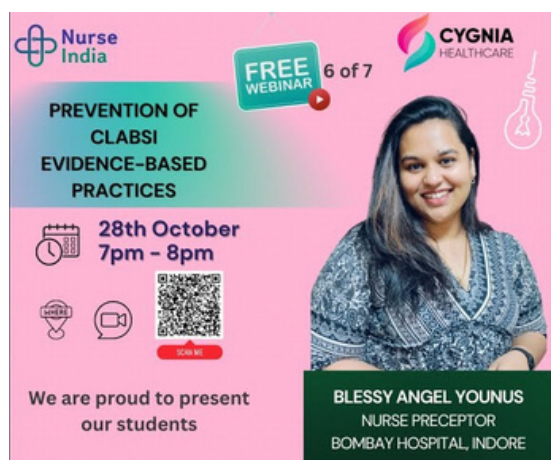
25th October
7pm - 8pm

We are proud to present our students

AMANDEEP KAUR
CANADA

6. Strategies to Prevent Central Line-Associated Bloodstream Infections (CLABSI)

On **28th October**, **Blessy Angel Younus** from Bombay Hospital, Indore, provided evidence-based insights into reducing the risk of CLABSI, one of the most critical areas in infection control.



PREVENTION OF CLABSI EVIDENCE-BASED PRACTICES

FREE WEBINAR 6 of 7

28th October
7pm - 8pm

We are proud to present our students

BLESSY ANGEL YOUNUS
NURSE PRECEPTOR
BOMBAY HOSPITAL, INDORE

7. Prevention of Ventilator Associated Pneumonia

On **4th of November**, **Feba Siby** - Infection Control Nurse at Manipal Hospital, Pune provided evidence-based insights into reducing the Ventilator Associated Pneumonia (VAP) cases in critical care settings.



PREVENTION OF VAP EVIDENCE-BASED PRACTICES

FREE WEBINAR 7 of 7

4th November
7pm - 8pm

We are proud to present our students

FEBA SIBY
INFECTION CONTROL NURSE
MANIPAL HOSPITAL
KHARADI PUNE

So, that was all that we did last year, and a new year is round the corner, we wish you joy, growth, and endless possibilities!

NurseIndia wishes you a

Happy New Year

NOVEMBER & DECEMBER HIGHLIGHTS

Conferences That Shaped Conversations

As 2024 draws to a close, the nursing community gathered across the nation to share insights, celebrate achievements, and chart the future of healthcare. From Hyderabad to national platforms, these conferences showcased the evolving role of nurses in shaping tomorrow's healthcare landscape. Here's a look back at the impactful gatherings:

12th Annual INS Conference (29th & 30th November, Hyderabad)



78th TNAI National Conference (6th & 7th December)



5th Annual National Nursing Conference by HCG, Bangalore (25th November)




FEATURED JOBS

A Selection of Hot Jobs on our Jobs Page from the last month.

Nurses: Sign up on [Nurseindia.org/signup](https://www.nurseindia.org/signup) & apply for free

Hospitals: Bring your hiring costs down by 10x. Post your job at <https://www.nurseindia.org/employer>




Nursing Head, Kolkata
Motherhood Hospitals

Job Title Nursing Head Mother and Child Hospital
Position Summary The Nursing Head will oversee and lead nursing operations to ...

- Paed & Neo Natal ICU
- ₹75000
- 1
- Kolkata, India

[Login to Apply](#) [View job](#)




Sr. Staff Nurse - NICU, Chennai
Leading legacy hospital ...

As a senior NICU Nurse you will play a crucial role in providing specialized care to mothers and infants in our hospital one of Chennais ...

- Paed & Neo Natal ICU
- ₹25000
- 1
- Chennai, India

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Incharge Nurse, NICU/OT/LDR ...
Motherhood Hospitals

We are seeking a dedicated and experienced Incharge Nurse to oversee key units at our Mother and Child Hospital including the NIC...

- Paed & Neo Natal ICU
- ₹45000
- 5
- Noida, India

[Login to Apply](#) [View job](#)

[Click here to apply, No hidden agent charges.](#)

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healthcare



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Healthcare (P) Ltd.



Comprehensive Cancer Care



Sankalp India Foundation®

[CLICK HERE ON BROWSE JOBS FOR MORE DETAILS AT WWW.NURSEINDIA.ORG](https://www.nurseindia.org)

DON'T MISS OUT

All that made news in the world of Nursing

1. Japanese healthcare major Wafukai has reached out to CM Bhajan Lal Sharma of Rajasthan for assistance in recruiting suitable nurses. Sharma has directed Rajasthan Nursing Council (RNC) to compile a list of those interested. RNC is collaborating with nursing colleges to identify qualified applicants, who will be offered five-year contracts.
2. The Indian Nursing Council in collaboration with University of Houston, introduces DNP courses to India.
3. Indian nursing council also introduced specialized geriatric nurse practitioner course.
4. The International Council of Nurses Board of Directors has approved the formation of an innovative new ICN body representing student and early career nurses.
5. Nurse Maria Victoria Juan from Philippines wins Aster Guardians Global Nursing Award 2024, taking home 250,000 USD prize money in an event held in Bengaluru, India this year.



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LEARN | CONNECT | GROW