

Good & Evil Quick Reference

Good

1. Truth, No partiality, Heeding the word
2. Humble, Serving, Contrite,
3. Seeking good, Knowing good, Abhor evil, Repentance
4. Peace, Love, Compassion, Mercy
5. Charitable deeds, Lending
6. Zeal, Perseverance, Labor
7. Forgiveness, Caring for enemies, Not to burden
8. Generosity, Sharing, Giving
9. Building sincere love with others

Evil

1. Deceit, False lips, Flattery, Hypocrisy
2. Pride, Arrogance, Vanity
3. Seeking evil, Thinking evil, Avoiding good, Covet, Envy, Rebellion, Ungodliness
4. Malice, Clamor, Bitterness, Wrath, Anger,
5. Not giving or helping others
6. Seeking comforts, Sloth, Avoiding struggle
7. Holding grudges, Vengeful thinking, Paybacks, Doing evil, Creating harm
8. Love of money, Debt, Oppressing
9. Withdrawing from others, keeping people out

Malice - desiring ill will or misfortune of others

Clamor - making lots of noise to agitate

Hypocrisy (hypokrisis) - playacting,

“any person who was wearing a figurative mask and pretending to be someone or something they were not”

<https://www.merriam-webster.com/words-at-play/hypocrite-meaning-origin>

Daily Process

Ponder God's character traits, how to practice and serve them, for they are Good.

Humble ourselves away from self-seeking, pride, vanity, idolatry, or other distractions.

Meditate upon the feelings and sensations of our doing Good and evil.

Pray for strength, courage, and direction to do Good.

Identify struggles with evil, talk them out, pursue peace. Psalm 34:14

Slow down, take it easy, practice patience, walk peacefully.

Look for opportunities to do God's good today. Be spiritually ready and aware.

Take comfort in the Good experienced, find the joy in it, and feel the God's Good.

Empathetically, compliment, comfort, encourage, and support others with sincere love.

Progress, not perfection. Improve awareness of progress. Tally up the good each day. See how to improve.

At the end of each day we can ask ourselves two questions:
"Were we kind and loving toward all? What could we have done better?"