



# *Balance Journal*



JULIE WATERMAN  
COACHING  
[juliewaterman.com](http://juliewaterman.com)

# Vision and Intention:

Write down exactly what you want to see in each of these categories.

Look at this daily and add to it as you are inspired to do so.

The Bible tells us that God uses words to “call those things which do not exist as though they did” (Romans 4:17).

Spiritual \_\_\_\_\_

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Relational \_\_\_\_\_

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Physical/Health \_\_\_\_\_

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Emotional \_\_\_\_\_

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Financial \_\_\_\_\_

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Business/Work \_\_\_\_\_

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