

GDBNC NEWSLETTER

DECEMBER 2023

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Email: gdbnc@gha.net.au/Website: gdbnc.com.au

NURSE MANAGER: SUSIE EDWARDS ADMIN: ANN-MARIE DAVIES/AMY ROGERS

PRESIDENT, COMMITTEE OF MANAGEMENT: PAUL SYKES

COM CONSUMER REPRESENTATIVE: DEB WOODBURN

OPENING HOURS: 9AM TO 2PM MONDAY TO THURSDAY (CLOSED PUBLIC HOLIDAYS)



Summer Season = Snake Season

Do you have what you need on hand?

Contact the BNC to find out more information/get your first aid kit checked and updated with the right equipment

HELP AT HAND ...



- Ambulance 000
- Poisons 13 11 26
- Nurse-On-Call 1300 60 60 24
- GP Helpline 1800 022 222

WHAT'S ON ...

- EGSC Mobile Library
Coming back in '24 ... see flyer for details
- Gelantipy Hall Dinner - 18th Dec
(at Karoonda Park during Hall renos)
- Hairdresser - Date in 2024 TBC
- GDBNC Foot Clinic - 2 Jan 2024
Call the BNC to book

Important information to know over the Festive Season ... these services offer excellent A/H support when the BNC is closed ... keep their info handy on your fridge (see flyer)

WE ARE HERE FOR YOU 24/7



Free out of hours health care advice is only a call away



1800 272 767

Opening Hours:

- Weeknights : 6pm-10pm
- Saturday: Midday - 8pm
- Sun and Public Holidays: 8am - 4pm

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VVED VICTORIAN VIRTUAL EMERGENCY DEPARTMENT Northern Health



Bush Nursing Centre Inc

GDBNC NEWSLETTER

LET'S GET EDUCATED
ABOUT HEALTH!



What does
"Health
Literacy"
actually
mean?



HEALTH LITERACY

noun



Health literacy is the ability to access, understand, appraise and use information to make healthy choices.

COMMUNITY NEW YEAR'S EVE PARTY

It's time for new
beginnings!

At The Woolshed
2440 Gelantipy Rd
W Tree

Come 7pm for 7:30pm dinner
Bring a plate of food to share

Relax, dance and enjoy yourselves

Children welcome

Enquiries 5155 0353



Jingle and Mingle at the Buchan Gelantipy & Districts Christmas Party!

This is a free event -
to be held at the
Buchan Valley Golf Club
on Saturday,
the 16th December
from 6pm.

Drinks at bar prices
with plenty of food to
choose from.



EAST GIPPSLAND

Community
Foundation

State
Government
Victoria

DID YOU KNOW ...
If you read this and call
the BNC you'll go in our
Christmas Prize Raffle!

The Gelantipy District Bush Nursing Centre would like to acknowledge the Traditional Owners of the land on which we gather, and pay our respects to their Elders both past and present





Mobile Service Centre / Library Gelantipy (Bush Nurse Centre) & W-Tree (SIBA)



What can you do at this mobile service centre?

- Borrow books, CD's, DVD's, audio books and more
- Pick up a Council newsletter and subscribe
- Lodge a report or request
- Pay an account / make electronic payments
- Make enquiries, collect and lodge application forms
- Register your dogs and cats
- Access and complete surveys
- Learn about and provide feedback on projects in your community
- Use a computer with free internet access
- Have a chat and much more

Tuesday Fortnightly

Gelantipy
Bush Nursing Centre
1.30 pm – 2.30 pm

Jan 2nd & 16th

Feb 6th & 20th

Mar 5th & 19th

Apr 2nd & 16th

May 7th & 21st

Jun 4th & 18th

Tuesday Fortnightly

W-tree
(SIBA)
1.30 pm – 2.30 pm

Jan 9th & 23rd

Feb 13th & 27th

Mar 12th & 26th

Apr 9th & 23rd

May 14th & 28th

Jun 11th & 25th

Phone **5153 9500** with
any queries about
the service