

GDBNC NEWSLETTER

September 2025

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Email: gdbnc@gha.net.au/Website: gdbnc.com.au

NURSE MANAGER: SUSIE EDWARDS ADMIN: ANN-MARIE DAVIES/TRISTAN DOOLEY

PRESIDENT, COMMITTEE OF MANAGEMENT (COM): DANNY MITTON

CONSUMER REPRESENTATIVE FOR COM: MARGIE ROGERS

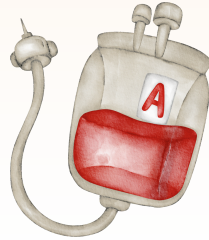
OPENING HOURS: 9AM TO 3PM MONDAY TO THURSDAY (CLOSED PUBLIC HOLIDAYS)

Pathology September Dates

9 am to 10:30am

☒ Wednesday September 3rd

Call the Centre to book your spot with us!



NEW CENTRE TRADING HOURS

Monday	9am - 3pm
Tuesday	9am - 3pm
Wednesday	9am - 3pm
Thursday	9am - 3pm

LIBRARY BUS DATES

☒ September 2nd 9-9.45am

☒ September 16th 9-9.45am

☒ September 30th 9-9.45am



CHIROPRACTOR CLINIC

Chiropractic appointments available at the GDBNC

for Wednesday September 10th

\$85 for new patients

\$55 for regular appointments after that

Call the Centre to book your appointment!

SHALL WE BE SOCIAL...

☒ Gelantipy Hall Dinner
Monday September 15th



Royal Flying Doctor Service

**Did you attend the Dental Clinic Van?
We need your feedback!**

Your feedback is vital to this wonderful service, to ensure they will continue to come back to the Gelantipy District.

Feedback is easy! Either scan the code or pop into the Centre to pick up a form!

Scan Me!



HELP AT HAND...

☒ Ambulance 000
Poisons 13 11 26
Nurse-On-Call 1300 60 60 24
GP Helpline 1800 022 222

☒ Don't forget the Victorian Virtual Emergency Department ...



**WE ARE HERE
FOR YOU 24/7**

visit vved.org.au



GDBNC MORNING TEA

Join us for a cuppa
**Tuesday,
September 2nd
From 10am**

After visiting Brent
at the Mobile
Library Bus

Federation Physiotherapy Virtual Care Clinic

Access FREE 60-minute physiotherapy sessions via telehealth. Treatment is provided by Fed Uni Physiotherapy students, supervised by accredited physiotherapists.



We can help you with:

Musculoskeletal

- Advice before and after joint surgery
- Rheumatoid arthritis management
- Injury management
- Muscle and joint pain
- Osteoarthritis
- Tendinopathy management

Neurological

- Post-stroke advice
- Falls and balance issues
- Parkinson's and multiple sclerosis
- Minor head injuries

Cardiopulmonary

- Asthma
- Lung disease
- Long COVID
- Pulmonary rehab



How can you access the service?

Ask your health provider (GP, chronic disease nurse or other health professional) to send us a referral, or refer yourself on the website. The physiotherapy clinic will then contact you to make an appointment and explain the process.

Your telehealth appointment is provided via video call. You will be given the option to access this from home, or with free computer access in a private space at a community hub close to you.

(03) 5122 6015

fpvcc@federation.edu.au

(03) 5326 1254

<https://federation.edu.au/federation-allied-healthcare/physiotherapy-clinic>



An initiative of the Latrobe Health Innovation Zone.

**DID YOU
KNOW?**
**THE BODY HAS
2-4 MILLION
SWEAT PORES!**



AT THE CENTRE.. Rates Roadshow

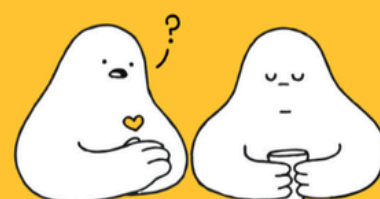
**September 16th
9am - 9.45am**

The EGSC know that rates can be confusing, and you might have questions about how the rates are calculated, your valuations, or if you are receiving all your entitlements (rebates or exemptions). That's why the friendly team at EGSC are hitting the road - to answer your questions, listen to your concerns and help make sense of it all.



**Ask
RU OK?
ANY DAY**

National day of action
11 September
2025



Bush Nursing Centre Inc

The Gelantipy District Bush Nursing Centre would like to acknowledge the Traditional Owners of the land on which we gather, and pay our respects to their Elders both past and present

