GDBNC NEWSLETTER

November 2026

1 Saleyard Road, Gelantipy, Victoria, 3885 Phone: 5150 2410/Fax: 5155 0217
Email: gdbnc@gha.net.au/Website: gdbnc.com.au
NURSE MANAGER: SUSIE EDWARDS ADMINISTRATION OFFICER: ANN-MARIE DAVIES
PRESIDENT, COMMITTEE OF MANAGEMENT (COM): DANNY MITTON
CONSUMER REPRESENTATIVE FOR COM: ANNEMARIE HENDERSON

OPENING HOURS: 9AM TO 3PM MONDAY TO THURSDAY (CLOSED PUBLIC HOLIDAYS)

CHIROPRACTOR CLINIC

Chiropractic appointments available at the GDBNC

Wednesday, December 9th

$90 for new patients

$60 for regular appointments after that

Contact Christina or the Centre to book your appointment

Please note there are no Chiropractor appointments for November at the GDBNC

LIBRARY BUS DATES ...

- ☑ **Tues, November 10th -9 to 9.45am**
- ☑ **Tues, November 24th -9 to 9.45am**

SHALL WE BE SOCIAL ...

Gelantipy Hall Dinner

- ☑ **Tuesday, November 10th**

Coming Soon..

Royal Flying Doctors
Mental Health Services
Stay tuned for more information!

HELP AT HAND...

- ☑ **Ambulance 000**
  Poisons 13 11 26
  Nurse-On-Call 1300 60 60 24
  GP Helpline 1800 022 222
- ☑ **Don't forget the Victorian Virtual Emergency Department**



Celebration Morning tea

A Morning tea will be held at the Centre on

Monday November 9th at 10am

to celebrate Paul Sykes retirement after 51 years service on the Committee of Management

Make sure you keep up with us on Facebook!

@Gelantipy District Bush Nursing Centre

State Government Victoria

The Gelantipy District Bush Nursing Centre would like to acknowledge the Traditional Owners of the land on which we gather, and pay our respects to their Elders both past and present

Calling Triple Zero (000): Quick Guide for Mobile Phones

If your network drops out, your mobile phone automatically connects to any available provider for 000 calls (called emergency camp-on) - no settings changed, free of charge, even without a SIM.

If Your Call Doesn't Connect:

1. **First attempt:** No connection after about 5 seconds? Hang up and redial immediately
2. **Second attempt:** Stay on the line for up to 60 seconds (silence while connecting is normal).

Look for the Status Icons on your Mobile Phone:

- **SOS/ Emergency Calls Only:** A backup network is available - your calll will work.
- **No Service:** Use a landline, public phone, or WI-FI Calling, or seek help nearby.

Learn more at triplezero.gov.au or scan the QR code.

AGM Reminder

The Annual General Meeting of the Gelantipy District Bush Nursing Centre Inc. will be held on **Tuesday, the 17th November 2026 at 7.00pm** via ZOOM/in person at the Centre. Please contact the Centre if you would like to attend and/or nominate to become a member of the Committee of Management.

Diabetes Education..

A Diabetes Educator will be visiting Buchan Bush Nursing Centre on **Monday December 7th**

If you're living with diabetes, caring for someone who is, or just want to learn more about staying healthy, come along for a chat & some helpful advice.

To book a time or find out more, please contact Buchan Bush Nursing Centre on 03 5155 9222

Accreditation update!

The Centre passed it's accreditation under NSQPCH standards - with no recommendations!
Thank you to the Committee of Management for all of their support.
A special thanks to Danny and Margie, our COM reps and Julie Rogers and Barb Cochrane for our consumer reps.
Also a BIG thank you to the team at the Centre for such a wonderful result!

Your brain is powerful!
The brain operates on 12 to 25 watts, which is enough power to light an LED light bulb.

DID YOU KNOW?

Mental Health Support

Partners In Wellbeing
Free wellbeing coaching services for Victorians aged 16 & over.
1300 375 330
https://partnersinwellbeing.org.au

Royal Flying Doctors Service
Free mental health and wellbeing service for people in rural and remote Victorian communities. Face-to-face, telehealth and telephone.
03 8412 0480
https://flyingdoctor.org.au/vic/what-we-do/wellbeing
wellbeing@rfdsvic.com.au

Is your insurance up to date?

With summer just around the corner, now is the perfect time to check your insurance and make sure everything is covered.

Use the handy calculator to make sure you have enough cover & have thought of everything.

Insurance Council of Australia