

BRIDGE™ Self & Team Assessment

Part 1: Personal BRIDGE™ Assessment

Instructions:

Rate yourself on a scale of **1 (needs improvement) to 5 (excellent)** for each BRIDGE™ pillar. Then complete the action step for each to strengthen your personal leadership.

BRIDGE™ Pillar	Self-Score (1-5)	Action Step
B – Bold Communication		Identify one situation this week where you can speak up more boldly.
R – Reflective Leadership		Commit to one reflection habit (journaling, feedback, mindfulness) to understand your impact.
I – Inspiring Innovation		Write one idea you can propose or experiment with to encourage creativity.
D – Diversity in Creativity		Choose one person to involve in a project for their unique perspective.
G – Genuine Connections		Plan one authentic connection (coffee, call, appreciation) to strengthen relationships.
E – Elevated Impact		Define one long-term contribution or legacy you want to create in your role.

Part 2: Team BRIDGE™ Builder

Instructions:

Use this worksheet to facilitate a **hands-on team activity**. Ideal for leadership workshops, team meetings, or corporate retreats.

1. **B – Bold Communication:**

- Each team member shares one idea they've been hesitant to voice.
- Group discussion: How can we create a culture that encourages speaking up?

2. **R – Reflective Leadership:**

- Team brainstorms **one area** where leadership reflection can improve collaboration or decision-making.
- Discuss ways to implement reflection pauses during meetings.

3. **I – Inspiring Innovation:**

- Each member shares one creative solution to a current challenge.
- Vote on **one actionable idea** to implement immediately.

4. **D – Diversity in Creativity:**

- Identify areas where diverse perspectives are missing in team decisions.
- Assign a team member to **invite new voices** into the next project.

5. **G – Genuine Connections:**

- Each member identifies **one colleague** to connect with more authentically.
- Pair up for a **5-minute check-in or appreciation exchange**.

6. **E – Elevated Impact:**

- Reflect on the team's purpose: "How do our actions today contribute to long-term success and meaningful outcomes?"
- Commit as a team to **one shared goal** that drives elevated impact.

How to Use This Gift

- **Step 1:** Complete your personal assessment. Identify **one BRIDGE™ pillar** to strengthen this week.
- **Step 2:** Use the team builder in your next meeting
- **Step 3:** Track progress and celebrate growth in your next session.

Outcome: Participants leave with **clear next steps**, increased self-awareness, and actionable ways to **strengthen communication, leadership, innovation, diversity, connection, and impact**.