

Daily 4 Step Process

Step One

We seek the development of a perceived need for God. It's best to need and rely upon God like we do oxygen. We meditate upon God's character and see how we can put it into practice while learning the good that comes from it. We deny resisting thoughts and get to it. Our participation in God's character is saving grace.

Step Two

We maintain a focus upon God's character with heart, mind, soul, and strength. We seek the spiritual good in all things observing carefully how that good affects ourselves and those around us.

Step Three

We humble ourselves and set aside alternative ideas which may interfere with our participation in God's character. We sincerely put God's character into practice.

Step Four

We see what happens and what we can learn through our experiences. We evaluate ourselves for fear, anger, self-thinking, impatience, pride, etc. We share with someone our findings and pray for strength and guidance to improve toward love and peace.