

GDBNC NEWSLETTER

January 2026

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NURSE MANAGER: SUSIE EDWARDS ADMIN: ANN-MARIE DAVIES/TRISTAN DOOLEY

PRESIDENT, COMMITTEE OF MANAGEMENT (COM): DANNY MITTON

CONSUMER REPRESENTATIVE FOR COM: ANNEMARIE HENDERSON

OPENING HOURS: 9AM TO 3PM MONDAY TO THURSDAY (CLOSED PUBLIC HOLIDAYS)

Pathology Dates

January 28th 9-10.30am



SHALL WE BE SOCIAL..

Gelantipy Hall Dinner

Monday January 19th



WELLNESS OFFICER INCOMING...

**Jess the Wellness Officer will be at
the GDBNC**

Monday January 12th

From 9am

**Call the Centre to schedule an
appointment**

LIBRARY BUS DATES

January 6th 9-9.45am



January 20th 9-9.45am

Mobile Library & Customer Service

**What can you do at this mobile
service Centre?**

- Borrow books, CD's, DVD's, audio books & more
- Pick up a Council newsletter and subscribe
 - Lodge a report or request
 - Register your dogs & cats
- Pay an account / make electronic payments
- Make enquiries, collect & lodge application forms
- Learn about & provide feedback on projects
 - Access & complete surveys
 - Have a chat & much more

****COMMUNITY SUPPORT IS VITAL TO
MAINTAIN THIS GREAT SERVICE****

THE CENTRE WILL BE CLOSED

Monday January 26th

CHIROPRACTOR CLINIC

**Chiropractic
appointments available
at the GDBNC
for Wednesday
January 14th**

\$85 for new patients

**\$55 for regular appointments
after that**

**Call the Centre to book your
appointment!**

HELP AT HAND...

Ambulance 000

Poisons 13 11 26



Nurse-On-Call 1300 60 60 24

GP Helpline 1800 022 222

**Don't forget the
Victorian Virtual
Emergency Department**

**WE ARE HERE
FOR YOU 24/7**

visit vved.org.au





Thunderstorm asthma can be life-threatening

In Victoria, even if you have mild asthma or hay fever, you are still at risk. Reduce your risk by preparing for spring and summer thunderstorms.



Avoid thunderstorms – go indoors before and during thunderstorms.



Take medications as directed and learn asthma first aid.



For forecasts and alerts, download the VicEmergency app.



See your GP about an asthma action plan or hay fever treatment plan.

Find out more at betterhealth.vic.gov.au/thunderstorm-asthma



STAY SAFE in the SUNSHINE



UV 3 or above?



Remember to



SLIP



SLOP



SLAP



SEEK



SLIDE



The Gelantipy District Bush Nursing Centre would like to acknowledge the Traditional Owners of the land on which we gather, and pay our respects to their Elders both past and present



Donations Making a Difference

We have recently purchased a new defibrillator machine for our community in W Tree from donation monies received.

The new defibrillator is located at the Sunrise Co-Op

#thankyou



Want to know more of what's going on? Make sure you keep up with us on Facebook!



@Gelantipy District Bush Nursing centre

DID YOU KNOW?

Beards are the fastest growing hairs on the human body. If the average man never trimmed his beard, it would grow to nearly 30 feet long in his lifetime.