## **Inward Learning Positions**

#### **Closed Mindsets**

## Rejecting

Believes info is irrelevant, incorrect, unwanted, unnecessary, or invalid. "This is a complete waste of my time."

#### **Low Motivation**

Interested with a desire to learn more, but wants to be fed the information with minimal cognitive effort/investment.

### Practicing/applying

Doing what it says. Trial and error. Developing skills, learning through mistakes, making corrections, gaining new abilities.

#### Non-stick

All the info slips away.

Nothing changed,
because nothing
changed.

#### **Faking**

Listening to be nice or socially appropriate. "Of course I'm learning, I'm here aren't I."

## **Beginner Mindsets**

#### Investigative

Asking questions, discussing with others, learning on own time, testing information, using multiple resources.

#### **Trained Mindsets**

## Teaching/demonstrating

Using seasoned growth to teach others by personal experiences.

"When I did ...
I experienced ...."

## **Mindset Continuum**

#### Menu learning

Select what you like. Only practice some of the teachings. Learning, but not mastering. Mainstream understanding.

# Indifferent

Don't really care. Talk all you want. It doesn't matter.
"Whatever"

#### **Connecting learnings**

Putting together pieces of the puzzle. Aha moments. Beginning to teach others.

# Creating Lessons

Real life stories, metaphors, parables, antidotes, examples, models, etc.

### **Sponge**

Take it all in, see how it all works together. Best efforts. Mastery learning.

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