

## Selective Attention

We are fooled by our own understanding.

Proverbs 3:5 Trust in the Lord with all your heart, And lean not on your own understanding;

When faced with the choice of doing God's will, we ought to do it. This is similar to an optical illusion because God will show us one way and our minds another. We will often take the other route knowing it is wrong. There are forces beyond our understanding guiding us toward ungodly choices. Anyone unwilling to look closely at this problem has already decided against correction of it.

Test Video 1 <https://www.youtube.com/watch?v=vJG698U2Mvo>

We find what we are looking for and if we place our attention strongly upon white shirts it will make it easier for us to see the white shirts.

Example 2: **Instructions:** Count them ONLY ONCE. Do not go back and count them again:

**FINISHED FILES ARE THE RESULT OF YEARS OF SCIENTIFIC STUDY COMBINED WITH THE EXPERIENCE OF YEARS.**

How many F's did you get?

<http://www.whatispsychology.biz/letters-numbers-brain-teaser>

Our minds become trained in manner and ways to function in our society, to be productive for material things, and to prioritize work for money. It is up to us individually to train ourselves how God's manners and ways are more important. We ought to pursue God to the extent that God instructs while denying the multitude of illusions within our minds telling us otherwise. If God says don't lie, but our job says to lie, we either choose God or the job. The reasoning behind our choice will be the spirit that masters us.

If God says pray for your enemy and seek peace, but we hold grudges and wish harm, then we have made a decision contrary to God and will suffer consequences. Discernment is necessary. Prudence is required.

Example 3

red blue orange purple  
orange blue green red  
blue purple green red  
orange blue red green  
purple orange red blue  
green red blue purple  
orange blue red green  
purple orange red blue

Say aloud the ink color of each word. How quickly can you do it? Did you slow down?

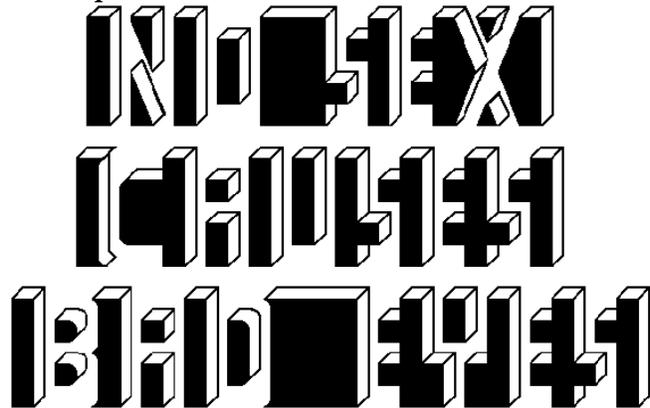
[http://old.marcofolio.net/other/15\\_cool\\_word\\_illusions.html](http://old.marcofolio.net/other/15_cool_word_illusions.html)

Example 4



[http://old.marcofolio.net/other/15\\_cool\\_word\\_illusions.html](http://old.marcofolio.net/other/15_cool_word_illusions.html)

Example 5



[http://old.marcofolio.net/other/15\\_cool\\_word\\_illusions.html](http://old.marcofolio.net/other/15_cool_word_illusions.html)

We select how much of God and God's instructions we are going to seek to follow. Will it be 5 minutes, 10, and hour, or perhaps tomorrow works better. What we choose to focus our thoughts upon will be our master and God. Are we impulsive thinkers?

Proverbs 14:29 He who is slow to wrath has great understanding, But he who is impulsive exalts folly.

Proverbs 15:10 Harsh discipline is for him who forsakes the way, And he who hates correction will die.

Romans 2:8 but to those who are self-seeking and do not obey the truth, but obey unrighteousness—indignation and wrath,

We choose continuously what to do. Our minds tell us we can't because that is the foolishness of our thinking and understanding. It is a lie. We can seek God more and our lives will not end or worsen as a result. Our lives would change in ways we cannot understand because we have never served God deeper and more correctly than what we currently know. We can improve and love God more. We can obey more. Yet we must choose to do it and discipline ourselves to take the action. We can work together toward it. We can improve with God's character and ways. We can love more, have more compassion, speak and think more truth, and experience more peace.

What we have is habitual disobedience. In order to break this habitual disobedience requires us to collect information about ourselves, our thoughts, misguidance, and improper spiritual choices so we can begin to make corrections.

Do we begin our day setting our minds upon God's ways? Do we continue our thoughts to see how we can serve God? Why or why not?

Reminders, post-its, and new habits can help us greatly stay the course with God. The habit of prayer and new phrases to tell ourselves can keep us coming to God.

Support groups with a strong commitment to attend regularly can help grow in the manner of the support group. We ought to choose our groups carefully and thoughtfully.

Walking with God is an independent journey. Each one of us is personally responsible to obey and serve God, for those of us who love God. This means God's ways must grow to become a continuous present choice within our minds. What would Jesus do will become not just a slogan, but a manner of our being.

As we develop a new God sense we can more easily abide with God and it can become less of a struggle through continued perseverance and growth. If we take a day or more off from seeking to do God's will then we will distance ourselves from that God's sense, experience, and understanding. We will be strengthening our ungodliness and place ourselves in a difficult spiritual position.

2 Timothy 3:8 Now as Jannes and Jambres resisted Moses, so do these also resist the truth: men of corrupt minds, disapproved concerning the faith;

We ought to place ourselves in practices that will convict our misunderstanding of Godly truth. Surrounding ourselves with messages that are God's ways can help keep God present within our minds, but still we must choose to take new Godly action. We ought to continuously make improved Godly choices that our inward conditioned ways may strongly resist while denying that part of us which resists.

Denying our resistance can be like a mental wrestling match. Yet if we stay wrestling we may be choosing to lose. Instead, we ought to seek jumping into the action God wants us to do and stop thinking whether it is right or wrong. If we keep listening to our evil prompting messages we may be setting ourselves up to obey them. The best choice is often to shut that thinking down. This means we stop playing the messages within our minds and only play messages of God.

Matthew 6:31 - 34 "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. 33 But seek first the kingdom of God and His righteousness, and all these things shall be added to you. 34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

Just doing God's will now is good enough.