Experience Journal

|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| I began the <br> day <br> experiencing |  |  |  |  |  |  |  |
| I paused <br> during the <br> day to <br> experience |  |  |  |  |  |  |  |
| I engaged <br> with the <br> principle of |  |  |  |  |  |  |  |

This is just something to help recall learning and experience to share with and encourage one another as we meet together. (Not a mandate or grade sheet) If needed use the other side for more space.

