

# Humility, Humble, Contrite

## **Pride leads toward spiritual emptiness**

Deuteronomy 8:14 then your heart will become proud and you will forget the Lord your God, who brought you out of Egypt, out of the land of slavery.

Luke 1:51 He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.

Romans 1:30 backbiters, haters of God, violent, proud, boasters, inventors of evil things, disobedient to parents,

1 Timothy 6:4 he is proud, knowing nothing, but is obsessed with disputes and arguments over words, from which come envy, strife, reviling, evil suspicions,

James 4:6 But He gives more grace. Therefore He says: "God resists the proud, But gives grace to the humble."

## **God responds when we humble ourselves**

Daniel 10:12 Then he continued, "Do not be afraid, Daniel. Since the first day that you set your mind to gain understanding and to humble yourself before your God, your words were heard, and I have come in response to them.

2 Kings 22:19 Because your heart was responsive and you humbled yourself

2 Chronicles 7:14 if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

2 Chronicles 12:7 When the Lord saw that they humbled themselves,

2 Chronicles 12:12 Because Rehoboam humbled himself, the Lord's anger turned from him,

Zephaniah 3:12 But I will leave within you the meek and humble. The remnant of Israel will trust in the name of the Lord.

Matthew 23:12 For those who exalt themselves will be humbled, and those who humble themselves will be exalted.

1 Peter 5:5-6 [ Submit to God, Resist the Devil ] Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for “God resists the proud, But gives grace to the humble.” Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time.

Luke 1:52 He has brought down rulers from their thrones but has lifted up the humble.

James 4:6 But he gives us more grace. That is why Scripture says: “God opposes the proud but shows favor to the humble.”

James 4:10 Humble yourselves before the Lord, and he will lift you up.

Psalm 18:27 You save the humble but bring low those whose eyes are haughty.

Psalm 25:9 He guides the humble in what is right and teaches them his way.

Psalm 147:6 The Lord sustains the humble but casts the wicked to the ground.

Psalm 149:4 For the Lord takes delight in his people; he crowns the humble with victory.

Proverbs 3:34 He mocks proud mockers but shows favor to the humble and oppressed.

Proverbs 11:2 When pride comes, then comes shame; But with the humble is wisdom.

Proverbs 15:13 The fear of the Lord is the instruction of wisdom, And before honor is humility.

Proverbs 18:12 Before destruction the heart of a man is haughty, And before honor is humility.

Isaiah 57:15 For this is what the high and exalted One says— he who lives forever, whose name is holy: “I live in a high and holy place, but also with the one who is contrite and lowly in spirit, to revive the spirit of the lowly and to revive the heart of the contrite.

## **Live Humbly**

Micah 6:8 He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.

Zephaniah 2:3 Seek the Lord, all you humble of the land, you who do what he commands. Seek righteousness, seek humility; perhaps you will be sheltered on the day of the Lord’s anger.

Matthew 11:29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

1 Peter 3:8 Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble.

Galatians 5:13 You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.

Ephesians 4:2 Be completely humble and gentle; be patient, bearing with one another in love.

Philippians 2:8 And being found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross!

James 1:21 Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.

Psalms 45:4 And in Your majesty ride prosperously because of truth, humility, and righteousness; And Your right hand shall teach You awesome things.

Isaiah 29:19 Once more the humble will rejoice in the Lord; the needy will rejoice in the Holy One of Israel.

Acts 20:19 serving the Lord with all humility, with many tears and trials which happened to me by the plotting of the Jews;

Colossians 3:12 Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering;

2 Timothy 2:25 in humility correcting those who are in opposition, if God perhaps will grant them repentance, so that they may know the truth,

Titus 3:2 to speak evil of no one, to be peaceable, gentle, showing all humility to all men.

James 4:7 [ Humility Cures Worldliness ] Therefore submit to God. Resist the devil and he will flee from you.

2 Corinthians 11:7 Did I commit sin in humbling myself that you might be exalted, because I preached the gospel of God to you free of charge?

## **Colossians 2:4-23**

Now this I say lest anyone should deceive you with persuasive words. For though I am absent in the flesh, yet I am with you in spirit, rejoicing to see your good order and the steadfastness of your faith in Christ.

As you therefore have received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.

Beware lest anyone cheat you through philosophy and empty deceit, according to the tradition of men, according to the basic principles of the world, and not according to Christ. For in Him dwells all the fullness of the Godhead bodily; and you are complete in Him, who is the head of all principality and power.

Not Legalism but Christ

In Him you were also circumcised with the circumcision made without hands, by putting off the body of the sins of the flesh, by the circumcision of Christ,

buried with Him in baptism, in which you also were raised with Him through faith in the working of God, who raised Him from the dead. And you, being dead in your trespasses and the uncircumcision of your flesh, He has made alive together with Him, having forgiven you all trespasses, having wiped out the handwriting of requirements that was against us, which was contrary to us. And He has taken it out of the way, having nailed it to the cross. Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.

So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths, which are a shadow of things to come, but the substance is of Christ. Let no one cheat you of your reward, taking delight in false humility and worship of angels, intruding into those things which he has not seen, vainly puffed up by his fleshly mind, 19 and not holding fast to the Head, from whom all the body, nourished and knit together by joints and ligaments, grows with the increase that is from God.

Therefore, if you died with Christ from the basic principles of the world, why, as though living in the world, do you subject yourselves to regulations— “Do not touch, do not taste, do not handle,” which all concern things which perish with the using—according to the commandments and doctrines of men? These things indeed have an appearance of wisdom in self-imposed religion, false humility, and neglect of the body, but are of no value against the indulgence of the flesh.

## **Contrite ~ remorseful**

Psalm 34:18 The Lord is near to those who have a broken heart, And saves such as have a contrite spirit.

Psalm 51:17 The sacrifices of God are a broken spirit, A broken and a contrite heart— These, O God, You will not despise.

Isaiah 57:15 For thus says the High and Lofty One Who inhabits eternity, whose name is Holy: “I dwell in the high and holy place, With him who has a contrite and humble spirit, To revive the spirit of the humble, And to revive the heart of the contrite ones.

Isaiah 66:2 For all those things My hand has made, And all those things exist,” Says the Lord. “But on this one will I look: On him who is poor and of a contrite spirit, And who trembles at My word.