

Clinical Skill Development Intensive: HEENT Exam

Objectives: By completing this program, participants will be able to:

- Recognize the common pathologies of the head and neck;
- Identify and perform an examination of the Head, Eyes, Ears, Nose and Throat and interpret the findings;
- Develop proficiency performing in-office treatment;
- Recognizing the need to refer to a specialist

Agenda:

- Common pathologies likely to be encountered in a primary care office:
 - ✚ Eye disorders, including:
 - Conjunctivitis, optic neuritis, pterygium, uveitis, nystagmus, pupil inequality
 - ✚ Ear disorders, including:
 - Bulging and ruptured tympanic membrane, vertigo/benign paroxysmal positional vertigo, cholesteatoma, cerumen impaction, CSF leakage, tinnitus
 - ✚ Nose and sinus disorders, including:
 - Allergic rhinitis, sinusitis, sinus HA, nasal polyps, deviated septum, CSF leakage
 - ✚ Mouth and throat disorders, including:
 - Diphtheria, mastoiditis, tonsillitis, strep infections, candida infections/thrush, pharyngitis, retropharyngeal abscess
 - TMJ
- The HEENT exam and charting
- In-office treatment of the HEENT patient:
 - ✚ Eye rinse
 - ✚ Removal of impacted cerumen
 - ✚ Application of ear drops
 - ✚ Treatment of epistaxis
 - ✚ Epley Maneuver for BPH
- When to refer
 - ✚ Imaging
 - ✚ ENT Specialist
- Commonly used medications for conditions of the HEENT