

## YOGA at Blue Heron

When: Saturday April 13

Where: Blue Heron Brewery

3227 Blue Heron Trace · Medina

Time: 11:00AM

Roots Yoga is offering a donation-based class to benefit Access the Arts (suggested min. donation \$15).

Join us for an all-levels, gentle yoga class at Blue Heron Brewery. Head to the Brew Pub following the class for lunch and a free mimosa.

Walk-ins are welcome, but you must register ahead to win door prizes from local businesses! All proceeds will help Access the Arts bring free arts programs to the Medina Juvenile Detention Center, The Medina County Home, The Lodi Family Center and ACP Day Center.

Please bring a yoga mat with you.

Question? Email janeback@accessthearts.net.





