



*Our programme works in partnerships with schools to re-engage pupils back into education. Through our Sport and Mentoring programmes we help pupils to build confidence, develop skills and take positive steps towards full time education or their next educational destination.*

For all enquiries please contact:

Ben on [ben@aspisportcoaching.co.uk](mailto:ben@aspisportcoaching.co.uk) or Jess on [jess@aspisportcoaching.co.uk](mailto:jess@aspisportcoaching.co.uk)

Tel: 07792172430



## Mentoring Programme

We work in partnerships with schools to re-engage pupils back into schools

Through our Sport and Mentoring programmes we help pupils build confidence, develop skills and take positive steps towards full-time education or their next educational destination.

### What is mentoring?

Mentoring is not counselling or therapy, but a practical, strengths based approach focused on early intervention and prevention.

Mentoring is a supportive, one-to-one relationship between a pupil and a trained mentor. It provides pupils with a consistent, trusted adult who helps them explore challenges, build resilience, and develop positive strategies for managing School.

### Who is mentoring for?

Our mentoring service supports pupils in primary and secondary education who may benefit from additional pastoral or emotional support. Including those experiencing:

- Low confidence or self esteem
- Anxiety, stress or emotional difficulties
- Behaviour or attendance concerns

### Our mentoring programmes

#### Extended provision

In School weekly sessions, supporting pupils who are struggling to fully engage, used as an early intervention. Can be run 1 to 1, or in small groups. We work closely with the schools to plan engaging, relevant sessions, with realistic targets for every pupil.

#### Outreach

Working with students who are currently not attending school, supporting them to re-engage with School. We provide detailed weekly reports, and work closely with schools / family and outside agencies to achieve realistic next steps, with the focus on a return to education.



## Alternative Provision

Using the power of sport to motivate, engage and challenge pupils.

**Venue:** Yarnton Football Club, Green Lane, Yarnton, OX5 1QE

**When:** Tuesdays and Thursdays 10am-3pm

**Ages:** Open to years 7-11s

We offer a supportive environment where we use the power of football to engage, motivate and inspire pupils to reach their potential.

Sessions may encompass playing, coaching, analysis, sports science or nutrition.

We include learning sessions each week which includes Maths, English and life skills.

Daily Schedule	
10am	Arrival and Breakfast- breakfast provided
10.30am	Learning session- Maths, English or life skills
11.30am	Break
11.45am	Football session- playing, coaching, games
12.45pm	Lunch- lunch provided
1.30pm	Football session- playing, coaching, games
2.15pm	1:1 catch ups
3pm	Day ends



## Contact details



**Ben Sadler**

**Lead Coach and Co-owner**

**Email: [ben@aspireportcoaching.co.uk](mailto:ben@aspireportcoaching.co.uk)**

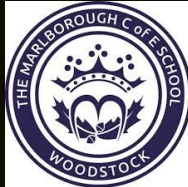


**Jess Grant**

**Designated Safeguarding Lead and Co-owner**

**Email: [jess@aspireportcoaching.co.uk](mailto:jess@aspireportcoaching.co.uk)**

Schools we currently work with:



GOSFORD HILL  
SCHOOL



Wheatley CE  
Primary School



CHIPPING NORTON  
SCHOOL





