

GDBNC NEWSLETTER

May 2026

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NURSE MANAGER: SUSIE EDWARDS ADMIN: ANN-MARIE DAVIES/TRISTAN DOOLEY

PRESIDENT, COMMITTEE OF MANAGEMENT (COM): DANNY MITTON

CONSUMER REPRESENTATIVE FOR COM: ANNEMARIE HENDERSON

OPENING HOURS: 9AM TO 3PM MONDAY TO THURSDAY (CLOSED PUBLIC HOLIDAYS)

LIBRARY BUS DATES



- ✓ Tues, May 12th - 9 to 9.45am
- ✓ Tues, May 26th - 9 to 9.45am

Pathology Dates



- ✓ Thurs, May 14th - 9 to 10.30am

SHALL WE BE SOCIAL...

Gelantipy Hall Dinner

- ✓ Monday, May 18th



CHIROPRACTOR CLINIC

Chiropractic
appointments
available at the GDBNC
for Wednesday
May 27th

\$85 for new patients

\$55 for regular appointments after that

Contact the Centre or Christina
to book your appointment

WELLNESS OFFICER...

Jess the Wellness Officer
will be at the GDBNC

Monday, May 4th from 9am

Call the Centre today
to schedule
an appointment

HELP AT HAND...

- ✓ Ambulance 000
- Poisons 13 11 26
- Nurse-On-Call 1300 60 60 24
- GP Helpline 1800 022 222
- ✓ Don't forget the
Victorian Virtual
Emergency Department



**WE ARE HERE
FOR YOU 24/7**

visit vved.org.au



Want to know more about
what's going on?

Make sure you keep up with
us on Facebook!



@Gelantipy District
Bush Nursing Centre



*The Gelantipy District Bush Nursing Centre
would like to acknowledge the Traditional
Owners of the land on which we gather, and
pay our respects to their Elders both past
and present*



Respiratory syncytial virus (RSV)

- Respiratory syncytial virus (RSV) is a common cause of respiratory infections.
- While it affects people of all ages, infants and young children are most frequently affected.
- Infants & older adults are most at risk of serious illness.
- It occurs more frequently in autumn and winter.
- Most people have mild to moderate illness that self-resolves.
- Infants & people with pre-existing heart or lung problems or a weakened immune system have a higher risk of serious illness.
- It can spread from person-to-person. Therefore, good hand washing, respiratory hygiene & cleaning practices are important in preventing RSV.
- The RSV Mother & Infant Protection Program (RSV-MIPP) provides free RSV vaccines under the National Immunisation Program for pregnant women all year round & state-funded immunisation for eligible infants during Victoria's RSV season, to protect against severe RSV.
- Adults aged 60–74 years without a risk factor for severe RSV disease, and people from 50 years with medical conditions that increase their risk of severe RSV disease, may consider privately purchasing an RSV vaccine. Speak to your GP or pharmacist.

The National Immunisation Program provides free RSV vaccines to adults aged 75 years & older, and Aboriginal and Torres Strait Islander adults aged 60 years and over (available at the Gelantipy BNC).



Bush Nursing Centre Inc



Flu SHOT TIME

FLUVAX NOW AVAILABLE AT GDBNC

Call the Centre to make a booking!

MENTAL HEALTH
AWARENESS MONTH
MAY



#breakthestigma

LET'S GET EDUCATED ABOUT HEALTH!

What does Health Literacy mean for you?



At the GDBNC we are committed to empowering patients about their care.

DID YOU KNOW?

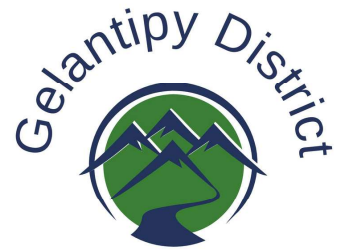
Mother's Day is the third-most popular holiday in the world.

Behind Christmas and Easter, Mother's Day is the most widely-celebrated holiday in the world.

This year it falls on the 10th of May. Don't forget to call Mum and tell her how special she is!



KEY DATES MAY



Bush Nursing Centre Inc

MAY **04**

**JESS THE WELLNESS
OFFICER AT THE CENTRE**

MAY **10**

MOTHER'S DAY

MAY **12**

LIBRARY BUS

MAY **14**

PATHOLOGY DAY

MAY **18**

**GELANTIPY HALL COMMUNITY
DINNER**

MAY **26**

LIBRARY BUS

MAY **27**

CHIROPRACTOR DAY

MORE INFORMATION



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