



FALL 2026 COHORT

Circle of Fifths

8-Week Group Program

A live, small-group music theory program built around real songs. Learn the patterns behind the music you already love.

START DATE

Tuesday, October 6

END DATE

November 24

TIME

7:00pm weekly

FORMAT

Live online, max 4 students

Real songs. Real theory. A very small room.

This is not a pre-recorded course you work through on your own. Every session is live, interactive, and built around songs you already know. We move through the Circle of Fifths key by key, and by the end of eight weeks you will understand why songs sound the way they do. You will hear it in everything you listen to.

TAILORED TO YOUR LEVEL

Every student comes in at a different level and that is completely fine. If we have not worked together before, the first session serves as a baseline so I can shape the remaining weeks around where you actually are. Some topics may be adjusted based on the group.

INCLUDED WITH ENROLLMENT

Every student receives a copy of **How Songs Actually Work: Part One**, my visual guide and workbook covering the first half of the Circle of Fifths. This resource is **not yet available to the public** and is exclusive to enrolled students.

Song selection is always shaped around whoever is enrolled. If you have songs you love and have always wanted to understand, bring them. That is exactly what this program is for.

FOR ADULTS ONLY

This program is designed exclusively for adult learners. Whether you are a complete beginner or returning to music after years away, you are welcome here.

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Join the Waitlist

PILOT COHORT

Listen to the Playlist

1

WEEK

C Major + The Progression Behind Every Hit

The most foundational key and the I-V-vi-IV progression: the four chords behind hundreds of songs you already know and love.

2

WEEK

G Major + How Chords Move

The I-IV-V progression and inversions so your playing starts to feel smooth and intentional rather than mechanical.

3

WEEK

F Major + A New Progression

The flat side of the circle opens up. We cover the vi-IV-I progression and add new songs to your growing library.

4

WEEK

The Relative Minors

No new key, just a completely different emotional world. A minor, E minor, and D minor, and how minor keys live inside major ones.

5

WEEK

D Major, A Major + Your First Key Change

Two new keys and a milestone moment. We break down how songs shift from one key to another and why it feels the way it does.

6

WEEK

B $\flat$ Major, E $\flat$ Major + Moving Between Keys

The flat side deepens. We connect everything you have learned and start moving fluidly between keys.

7

WEEK

Modulation

This is the week it all clicks. We focus entirely on moving between keys with intention and purpose.

8

WEEK

Mashup and Review

Everything comes together: a full review, a song mashup using everything we have covered, and a look at where you go from here.

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